# The View

# "Delivering excellence, innovation and success"

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Issue 6 SEPTEMBER 2017

# **2017 CALENDAR TERM 3**

Wook 0		Town 4 Wook 4	
Week 9		Term 4—Week 1	
Mon 11th to		Mon 9th Oct	- School resumes for students
Fri 15th Sept	- Year 11 End of Course Exams	Wed 11th Oct	- Reach Foundation for Year 9
Tues 12th to			- P&C Meeting 6.30pm in Common Room
Wed 13th Sept	- Reach Foundation—Year 8	Week2	
Wed 13th Sept	- P&C Meeting—6.30pm	Mon 16th Oct to	
Wed 13th to		Fri 3rd Nov	- HSC Exams
Fri 15th Sept	- Boys Camp	Fri 20th Oct	- Year 11 Prinicpal's Assembly
Wed 13th Sept	- Under 16s 7/side Terry Katchel Rugby	Week 3	
	League, Lakeside Sporting Complex	Mon 23rd Oct	- Year 7 Immunisations
Wed 13th Sept	- HSC Music Exam		- Project 10—session 7
Fri 15th Sept	- U14s Boy & Girls Touch Football,		- AECG AGM—MVHS
	Newcastle Harness Club	Wed 25th Oct to	
Week 10		Fri 27th Oct	- Indigenous Camp
Mon 18th to		Thurs 26th Oct	- U14 & U15 Newcastle Knights 9s
Wed 20th Sept	- Year 11 Crossroads Camp	mars zour oct	- U13 Captains Cup 7s
<b>Tues 19th Sept</b>	- MVHS v Cessnock HS League Gala	Fri 27th Oct	- Reach Foundation—Year 10
	Day at Cessnock HS		- Reach Foundation—Teal To
	- Year 12 Gender Bender Day	Week 4	
Wed 20th Sept	- Central Hunter Girls Rugby League	Sun 29th Oct to	
	Gala Day—Windale Oval	Mon 30th Oct	- Young Leaders' Conference—Sydney
Thurs 21st Sept	- Year 12 Graduation Assembly		
Fri 22nd Sent	- Last day of Term 3		

# **YEAR ADVISORS**

# **FACULTY LEADERS**

<b>Year 7</b> —Ainslie Martin	English—Rebecca Bartlett (Relieving)	TAS—Brian Means
Year 8—Melissa Parish	Maths—Ben McCartney	CAPA—Jessica Schafer (Relieving)
<b>Year 9</b> —Jodie Scheffler	Science—Natalie Death	Admin—Craig Jarrett (Relieving)
Year 10—Rebecca Conn	HSIE—Nicola Steiner	Teaching/Learning—Liz Alder
Year 11—Nathan Russell (Relieving)	PD/H/PE—Sue Ford	Wellbeing—Julie Myers & Steve Quigley
Year 12—Linsey Springbett (Relieving)		Support—Leanne Triggs





# PRINCIPAL'S MESSAGE



Ms Desley Pfeffer Year 12 - farewell

Sincerest congratulations to our graduating Year 12 students. This is such as momentous occasion for them and their families. We too at school will be experiencing a range of emotions to see them graduate – sadness to see them go and excitement for them as they move towards the next wonderful opportunity that awaits them. As staff we are immensely proud of the wonderful young men and women that they have become and wish them all the best for their upcoming HSC examinations.

A letter outlining key dates and expectations for them in these last stages of their secondary schooling has been mailed to all parents and carers of Year 12.

### Year 11 "N" determinations

Year 11 students are currently undertaking their end of course examinations. Their HSC (Year 12) studies begin at the beginning of next term. There are a few students who have not heeded the "N" (non-completion) warning letters that were mailed home throughout this year from classroom teachers and, should their work not be completed by the end of this term, they will be asked to an interview with myself and a parent/carer in the first week of Term 4. This is a requirement of NESA (the NSW Education Standards Authority), the regulatory body who ultimately award the HSC.

### **Positive Education**

Mount View High School is a member of PESA (Positive Education Schools Association) and we are working towards full implementation of a positive education program at the school. This is aimed at supporting staff and student wellbeing – feeling better than "OK" so that by feeling good, we can do good. It is a simple yet well-researched and scientifically supported strategy that can make a real difference our wellbeing. 2018 will see implementation begin with our student body. Already the work that we have begun has been recognised by PESA and schools across the Hunter region. I am honoured to be invited to be a foundation committee member of the NSW chapter of PESA – this will open up a number of opportunities to our school.

### **Student Leadership Team**

I am thrilled to be starting to work with our new student leadership team — what an exceptional group of young people they are! We are committed to developing their leadership skills as well as giving them an authentic opportunity to have a voice in our school. We have planned a leadership development opportunity for the team on the afternoon of Thursday 21 September and then for a full day on Friday 22 September. We recently worked with Mrs Lindy Hunt (recently-retired principal of Scone HS) who is now co-ordinating a student leadership initiative across the 5 Upper Hunter secondary schools in collaboration with the *Where there's a Will* initiative.

# **School Holidays**

I would like to wish everyone a happy and safe school holiday period. There will be some additional classes and study sessions available for Year 12 students in the lead up to their exams and these will be published on our school's Facebook page as well as information provided directly to the students by their teachers.

School resumes for all students on Monday 9 October – there is no School Development Day at the start of Term 4.

# **DEPUTY'S REPORT**



Mr Shane Hookway—Deputy Yrs 7/9/11

## Year 11 exams

Year 11 commenced their end of course examinations for the Preliminary HSC this week. The specific rules in place for exams have been communicated to students and these are now expected behaviours. Students have demonstrated high understanding of this and have shown that they are managing their anxiety through this potentially stressful time. Being organised with a study timetable and taking time to exercise every day are two activities that students can do to maximise their performance.

### N determinations

Year 11 students who have incomplete assessment tasks as notified home by staff via a N-Warning letter may be placing their HSC at risk. Students who have not complied with the course completion criteria and who have received at least two written warnings can be regarded as **not** having satisfactorily completed the course at the time of finalising grades. The principal may then apply the 'N' determination. This is the decision made by the principal at the end of the course, under delegated authority from the NSW Education Standards Authority (NESA), that a student has not satisfactorily completed a course. Any student with an outstanding assessment task should be endeavouring to have it completed as soon as possible. Ms Pfeffer will be contact and interviewing students who are to be N determined in the first week of Term 4.

#### Yr 11 Crossroads Camp

Crossroads is a mandatory program for students in Years 11 and/or 12 in NSW government schools. It extends on student learning in PDHPE.

Crossroads is designed to help senior students address issues of health, safety and wellbeing at a time when they face significant changes and challenges in their lives. Crossroads aims to prepare and support students as they encounter situations related to identity, independence and their changing responsibilities.

Mount View High School will deliver the Crossroads program via a three day camp from September 18th. Students not participating in this camp are still required to attend school and complete the course via work booklets that will be provided.



Mrs Larayne Jeffery—Relieving Deputy Yrs 8/10/12

# Tell Them From Me Parent Survey

Recently, our school participated in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys on student engagement. The survey asked parents and carers questions about different factors that are known to impact on student wellbeing and engagement. The responses to this survey will help our school understand parents' and carers' perspectives on their child's experience at school.

These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is available through the parent portal until the end of term if you still wish to contribute.

