

# ANTI-BULLYING PLAN 2022

## Mount View High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Mount View High School uses this website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Mount View High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive, and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour. Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies and Anti-Bullying interventions

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Feb/Term 1	Behaviour code for students included in all enrolment packs. Discussed at whole school assemblies on regular occurrence. Features at our first welcome back assembly that highlights school expectations.
Term 1	Year 7 and 8 have the Peace Pack program implemented as a part of Year 7 and 8 PDHPE theory lessons, Peer Support program features respectful relationships (Yr 7 and Yr 10), Youth Aware of Mental Health (YAMH) program (9), Brainstorm Productions. Week 7 Harmony Week which culminates with the National Day of Action Against Bullying and Harassment.
Term 2	Promotion of MVHS Anti-bullying Procedures. Student assemblies across the school.
Term 3	Behaviour code for students and continued school expectations are featured in the return to school Semester 2 assembly.
Term 1 - 4	MVHS has a designated Wellbeing lesson each week. Specific focus on National Day of Action Against Bullying and Harassment, Gas Lighting, Upstander V's Bystander, Empathy, Support networks, Internal and External Agencies are included in the scope and sequence of lessons.

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Terms 1-4	Teachers reinforce respectful relationships through targeted PL including restorative practices, strategies, and integration.
Term 1	Staff meetings and communication - 5 Ways to wellbeing, Positive Education and Anti-bullying/Harmony Week. Focus is specifically aimed at reviewing and re-evaluating MVHS Anti-Bullying Plan and Policy procedures and implementation.
March/Term 1	Week 7 Harmony Week which culminates with the National Day of Action Against Bullying and Harassment.
Terms 1-4	Trauma informed, Positive Education, Reals Schools/Restorative Practices and Wellbeing Team focus.

## 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways:

MVHS implements an in-depth staff induction process. New staff are engaged with MVHS school Procedure and Policy documents that address strategies to support all students. A suite of behaviour management professional learning activities ensures our staff have appropriate strategies to prevent and respond to student bullying.

A staff handbook which summarises the key policy and procedure at MVHS is issued to all new staff and made available to all existing staff. MVHS Anti-Bullying procedures form a key aspect of this handbook.

Head Teachers support all staff including new and casual staff in both classroom and playground settings. They support new and casual staff to implement individual student Behaviour Management Plans and advise on strategies to prevent and respond to student bullying behaviour.

At MVHS the HT Administration speaks to new staff when they enter on duty at MVHS as part of the induction process.

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing. MVHS has an active P&C that meet on the first Wednesday of each month.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website.

- School Anti-bullying Plan       NSW Anti-bullying website       Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent’s understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Parent meetings - P&C - Defining student bullying and school supports
Term 1	Year 6 Parent Information night / Year 7 BBQ - Anti-Bullying Policy/Plan and Wellbeing supports at MVHS.
Terms 1-4	School website, Facebook, The View Newsletter - Upstander behaviour and Anti-Bullying Policy
Terms 1-4	Parent Portal on Sentral - Upstander behaviour and Anti-Bullying Policy/Plan

## 3 Support for wellbeing and positive behaviours

Our school’s practices support student wellbeing and positive behaviour approaches that align with our school community’s needs. Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

### Positive Education Schools Association (PESA) and Five Ways to Wellbeing

Mount View High School continues to be a lead school in the Hunter Valley with the implementation of the principles of Positive Education / Positive Wellbeing. We embrace the Five Ways to Wellbeing framework as the foundation to support the wellbeing of all of our students.

### Wellbeing Programs

Mount View High School continues to strategically plan and implement internal and external wellbeing programs, and support mechanisms (such as the SPHERE wellbeing hub, Student Support Officer, School Chaplain, School Counsellor, School GP program), which are led by our dedicated and enthusiastic Wellbeing Head Teachers. We develop a whole school scope and sequence for the ongoing support of students that has strategic themes for each year group, along with wellbeing strategies, responsibilities and allocated funding. Year Advisors actively engage with our Head Teachers and Senior Executive to ensure all students needs are met and supported at Mount View High School.

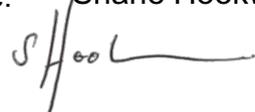
Completed by: Craig Clinton

Position: Deputy Principal

Signature: 

Date: 7/3/2022

Principal name: Shane Hookway

Signature: 

Date: 7/3/2022