#### Year 8 and Year 10

In recent class visits I have enjoyed many lessons in a variety of curriculum areas. In particular, the Shakespeare unit in Years 8 & 10 English, the sock puppets in Year 8 drama and the study of film music in Year 8 Music. I have been impressed to see that most students are actively involved and developing a level of skill consistent with the academic challenges presented to them in class.

In line with the NSW Public Schools' behaviour code expectations regarding respect, safety and engagement I have found the conversations I've had with students to be most positive.

The link to this document is below.

http://www.dec.nsw.gov.au/about-the-department/our-reforms/supported-students-successful-students/behaviour-code-for-students

It is important for all students to realise the importance of appropriate behaviour, attitude and a positive mindset in order to achieve their personal best and flourish as an individual.

#### Year 12

At this time of the year, we start to farewell Year 12 students as they head into the final stages of their preparation for the upcoming HSC examinations.

Creative and Performing Arts (CAPA) students have completed their final performances and Art works which have been presented to family and friends at the annual CAPA graduation concert and exhibition. A talented group of musicians, artists and actors presented an entertaining evening which indicated their enjoyment of the Arts and the level of preparation needed to succeed in this area. We wish them every success as they complete the practical requirement of these subjects before the end of term. Other subjects have already had their practical components marked by itinerant HSC markers including Japanese, Industrial Technology Timber and Multi-Media/Graphics.

We have recently had access to a HSC study site called HSC Hub where students can revise syllabus content in video format. Year 12 have completed a survey to indicate their use of this resource and the degree of assistance it provided compared to Elevate Education which has been available throughout the year. This will allow for future planning as we develop further support strategies for the next cohort of HSC students.

Since the completion of the Trial exams, students are presently being challenged to reflect on their current academic achievement and should be supported by the fact that it is certainly not too late to implement new study strategies that will benefit their academic outcomes and personal wellbeing. As students lead in to final HSC exam preparation they should be sourcing areas of assistance to maximise opportunities in meeting the demands of senior study. Another study resource which has been developed by the University of Newcastle is called 'HSC Coach'. This aims to provide HSC students with free digital access to tips and strategies to maximise their HSC exam results and gives subject-specific HSC exam expertise from experienced HSC Markers and teachers.

As Year 12 countdown the final weeks, they are preparing a range of fundraising activities to help them present a gift to the school as they depart. These include BBQ's, pizza lunches, the traditional slave day activities, car washes and a gender bender day. This will lead into their last official school event - the Graduation Assembly which will take place on Thursday 21st September.

In this final newsletter for Year 12, I would like to wish them all the best in all of their individual future endeavours. I believe that the journey is always more important than the result and hope that every student will reflect on their time at Mount View and how it has in part shaped the person they have become.

# YEAR ADVISERS' REPORTS



Year 7— Ainslie Martin

On Friday 8th September Year 7 attended the Year 7 Gala Day at Maitland Park . The students participated in a selection of different sports and competed against other schools within the region.

A great day was had by all who attended.





Year 11— Nathan Russell—Relieving

Congratulations to all Year 11 on a productive and successful Preliminary HSC year! The last three terms have been an intensive introduction to senior study for many, but I am very pleased that students applied themselves with such enthusiasm.

While the term may seem to be winding down, some students might still have work to submit and as always there is plenty of help available. The Homework Centre runs every Monday afternoon in the library from 3pm and there are always teachers available to help out. In addition, Senior Study sessions run on Tuesdays in the Library, 12.30pm – 2.30pm. Any student who still has N-Warnings must complete these and ensure they are submitted to their classroom teacher.

Senior jerseys have been designed and by the time you are reading this all orders should have been completed. We are hoping to have the jerseys delivered by mid Term 4 and I will keep you "in the loop" about the order progress.

I hope students enjoy their school holidays and take some time to really relax. Year 12 starts day one Term 4 and students will need to have plenty of energy to kick off their HSC year! I encourage all students to continue to work hard and keep a positive attitude. The HSC can seem tough at times, but the reward is well worth the effort.



Year 12— Linsey Springbett (Relieving)

Exams are done! Well done to the students on their excellent results.

However, students still need to be working hard to finish course content and undertake more HSC exam preparations and revision. This is the time students continue their hard work and consolidate their learning further.

One of year 12's fundraising projects is Slave day. This was held on Thursday 7th September and all students had a great morning dressing up.

Students will also be having a 'gender bender' day on Tuesday 19<sup>th</sup> September. Students will also be fundraising on the day to help pay for some of the extras at the formal and of course the school gift.

Also please save the date: Year 12 Graduation is Week 10 Thursday 21<sup>st</sup> of September. Ceremony starts at 9.30am.









The P&C meeting will be held on Wednesday 13th September in the staff common room at 6.30pm.

The P&C meets every second Wednesday of the month and all are welcome to attend.

The next meeting will be held on Wednesday 11th October.



Woolworths Earn & Learn 2017

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit woolworths.com.au/earnandlearn.

# SCIENCE/AG FACULTY



# Natalie Death—Head Teacher Science and Engineering Challenge

On the 2<sup>nd</sup> August, 8 teams consisting of students from Year 9 and 10 travelled to Newcastle University to compete in the Science and Engineering Challenge. The Challenge consists of a number of problem solving exercises. Points are received for the completion of each exercise and tallied to give an overall score on the day.

Vincent P, Joe S, Jayke W and Edison F and built the most excellent bridge. This activity involved designing a bridge to survive the "bridge buster" ingot trolley. Their design survived!! Well done.

The catapult team consisted of Cal S, Ryan S, Tom I and Riley B.

Alison C, Rachel A, Nala C, Charmayne G and Brielle C tackled the "Flat-Pack" activity. The aim of the design was to design and build a table and chair that was cost effective and could support the weight of any pet that may jump up on it!! The girls did a superb job with their engineering skills and were the most successful designers and builders. Excellent job!!

Lucy D, Kate S, Caitlin M, Nikki M, Lena C, Zali G, Caitlin G, Erin B, James C, Joel G, Fei Fei L, Bohdan T, Ben G, Harley P, Madeline D, Taylah H, Kate I and Claire O'C rotated in teams through half day activities such as Turbine, Electricity, Stringways, Confounding Communications and Grasping at straws.

A special thanks goes to Jed C, Charmayne G and Brielle C for working well under pressure and helping solve more problems than just the engineering ones!!

All students performed spectacularly and proved their ingenuity. Once again, a class act. Well done Mount View!!



Erin Burns, Caitlin Martin, Lucy Donn & Kate Schrieber



Alison Coombley, Brielle Clarke, Nala Crossie & Rachel Amos



Madeline Davis, Claire O'Connor, Taylah Hall and Kate Ingram



Callen Sweetman, Ryan Stace, Tom Ingram & Riley Burns



Tobias Astill-King, Ben Galvin, Harley Patterson, Fei Fei Liu

Nikki Murnane, Lena Cartwright, Caitlin Galbraith & Zali Gunther





Bohdan Thorley & Joel Gilmour

# **PDHPE**



Sue Ford—Head Teacher

# Curriculum

Sexuality and sexual health education is an important component in students' physical, social and emotional development. It addresses a broad range of issues such as disease prevention, human anatomy, gender roles and expectations, preventative practices, protective strategies, equality and power in relationships.

In NSW, sexuality and sexual health education is included in the mandatory PDHPE curriculum. It is provided within the broader context of growth and development, positive relationships and safe and healthy choices. The PDHPE curriculum provides students with opportunities to develop knowledge, understanding and skills required to develop positive attitudes and behaviours in order to promote positive health outcomes for themselves and others.

In PDHPE 7-10 students have the opportunity to explore:

- Appropriate expressions of feelings
- Expectations of males and females
- How gender expectations influence choices and options
- Appropriate standards of behaviour
- Right and responsibilities in relationships
- Power, gender, risk taking and assertive behaviour
- Sexual choices and consequences
- STI's, blood-borne viruses, HIV/AIDS
- Safe sexual practices
- Assessing health information, products and services
- Strategies to minimise harm
- Seeking help

# Year 7 Bush Cooking

All year 7 students have recently been engaged in a Bush Cooking unit of work. They learned how to light and control a small fire focusing on the heat and coals rather than flames. Students had to work in small groups where they displayed teamwork, cooperation and problem solving. All students had to demonstrate strategies to keep themselves and others safe as well as displaying initiative. Students used the coals to cook a variety of food culminating in the group assessment task of cooking (and eating!!) a barbeque. Congratulations to all Year 7 students for their efforts during this unit.

Pictured are students from a variety of Year 7 classes enjoying their spoils.



### **HSIE FACULTY**



Nicola Steiner—Head Teacher

Term Three has seen some great learning experiences for our students!

# 7 HISTORY OTHELLO

Over a number of lessons, the students of 7 History Othello formed groups of 6 where they were involved in creating, digging and uncovering a historical mystery. Each group comprised of 2 archaeologists, 2 forensic pathologists and 2 historians. Each group created a mystery and uncovered another group's created mystery. The historical investigation took students out of the classroom and onto the Agriculture farm to

enact an archaeological dig.





"We liked going onto the ag farm, creating a mystery and burying it, and then finding and uncovering another groups mystery"
- Akasha Johnson.

"It was really good activity because we took learning outside and were able to do what archaeologists, forensic pathologists and historians do in the real world"

- Lochlan Harrow.

# YEAR 9 GEOGRAPHY







"On the 17th of August the Year 9 Geography class went on an in-school excursion to the agriculture farm to do a field work task on sustainable biomes. Once we arrived there were two stations where we participated in testing the soil acidity. We also tested the consistency of the soil to find out the different qualities of three different types of soil. Station I was determining the different types of soil, the soil could be sandy, silty or clay. Station 2 was a ph test which ranged from 7 to 6 ½ PH. This meant that soil was neutral which is ideal for growing crops, such as sorghum, potatoes and other types of fruits and vegetables. All up it was a great day and a great way to test our knowledge of the biomes and soil. It was an awesome way to get out of the classroom and get our hands dirty.

- By Kimberley Arnott"

# **EMPOWER**

Six Year 11 female legal and business studies students at MVHS who aspire to follow these career paths are involved in a program facilitated by the University of Newcastle whereby they engage with current business and law students, lecturers and professionals.

On Friday 1st September we visited the new Business and Legal UoN building on Hunter Street. We were involved in focused sessions on self-marketing, identifying workplace wages and rights, and reducing DVO (domestic violence orders) recidivism rates by University lecturers. We also attended onsite visits at Hunter Water and Sparke Helmore Lawyers where female professionals shared their path to success. Key learning never doubt your abilities even when you think you can't, there is always a possibility of success.

# YEAR 12 LEGAL STUDIES



Our thanks to Ms Pfeffer and Mount View High School, who heavily subsidised the cost of this event through our School Plan's Strategic Direction 2.7 – Responding to Diverse SES Needs.

On Wednesday 30th August, HSC legal studies students attended a study day at St Mary's with over 280 students from the Hunter and Central Coast schools. MVHS students attended focused sessions on the core topics Crime and Human Rights, and option topics Consumers and Workplace. The sessions focused on study tips, case studies and the key concepts of each topic.

Study tip: Brainstorm and plan on the writing paper before answering all essay style questions. It will not only improve your response in being sustained, logical and cohesive but also the marker will be able to review it and somewhat take it into consideration of your understanding of the topic.

# TAS FACULTY



Brian Means—Head Teacher
The Catering Team perform yet again.

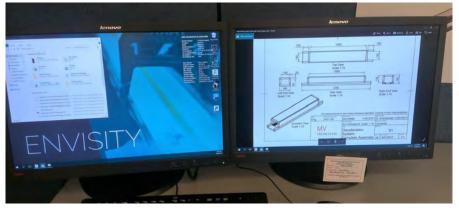
This was a busy month for Hospitality students, culminating in a 3 course dinner to celebrate the induction of the new LEO's group for 2017 into 2018. It is amazing to watch the students develop skills in food preparation and service. Overcoming nerves and questioning, 'what do I say" "how do I put the plates down" "what if I drop the food or spill a drink".

As usual none of their fears eventuated, they realised that the customers are only human and they could put their skills and knowledge they had learned into action. The students were rewarded at the end of the night by a rousing applause from the guests. Once they sense the satisfaction of serving people and making them happy there is a chorus of "When is the next function?" and "Can I help".

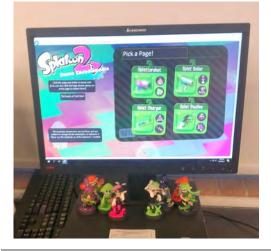
In the lead up to the dinner a number of students assisted in catering for the Education Week Award Ceremony, Parent Teacher Night and the Captain's induction assembly.

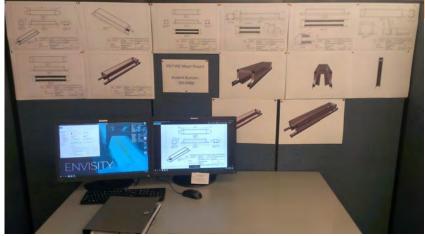
# **Industrial Technology major works**

Congratulations to the Year 12 Industrial Technology students who recently completed their major works and had them marked by external markers. At Mount View High School students can study a number of focus areas within Industrial Technology. This year a number of students were studying Timber Products and Furniture Technologies and Multi Media and Graphics Technologies. Many hours of work outside usual class time goes into these projects with many of the completed items finding pride of place in their family home or having a use for years to come after the students have left school. Items included a display cabinet, wine rack and coffee table in the Timber focus area with computer game development, animated films, thermo-electric generator systems and a deceleration system being among the Multi media and Graphics submissions. What you see in the pictures is only a portion of the assessment task as the students are required to submit an extensive folio showing the development of the project from conceptual design, budgeting, problem solving through to the finished product.













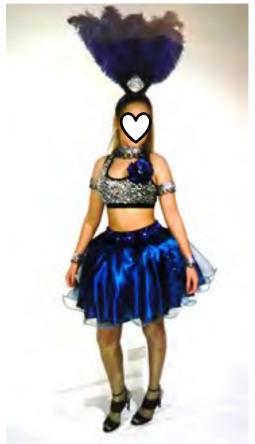






# Year 12 Major Textile Design Projects 2017

Year 12 textiles have now completed their major textile designs for their HSC. These students have worked extremely hard on these projects and should be commended on their efforts.



Student: Claudia Dalton

Major Textile Project: Dance outfit

Focus area: Costume

Effort: OUTSTANDING!



Student: Olivia Watson

Major Textile Project: Wall hanging

Focus area: Textile art

Effort: AMAZING!



Student: Jacinta Baker

Major Textile Project: Wall hanging

Focus area: Textile art

Effort: SENSATIONAL EFFORT!

# **Transition Program @ Mount View High School**

#### From Mrs Freeman

Year 6 Students from partner schools in the local area got a taste of things to come in the food labs. The students learned the importance of hygiene and safety, taking part in the 'Glitter Bug' experiment. This experiment involved students applying a phosphoresent 'glitter bug' cream to their hands, washing them and then viewing their glowing hands under a black light, highlighting the ease of germ transfer and the importance of clean hands. The students were then treated to a hands on practical experience creating their own Mini Pizza. The students displayed excellent team work, time management and successfully prepared their own Mini Pizza's to eat and enjoy. I look forward to seeing them again in the New Year.





# From Mr Lindsay

The Year 6 students have also been working on a box that will act as a garage for the F1 car that they are building. The students started to assembly their cars in week 7 and in week 8 we will have all hands on deck to finish all the cars, so that everyone will be able to race a car in week 9. We are going to have a knockout competition to find our best driver and car from Year 6 2017. Say tuned for all the race results in the next issue of the View.



Year 6 hard at work completing their garage for their F1 car

# F1 in Schools Update—Mark Bassett, F1 Coordinator

# **Envisity NSW visits their Tasmanian Partners in Preparation for World Championships**

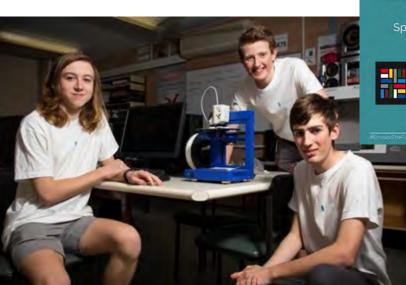
Envisity NSW recently visited their Tasmania partners in preparation for the 2017 F1 in Schools™ World Final in Kuala Lumpur, Malaysia in September. Liam Whiteley, Connor Minchinton and Daniel Lambkin had a busy time working with Duncan Hill, Steven Cabalzar, Matthew Fleming and Dylan Cai finalising all of the elements in preparation for the world finals. I would like to thank the parents who looked after the New South Wales boys while they were in Launceston.

The team was visited by Lance Pfeffer from Bell Bay Aluminium for a mock Engineering Presentation and supplied the team with positive feedback in preparation for the engineering judges in Malaysia.



Envisity visited the Telstra Business Centre in Launceston to discuss with Tanya and Andrew the future of communication and the use of technology in our society.







Robert Virtue form ABC radio visited the NSW boys one Thursday afternoon in August for an ABC radio broadcast. Everyone was excited about speaking on the radio about the F1inSchools program as well as Envisity's planning and preparations for the world finals.

Please follow our team using the information below.



Facebook.com/EnvisityAus



Instagram.com/EnvisityAus



Twitter.com/EnvisityAus

ENVISITY

Envisity – Be the Future, Envision the Future, Sustain the Future.

# CAPA—STATE OF THE ARTS



# Jessica Schafer— Relieving Head Teacher

The CAPA Faculty has been a hive of activity this term with excursions, events, major works and performances happening!

# **Excursion to Lake Macquarie Art Gallery**



On Friday 11<sup>th</sup> of August, Year 9 Photography and Year 11 Photography/Vis Art students attended an excursion to the Lake Macquarie Art Gallery to see the 'Diane Arbus – American Portraits' exhibition. Students had been studying the work of this Photographer prior to the excursion and were excited to see the 'real thing' in the gallery space. They were also able to take a look through the sculpture park and utilise the beautiful surroundings to practise their photography skills.



### **Year 7 Visual Art Students**

Year 7 Art students have been working hard this term on practical work for Assessment Task 3, which is due Week 9 of this term. Students across all classes have been investigating the theme 'Splish Splash' and have been participating in a range of different activities and have produced some beautiful artworks! Even Mr Hookway has learnt a thing or two this term!!





Coastline texture artworks













Independent artworks



Paper Marbling

Lino Printing

# **Year 9 Photography**

The class have been working on a 'Portraits' unit where they have been required to take home the 35mm SLR Cameras and stage a shoot around this theme. The girls have learnt (some the hard way) that successfully taking a good photo and enlarging it isn't as instant as they may be used to, and it has required them to develop patience, resilience and perseverance in a somewhat challenging process. It has been lovely to see them grow and become much more diligent at each stage of the process which includes; correctly using the camera during the shoot to ensure focused and colour balanced images, storing their work safely and following correct darkroom procedures for test strips and enlargements.

To the right are the smiling faces of students who, after several attempts, finally developed a roll of film each which they can now use to make enlargements in the darkroom.



Madalyn Andrews, Bree Perkins and Kaylee Ratcliffe

# **CAPA Grad Night**

Each year, the CAPA Faculty holds an annual CAPA Grad Night where we invite family and friends to help us celebrate the work that has been produced by our talented Year 12 students in Visual Art, Drama and Music. Students exhibited Visual Art bodies of work in our gallery space and performed drama and musical items. They have been working extremely hard on these over the last few weeks in preparation for HSC Exam due dates and this was a chance to finally show everyone just what they have achieved.

The CAPA faculty would also like to wish our Year 12 students good luck in their future HSC exams and submissions. We are very proud of all their achievements this year. Well done!



Year 12 Visual Art exhibition



Zac Harmey, Ashlinn Bush-Ward, Grace Younger and Ingrid Bullen – Year 12 Drama 'Limbo/Infinity'



Grace Younger singing 'Birdy"





By Miss Johnson

It was the night that all our performers had been waiting for. Dance steps had been memorised, vocals were tuned and lines had been rehearsed.

At 5:30 pm the curtains were raised to celebrate the very best of Mount View High Schools Music, Art, Drama and Dance students.

Mount Views students took to the stage and were nothing short of phenomenal!

The dancers, Grace Fairlie, Demi Dalton, Felicity Hodgins, Abbey-lea Perkins, Bree Perkins, Darcie Davis, Kirsten Boesen, Jacinta White, Christine Baker, Georgia Bradley, Alexia Vowels, Amber Buck, Lena Cartwright, Jessica Edwards, Hayley Evans, Isabelle Garvie, Zali Gunther, Charli Hall, Tahlia Lawson, Tayla Minchinton, Ebony, Pearson, Chelsea Riding, Georgia Stacey, Chloe Rolls, Abbey Laybutt and Tahlia Brydon dazzled us with their skills and techniques through a variety of dance styles from tap, jazz, hip hop, and contemporary.

We were charmed by a performance from Primary School students Sophie Earl, Lilliana Thompson, Jasmine Andrews, Alyza O'Halloran, Asia McDuff, Sophie Capper, Abby Garred, Madison Lucas, Teirabella Woodward, Nikkita Walker, Maddi Woodward, Hope Cooper and Molly Russell.

Drama students Ingrid Bullen, Ashlinn Bush-Ward, Zac Harmey, Grace Younger, Marnie Bullen, Billy Copeland, Sam Craft, Aimee Day, Hunter Grunsell, Storm Walton-Clare, Kirsten Boesen, Georgia Bradley, Alana Dafter, Madeline Davis, Benjamin Galvin, Chelsea Hamid, Riley Hayden, Hayden Loosemore, Teagan Morris, Billie Taylor, Kayla Walking and Jacinta White impressed us with their self-devised performances that had audience members rolling in the isles.

Zayne Petryson melted our faces off with a drum solo; Billie Taylor soothed us with a classical piano piece; and Ingrid Bullen (piano), Ashlinn Bush-Ward (vocals), Tahlia Dicker (vocals), Sarah Passfield (drums), Grace Younger (vocals) serenaded us with their HSC Individual Performances.

A huge thank you goes out to all the families and friends who attended the showcase, and all the wonderful teachers who helped make it happen on the night. Special mention to Terry Galvin and Jordan Herring for being our sound, tech and lighting gurus!



The Dynamic Mr Daniels
Duo rehearsing with Zane
Petrysen on drums



Grace Fairlie, Tahlia Brydon & Abbey Laybutt



Grace Younger—vocal performance





Drama students performing on the evening



**Elizabeth Alder - Head Teacher Teaching and Learning** 

# growth mindset

# IS YOUR MINDSET FIXED?

A person with a fixed mindset may do these things:

- · avoid challenges
- give up easily
- ignore feedback
- become threatened by other people's success
- try hard to appear as smart or capable as possible

# WHAT DOES A GROWTH MINDSET LOOK LIKE?

A person with a growth mindset may do these things:

- embrace challenges
- give their best effort
- learn from feedback
- become inspired by other people's successes
- believe their intelligence can change if they work hard

# WHAT IS IT?

We used to think that our intelligence was fixed - meaning we were either smart or we weten't. Scientists have proven again and again that simply is not true. Out brain acts like a muscle—the more we use it, the stranger (and smarter) our brain becomes.

# growth mindset ways to help your child

## TALK ABOUT IT

Talk with your child about his or her day, but guide the discussion by aeking questions like:

Did you make a mistake taday? What did you learn? What did you do that was difficult taday?

# ENCOURAGE FAILURE (say what?!) Your child needs to know that failure can (and of

Your child needs to know that failure can (and often does) happen and it is okey! Remind her that each time sahe fails and tries again, her brain is growing stronger!

Don't step in to prevent your child's failure — this is how she learns to persevere in the Tace of challenges.

# PRAISE THE PROCESS

Instead of saying, "You're so smart!" praise effort, goal setting, persisting through challenges, or being creative. You can say something like.

"Wowl You must have worked really hard on this!"



# THE BRAIN CAN GROWI

Remind your child that his ar her intelligence is not fixed. Remind her that when things are difficult, her brain grows if the persiste through the challenge. Each time she learns something new, her brain is making new connections. Your child needs to know this is possible!

# HELP THEM CHANGE THEIR DIALOGUE

The way your child talks to himself makes a huge impact on his mindset. If he says. "This is to hard" help him change that to "I can't do this yet, but I will keep trying." Give him the words to say when he is Feeling defeated by modeling it yourself!

@ Sarah Gardner 2015





# Information for parents and carers

# WHAT IS THE NATIONAL DATA COLLECTION?

The Nationally Consistent Collection of Data on School Students with Disability (the national data collection its an annual collection that counts the number of school students receiving an adjustment due to disability and the level of reasonable-adjustment they are receiving.

The national data collection counts students who have been identified by a school team as receiving an adjustment to address a disability as defined under the Disability Discrimination Act 1992 (the DOA). The DOA can be accessed from the ComLaw website at <a href="https://www.comlaw.gov.au.">www.comlaw.gov.au.</a>

#### WHAT IS THE BENEFIT FOR MY CHILD?

The aim of the national data collection is to collect quality information about school students receiving an adjustment due to disability in Australia.

This information will help teachers, principals, education authorities and families to better support students with disability to take part in school on the same bass as other students.

The national data collection provides an opportunity for schools to review their learning and support systems and processes to continually improve education outcomes for their students with disability.

#### WHY IS THIS DATA BEING COLLECTED?

All schools across Australia collect information about students with disability. But the type of information currently collected varies between each state and territory and across government. Catholic and independent school sectors.

When undertaking the national data collection, every school in Australia uses the same method to collect information. Therefore, a government school in suburban Sydney collects and submits data in the same way as a Catholic school in country Victoria and an independent school in the Northern Territory.

The annual collection aims to over time lead to nationally consistent, high quality data that will enable schools, education authorities and governments to gain a more complete understanding of students who are receiving adjustments because of disability in schools in Australia, and how to best support them.

# WHAT ARE SCHOOLS REQUIRED TO DO FOR STUDENTS WITH DISABILITY?

All students are entitled to a quality learning experience at school

Schools are required to make reasonable adjustments, where needed, to assist students with disability to access and participate in education free from discrimination and on the same basis as other students.

These responsibilities are outlined in the DDA and the Disability Standards for Education 2005 (the Standards). The Standards require educators, students, parents and others (e.g. allied health professionals) to work together so that students with disability can participate in education. The Standards can be accessed via the ConLaw website at www.comlaw.gov.au.

#### WHAT IS A REASONABLE ADJUSTMENT?

A reasonable adjustment is a measure or action taken to help a student with disability access and participate in education on the same basis as other students. Reasonable adjustments reflect the assessed individual needs of the student, and are provided in consultation with the student and/or their parents and carers. Reasonable adjustments can be made across the whole school setting (e.g. ramps into school buildings), in the classroom (such as adapting teaching methods) and at an individual student level (e.g. extra tuition for a student with learning difficulties).

# WHAT INFORMATION WILL BE COLLECTED?

Every year your child's school will collect the following information for each student receiving an adjustment due to disability.

- the student's level of education (i.e. primary or secondary)
- secondary)
  the student's level of adjustment
- the student's broad type of disability.

National Parents/Carers Fact Sheet Version No. 5 as at March 2017

The information collected by schools will be available to all governments to inform policy and program improvement for students with disability.

# WHO IS INCLUDED IN THE NATIONAL DATA COLLECTION?

The definition of disability for the national data collection is based on the broad definition under the DDA.

For the purposes of the national data collection, students with learning difficulties, such as dyslexia or auditory processing disorder, as well as chronic health conditions like epilepsy or diabetes, that require monitoring and the provision of adjustments by the school, may be included.

# WHO COLLECTS INFORMATION FOR THE NATIONAL DATA COLLECTION?

Teachers and school staff count the number of students receiving an adjustment due to disability in their school, and the level of reasonable adjustment they are provided, based on:

- consultation with parents and carers in the course of determining and providing reasonable adjustments
- the school team's observations and professional judgements
- any medical or other professional diagnosis
- · other relevant information.

School principals are responsible for ensuring the information identified about each student is accurate.

# HOW IS MY CHILD'S PRIVACY PROTECTED?

Protecting the privacy and confidentiality of all students and their families is essential and is an explicit focus of the national data collection. Personal details, such as student names or other identifying information, are not provided to local or federal education authorities.

Further information about privacy is available from www.education.gov.au/notices.

# IS THE NATIONAL DATA COLLECTION COMPULSORY?

Yes. All education ministers agreed to full implementation of the national data collection from 2015. This means that all schools must now collect and submit information annually on the number of students receiving adjustments due to disability in their care, and the level of adjustment they receive.

Information about the arrangements that may apply to your school in relation to this data collection is available from your child's school principal and the relevant education authority.

#### **FURTHER INFORMATION**

Contact your child's school if you have further questions about the Nationally Consistent Collection of Data on School Students with Disability.

You can also visit <u>www.education.gov.au/nationally-consistent-collection-data-school-students-disability.</u>

An e-learning resource about the Disability
Standards for Education 2005 is freely available for
the use of individuals, families and communities at
<a href="http://resource.dse.theeducationinstitute.edu.au/">http://resource.dse.theeducationinstitute.edu.au/</a>.

# STUDENT WELLBEING



# Julie Myers - Head Teacher Wellbeing (Yrs 7/9/11)

Our very own Sam Craft of year 11 making headlines on the PCYC Cessnock facebook page.

Well done Sam!



This absolute legend is sam he has climbed up our wall 18m wall over 10 times now. Sam is completely blind it hasnt stopped him one little bit !!! So come in and challenge yourself and check out our wall.

#empoweringyoungpeople #pcycnsw #pcyccessnock



Photo supplied by: Stonemeadow Photography

#### Facilitators:

Dr Annemaree Bickerton (Child, Adolescent and Family Psychiatrist) and Toni Garretty (Team/Clinical Coordinator Family and Carer Mental Health Program Illawarra Shoalhaven Local Health District)

# An intervention for FAMILIES, CARERS and FRIENDS "Staying Connected When Emotions Run High"

This <u>FREE</u> workshop will be extremely relevant if you support someone (between 12yrs to 100yrs) who experiences any of the following:

- Has relationship difficulties
- Demonstrates changing emotions and strong overwhelming feelings
- Displays impulsive & destructive behaviour e.g. cutting

Diagnosis is not necessary as the frameworks and relationship strategies introduced should be helpful to all

Date: Thursday 19th October 2017

Time: 9.30am - 3.30pm (Registration at 9.00am)

**Venue:** Lecture Theatre, Level 4, Mental Health Administration Building, The Mater Campus Edith Street Waratah

Morning tea and lunch will be provided.

RSVP: Registration is essential as places are limited.

Please register online at Eventbrite as per link https://www.eventbrite.com/e/an-intervention-for-families-carers-andfriends-starying-connected-when-emotions-run-high-tickets-35992655000 or email: ebonee.byrnes@hnehealth.nsw.gov.au.

# Tuning in to Teens

# **Emotionally Intelligent Parenting**

A six-session parenting program for parents of adolescents aged 12-18years

Where: Kurri Kurri Community Centre 251 Lang St Kurri Kurri When: 9.30am to 11.30am Monday mornings 16th October to 20th November, 2017 Call Michelle on 0438 676 289 to register your interest

Assisting you to learn how to:

- · be better at talking with your teen
- be better at understanding your teen
- help your teen learn to manage their emotions
- help to prevent behaviour problems in your teen
- · teach your teen to deal with conflict

Tuning in to Teens shows you how to help your teen develop emotional intelligence Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success -
- Emotional intelligence may be a better predictor of academic and career success than IO







# **SUPPORT FACULITY**



**Leanne Triggs - Head Teacher** 

MC Class—by Mrs Kenneally

This term, Mrs Kenneally's MC Class have been studying a unit of work titled 'War on Waste'. Students have been exploring our kerbside general waste, recycling and green waste services and we have implemented general recycling and soft plastic recycling bins throughout staffrooms and offices throughout the school. We collect the recycling weekly and the soft plastics are dropped off while we are on community access at the Coles RedCycle drop off bin.

Our class has learned about take-away coffee cups and their recyclable and non-recyclable properties and their impact on the environment.







Haynes Baird, Zacharia Wild and Zac Swinton with the recycle boxes

We all need to remember to reduce, reuse and recycle. Some tips to help use reduce what ends up in landfill include:

- Avoiding 'fast fashion'
- Selling or giving away your unwanted clothing at markets, via gumtree or buy, swap and sell websites
- Purchasing quality household items that will last the test of time
- Bring reusable bags to the supermarket
- Purchasing a reusable coffee cup
- Invest in a compost or worm farm for your home
- Plan your meals to reduce food waste
- Collect your soft plastic at home and drop it off at Coles

# **#WARONWASTE**



## **CAREERS FUTURES ADVICE**



Rebecca Rounsley - Futures Adviser

# Year 12—Responsible Service of Alcohol and Responsible Conduct of Gambling

At the completion of the 2017 HSC, exiting year 12 students will have the opportunity to participate in two days of training to get their RSA and RCG certificates. Students can choose to complete both courses for a cost of \$220 or complete just the RSA for \$120 or RCG for \$100.

Dates:

Monday 13<sup>th</sup> November – RSA

Tuesday 14<sup>th</sup> November – RCG

Please register your interest at the Futures Centre by the end of Term 3.



# Are you looking for an apprenticeship, traineeship or casual work?

Join the Futures Centre Google Classroom! CLASS CODE: mr36tg

Direct links to job applications are added to the Google classroom on a weekly basis. All job advertisements are also posted to the school's Facebook page. Look out for the "Career Ahead" gold diamond.



This year Mount View High School has organised three Beacon High Impact Programs for students in years 9 and 10.

Each program is designed to prepare and motivate young people for a successful post-secondary school transition by working with each individual to develop highly sought after employability and 21st century skills. The programs have a high level of involvement from industry partners and build basic professional skills ranging from dress codes to professional etiquette. In each program, industry representatives share their unique stories and career journeys, in addition to encouraging and motivating participants to recognise their own potential and aspirations. Beacon Foundation's High Impact Programs create exceptional experiences for young people and builds their capacity for a successful transition from the classroom to the world of work, further education or training.





The latest Beacon High Impact program was held on Wednesday 23<sup>rd</sup> August at Cessnock Leagues Club. Here is what our students and industry partners thought of the day.

#### Feedback:

- Of the feedback forms 18 students said the day was VALUABLE with 2 noting the day as LIFE CHANGING
- 17 of the 21 students felt more motivated
- 17 of the 21 students felt more confident about getting a job
- 18 of the 21 students felt more hopeful about their futures
- 14 of the 21 students found out more about what work is like

#### **Student comments:**

After today, my future is brighter because.....

"I now understand how I have to work to get to where I want to"

- "I learnt to believe more in my career choices and who I am as a person"
- •"I have been taught skills that I'll need in interviews"
- •"I have developed skills to get my further in life"
- •"I know what to do when the time comes to get a job. It helped a lot"
- "I have more skills"

# **Industry Feedback:**

- "Assisted students in thinking 'outside' the square. Whilst being specific, consider the 'sideways' skills.
- "We must support our youth, no question."
- "The ability to interact with students, to help guide them into their chosen vocation."
- "Thank you for having Glencore as part of today. I felt uplifted heading from students and their goals in life"
- "Today provided me the opportunity for me as an apprentice to discuss and share my recent experiences in gaining and succeeding in a trade apprenticeship."

# **Community of Practice invitation**

WHEN: Monday 16th October—1.30pm - 3pm

WHERE: Mount View High School

RSVP to: Rebecca.rounsley1@det.nsw.edu.au by Fri 13th Oct



The University of Newcastle along with Mount View and Cessnock High School would like to invite you to attend a meeting to establish a Community of Practice in the Cessnock Region.

In 2017, the Faculty of Business and Law at the University of Newcastle received a Federal Government Higher Education Participation and Partnership Program (HEPPP) funded grant 'Mentoring women from regional Australia to realise their educational and career aspirations in business and law'. EMPOWER is an innovative leadership program, that combines education and mentoring to empower the participants to make informed decisions regarding their work futures. Building on the 10 year history of the 'LUCY' program (where university students are connected with Industry Professionals as mentors), EMPOWER is designed to engage and connect regional high school students, university students, and regional business and legal professionals to inspire and inform young women about the study and career opportunities available in Business and Law.

As part of the Empower Mentoring Program grant allocation, one of our objectives was to establish a Community of Practice in each of the four regional areas the program was operating in.

# What is a Community of Practice?

A community of practice is designed to bring together members of a community who are interested in achieving a mutual benefit.

In this case it would be bringing schools, students, industry and community to the table to discuss and share ideas in regards to female career development in regional communities.

"A community of practice is a group of people who share a concern or a passion for something they do, and learn how to do it better as they interact regularly. This definition reflects the fundamentally social nature of human learning. It is very broad. It applies to a street gang, whose members learn how to survive in a hostile world, as well as a group of engineers who learn how to design better devices or a group of civil servants who seek to improve service to citizens. In all cases, the key elements are:

The domain: members are brought together by a learning need they share (whether this shared learning need is explicit or not and whether learning is the motivation for their coming together or a by-product of it)

The community: their collective learning becomes a bond among them over time (experienced in various ways and thus not a source of homogeneity)

The practice: their interactions produce resources that affect their practice (whether they engage in actual practice together or separately)"

Source: http://wenger-trayner.com/resources/what-is-a-community-of-practice/

Please feel free to pass onto any colleagues you feel would like to be involved in the discussion.



# **2018 Hunter New England Health Traineeship Information School Based Trainee Program**

This program provides young people with valuable paid work experience in their local public hospital while completing the Certificate 3, Health Services Assistance. This is part of the HSC, Human Services Framework and contributes to the ATAR. The Certificate 3 can be used as a pathway into the Diploma of Nursing (Enrolled Nursing) or the Undergraduate Degree at University (Registered Nursing). It also enables young people to work as Assistants in Nursing when they successfully complete.

# **About Hunter New England Health**

- Nursing and Midwifery makes up the majority of the professional workforce with careers in many areas including acute care, community, education, management and research.
- HNE Health is committed to employing and developing local people within teams that is representative of the communities in which we live, work and operate
- HNE Health is committed to employing, developing and promoting young people in a career in health

# The school based trainee role

If your application is successful, you will start your traineeship with HNE Health working as a School Based Trainee - Health Services Assistant.

Your responsibilities include:

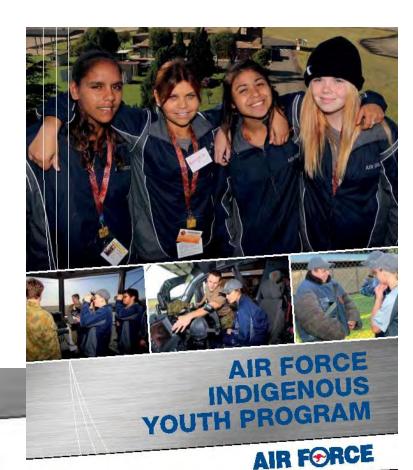
- Assisting patients with activities of daily living including sponging and bathing.
- Changing and making beds/cots.
- Feeding people.
- Assisting with pressure area care.
- Transferring and positioning of patients.
- Care of mouth, hair and nails.
- Assisting patients with their mobility.
- Weighing patients, measuring height and girth.

Taking patient observations as directed by the nurse in charge.

# How do I apply

If you are interested in applying for a School Based Traineeship in Health Services Assistance (Acute Care) at a Hunter New England Health facility please contact the Futures Centre—information packs are available.





# AIR FORCE INDIGENOUS YOUTH PROGRAM

The Indigenous Youth Program (IYP) provides and opportunity for Aboriginal and Torres Strait Islander people aged 15-24 to experience aspects of being an member of Air Force. Successful applicants will be able to observe a variety of career pathways available, as well as, participating in a number of planned activities.

Dates: 17 - 19 Oct 17 Applications close: 13 Sep 17

Location: RAAF Base Williamtown, Newcastle

# Eligibility:

- Able to organise own transport to/from the base
- Willingness to participate in all activities and experiences
- Able to commit to the full program

### What you get to do:

- Experience an aircraft simulator or flight in aircraft (if available)
- · Meet current serving Indigenous Air Force personnel
- Experience the living, eating and training lifestyle of Air Force personnel
- Meet Defence Force Recruiting staff, to talk about the recruitment process

## How to apply:

At www.defence.gov.au/workexperience via 'Placements - NSW'



# AIR FORCE

OUR PLACE OUR SKIES

**Pride and Opportunity** 

For further information on the program, please email: AirForce.IndigenousPrograms@ defence.gov.au

# **KACEY DRUMMOND CUP**

In the last Rugby League competition the junior girl's team were very competitive but didn't get a win. The girls competed in the Kacey Drummond Cup along with 20 other high schools.

With a last minute injury to Mia Culley the girls were left without a hooker. Yinaa Drylie put her hand up to give it a go and didn't disappoint, her passing was crisp and defence was strong. Captain Aleah O'Brien played a near perfect game. Ashley Reilly and Evan Vernon were devastating in attack, no teams we played could contain them. Ashley managed to score four tires and 16 line breaks. Sarah Byrnes and Kirsten Boesen's goal line defensive work was incredible making a number of try saving tackles with Kirsten making the break to set Charlotte Meredith up for the winning try in game 3. Jess Booth and Olivia Bailey played strong out wide working well together in defence and attack. Ciara Whitehead moved the ball to our outside backs quickly and ran effective lines.

MVHS ended up going down in the semi-finals 4 tries to 0 against the eventual winners of the cup, Hunter Sports High.



Front: Evan Vernon, Ashley Reilly, Aleah O'Brien, Lila Harmer and Yinaa Drylie Back: Kirsten Boesen, Ciara

Back: Kirsten Boesen, Ciara Whitehead, Charlotte Meredith, Jess Booth, Sarah Byrnes, Olivia Bailey and Mr Bragato

Front: Evan Vernon,
Paige Hickey, Natalya
Snelgrove, Kaila
Burgess, Sylvia Carr
Back: Crystal Mackay,
Imogen Edwards, Rose
Lucas, Chantel
Winship, Dhani Drylie,
Alexia Vowles and Mr
Cooke



# **HOUSE LEADERBOARD**





Belong & IGNITE





Peace & POWER









GATHER &

Students gain house points for a

range of activities including sporting success, participation, attendance and involvement in extra-curricular



SHINE BRIGHT







BE QUICK, BE ACTIVE

activities etc.



TRUTH& HONOUR

Page 35

# **Top 5 point scorers!**



**Connor Archer Jacob Zoneff** Kirsten Boesen **Elizabeth Robinson Rachel Amos** 



**Trehy Hancock** Olivia Moore

Vanessa Whitaker William Cagney

**Samuel Broadfoot** 

Mikayla Lambert **Um** Luca Hawkins **Charmayne Gould** Sarah Beveridge **Zac Harmey** 



Jordan Flint Sarah Wiese Abbey-Lee Grant Ian Fenton **Grace Fairlie** 





**Chloe Beckett Chezlee White Sebastian Death** Joel Dicker **Hayley Evans** 



**Jack Whiting Brendan Green-Hill** Jordan Webster Taylah Hall

**Charlotte Lucas Lena Cartwright Noone Khairam Katie Sexton-Bate** Aleesha Pyne



**Grace Frankland-**Shambler Mykailah Wilson **Logan Templeton** 

Yinaa Drylie **Cloe Hindmarsh** 





# TRUTH& HONOUR

Team spirit is strong among the members of TRUTH & HONOUR.

Storm Walton-Clare dedicated her own time to create a banner to represent Truth & Honour. Her outstanding efforts will be proudly displayed at Swimming and Athletic Carnivals.

The banner depicts the image of the Wolf (mascot) and colours of silver and fluorescent yellow. Truth and Honour team members will now have this banner to recognise and reinforce a sense of belonging and encourage student participation in events. Well done Storm!



Storm Walton-Clare with her work in progress



Congratulations to Abbey Maree Scott who came 4th in the Archery Competition she competed in in August. Its great to see so many Mount View High School students excelling in their chosen field. Well done Abbey and all the best for future competitions.



# STUDENT LEADERSHIP



Karen Blandon — Senior Leader Co-ordinator

# Student Leadership Team attend mayoral breakfast, by Mr Means

The new Student Leadership Team had their first official event recently, attending the Mayoral Breakfast at the Cessnock Performing Arts Centre. Following a buffet of light refreshments and networking with student leaders from other schools they listened to the guest speaker, Jamila Gordon who kindly shared her story.

Jamila spent the first eleven years of her life in a remote camp in Somalia, without running water or electricity and with little food. As the oldest daughter amongst sixteen children, Jamila was expected to help her mother look after the other children, cook, clean and run the family compound from a very young age. When the family moved to Mogadishu, she helped manage her father's shop, continued her other duties, and went to school when she could. Despite the simplicity of her life Jamila described it as a "happy time". Then civil war came to Somalia, and Jamila's family was forced to scatter in fear for their lives. At the age of eighteen, she found herself in Kenya, alone, homeless and terrified in the slums of Mombasa. She had no country to return to, and did not know if her family was even alive. Good fortune struck when Jamila met an Australian backpacker who helped her get to Australia, most likely saving her life. Jamila's first step in Australia was to enrol in a TAFE course to learn English, and then she found a \$5 per hour job as a dishwasher. This tiny start gave Jamila her independence and enabled her to take control of her life, up until that point, it was all she'd ever dreamed of. However one dream leads to another and for Jamila, her next big dream was just around the corner. She met the friend of one of the restaurant's waiting staff, who had just graduated and taken an entry-level role at the Australian Tax Office. Jamila had never imagined that a woman could go to university and have a career. She has now forged a career working for some of the world's biggest companies including Group CIO of Qantas.





**Student Leadership Team** 

Our Year 10 Senior Leaders and volunteers were asked to help our local Cessnock RSL Club to sell badges and articles for LEGACY, on Friday 1st September 2017.

It was such a privilege for our students to support such a worthwhile cause and to help out with our families in our own community that have been negatively impacted by defending our country. Max Lewis was impressed with the way our students were dressed and how they conducted themselves throughout the day. These students should be proud of their involvement in community work and for being great ambassadors for Mount View High.

We would like to thank everyone in the community for supporting Legacy, particularly Dr Dobler, The Australia Hotel and Clayton Barr for purchasing one of the special \$50 badges.





Georgia Shalhoub and Abbey Scott



Nikki Murnane and Lena Cartwright



Chloe Bain and Lara Morris



Nikki Murnane and Lena Cartwright with the local Fire Brigade

# **Mount View Leos**

# LEOS stands for L- Leadership E-Experience O-Opportunity

## **Changeover Dinner**

The Mount View Leo Club Changeover dinner was on Wednesday 16<sup>th</sup> August 2017 in the LEAP Centre. New members were inducted on the night as well as our new executive and board directors. We now have over 40 active members from Year 7 students right through to past students in their third year at university.

State Leo Co-ordinator Andrew Robert-Thompson attended with Cessnock Lion members, Leo members, Principal Desley Pfeffer, Relieving Deputy Larayne Jeffery, staff and parents. Brian Means and the hospitality team provided a lovely two course meal and James Winchester provided the background music for the night.

We congratulate our out-going President Georgia Bailey and other members for their hard work and dedication during 2016 to 2017.

Our new executive members for 2017-2018:

President – Marnie Bullen Vice President – Olivia Bailey

Secretary - Tahlia Hughes Assistant Secretary - Sarah Wiese

Treasurer – James Winchester Assistant Treasurer - Naomi Martin

Our Board of Directors includes our older Leo members that have left school but are still active members: Thomas Wiese, Charlotte Roberts, Maxine Chapman, Claire Taylor and Ainslie Griffin.

Ainslie Griffin is one of our inaugural Leo members and she spoke at the Changeover Dinner of her experience in attending Camp Kookaburra in Sydney. It is a camp run by the Lions for hundreds of International exchange students from all over the world. The students get to spend time together and enjoy the sites of Sydney and make life long friends. It is such a great opportunity for our Leo members.



Ainslie Griffin at the Leos Changeover Dinner

Alison Davey was our special guest on the night. She presented the awards to the Leo members that accumulated the most hours of duty throughout the year. The Leos have a dedicated trophy called the "Davey Duty of Hours" in honour for the dedication that Brian and Alison has given towards the youth in our community.

2017 Senior Winner of the Davey Duty of Hours Shield - Alysse Iliffe

Highly Commended - Ainslie Griffn

Highly Commended - Claire Taylor

2017 Junior Winner of the Davey Duty of Hours Shield - Olivia Bailey

Highly Commended - Sarah Wiese

# Alyse Iliffe: First Leo Mount view Leo member to become a Lion

Alyse (pictured right) was in our inaugural group of Mount View Leos and she has been an inspiring and dedicated member in our club for the past four years. She entered the Leo of the Year competition last year and was asked by the District Governor General to attend the Annual Lions Conference in Melbourne. She has now been inducted into the Elemore Vale Lions Club and we wish her well with her transition from a Leo to a Lion.





Leo students at the changeover dinner

# Leos - Parkinson's Unity Walk Sydney

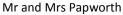
On Sunday 27th August 2017 the Mount View Leos and other students joined together to participate in the NSW Parkinson's Unity Walk. The walk was in honour for our former Principal Phil Papworth who has been diagnosed with Parkinsons Disease since 2001. There were 19 students, staff members and parents who attended and more than \$500 was handed over on the day in registration fees, which helped towards their target goal of raising \$100 000. We thank Grahame Chamberlain (Cessnock Lions) for volunteering to drive the school bus on the day.

Our students competed in the Ninja Challenge and they made it through three knockout rounds and into the grand final. Unfortunately they were beaten by only a few seconds to come in second but they were quite happy with their efforts.

Phil Papworth was not well enough this year to come and wave us off in the morning as usual, so we took the bus to him on our arrival back into Cessnock to show him our support. It was so nice to see his appreciation when he and his wife came out to see a bus load cheering him on. It was also pleasing to find out that it was their 50th Wedding Anniversary on the same day as well. Congratulations to Mr and Mrs Papworth.









# 23 SEPTEMBER - 8 OCTOBER 2017 FEATURING DRAGONS AND **EXCITING NEW RIDES\*** SCHOOL HOLIDAY FUN!

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- ✓ Learn the skills & techniques you will need to pass your RMS driving test
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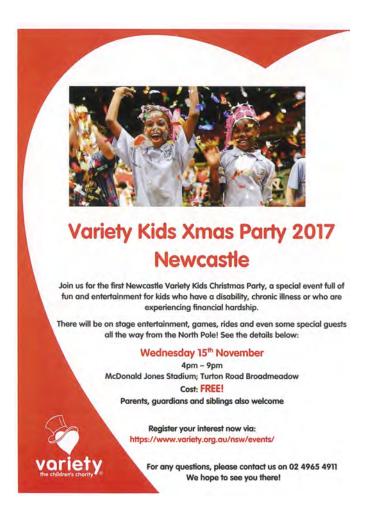
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- Your Health Link-



# **3C Running Club**



2017-2018 Season begins Wednesdays 6th September

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Online Membership now available

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Distances approximate:

Short 2-3km Medium 5km Long +9km Group, Handicap & Championship Events