

The View

"Delivering excellence, innovation and success"

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Issue 7

SEPTEMBER 2015

2015 EVENT CALENDAR

TERM 3

Wk 9	Mon 7 th – Fri 11 th Sep	· Yr11 Yearly Exams
	Mon 7 th Sep	· MC class community access
	Tue 8 th Sep	· HSC Music
		· 8V excursion to Cessnock Leagues for Beacon Work Readiness program
	Wed 9 th Sep	· Team Colours Day
		· 8H excursion to Cessnock Leagues for Beacon Work Readiness program
		· Red Cross Mobile Blood Service at MVHS
		· P & C meeting in common room at 6.30pm
	Thur 10 th Sep	· MC Class excursion to Endeavour
	Fri 11 th Sep	· Yr7 Gala Day at Maitland
Wk 10	Mon 14 th – Tue 15 th Sep	· Discovery Day at Newcastle Uni for Yr10
	Mon 14 th – Wed 16 th Sep	· Yr11 Crossroads Camp at Morisset
	Mon 14 th Sep	· Yr7 Immunisation (final clinic day)
		· MC class community access
	Tue 15 th Sep	· Senior MC & 8H excursion to Laser Tag Wallsend

Wed 16 th Sep	· Studio Recording Session for sound crew
Thur 17 th Sep	· Yr10 Peer Support to Flip Out Thornton
	· Yr12 Slave Day at MVHS
Fri 18 th Sep	· Yr12 Graduation Assembly in school hall at 9.30am
	· Last day of term

TERM 4

Wk 1	Mon 5 th Oct	· Public Holiday
	Tue 6 th Oct	· Staff & students return
	Wed 7 th Oct	· Sports Presentation in school hall at 9.10am
	Fri 9 th Oct	· Yr10 Project 10 session
		· Yr7/8 Bard on the Beach performance in hall
Wk 2	Mon 12 th – Wed 4 th Nov	· HSC exams
	Wed 14 th Oct	· P & C meeting in common room at 6.30pm
	Fri 16 th Oct	· John Larkin visit for Yr9 students at MVHS

FACULTY LEADERS

English Melissa Wyper
Maths Andrew Gill
Science Natalie Death
HSIE Lynne Davies
CAPA Larayne Jeffery

PD/H/PE Sue Ford
TAS Rlg Andrew Newman
Admin Rlg Liz Alder
Teach/Learning Leanne Triggs
Wellbeing Julie Myers & Steve Quigley

YEAR ADVISERS

Year 7 Jodie Scheffler
Year 8 Rebecca Conn
Year 9 Rebecca Bartlett
Year 10 Angela Roughan
Year 11 Sharon Curran
Year 12 Christine Bell

PRINCIPAL'S MESSAGE



Ms Desley Pfeffer

Farewell Year 12

We are reaching the exciting end of secondary studies for our Year 12 students. On behalf of the school I would like to wish them all the very best, not just for their HSC examinations but for all that will come their way over the next few years and beyond as they transition to further studies, the world of work and life in general. They are an exceptional group of young people and each has their own unique talents to offer and explore.

A letter outlining end of year activities for Year 12 is being sent to all parents of Year 12 students this week. It includes key dates and information as they head into the HSC examination period and beyond.

Outgoing and Incoming School Captains

At the recent Principal's Assembly and Senior Leader's Induction we farewelled and thanked the outgoing School Captains, Vice-Captains and Senior Leaders and inducted the incoming leaders.

I would like to extend a most sincere thank you to our outgoing Captains - Gabrielle Alexander, Alan Tull, Sophie O'Brien and Matthew Clarkson – for their exemplary leadership, continued commitment to our school and collaboration as we have worked together over the last year. It has been a real pleasure to work with this group of most impressive young people.

I would like to welcome and congratulate our incoming Captains and Vice-Captains – Sidnee Harris, Matthew Parish, Kate Moore and Bailey Lennard. As Mr Hookway explains later in the newsletter, they have been selected by their peers and staff to lead us into 2016. Again, I have no doubt that they too will step up into their roles and uphold the oath they took on their induction to the very best of their ability.

Year 12, 11 and 10 "N" Determinations and Warnings

Throughout the academic year there are times when a "N" warning letter is sent to students who may not be completing assessments or applying themselves with diligence and sustained effort to the set tasks and experiences provided in their courses by the school. This can occur for a number of reasons. The letter, supplied by BOSTES (Board of Studies, Teaching and Educational Standards), and who are commonly referred to as "the Board", warns students in writing and provides opportunities for the student to catch up and rectify the problem.

Unfortunately though sometimes that warning is not heeded and, towards the end of the course, BOSTES requires Principals to meet with students who have not met the Board's requirements and hence a determination of non-completion of course requirements (an "N" determination) is made. Parents or a carer are also invited to these interviews.

This has already occurred for Year 12 students. Students affected have only to Monday 14 September to submit the required work so as to qualify for the award of a Higher School Certificate.

Year 11 students who need to be interviewed will be contacted via a parent or carer towards the end of this term or the beginning of next term. Interviews will be completed during Week 1 of next term.

The same process will occur for Year 10 students in mid-late Term 4.

Library Refurbishment

A total refurbishment of our school library is underway! The majority of this work will be finished during the upcoming school holidays and the library will be operational within the first week of next term. One of the main advantages of the refurbishment will be that the space can be used in flexible ways, accommodating different styles of learning and catering more effectively for different class groupings, or presentations. Many of the students have provided feedback and offered their ideas on what they would like to see in the library and these have been included in the final design.

Holidays

I wish you all a safe and happy September holiday break. There will be a number of additional, optional classes offered for Year 12 throughout the holidays and I encourage all Year 12 students to lookout for an update on classes and times on our Facebook page shortly.

School resumes for all staff and students on Tuesday 6 October.



Mr Shane Hookway – Deputy Yrs 7/9/11

Captains and Vice Captains for 2016

During Week 5 of this Term Year 11 students staked their claim for the office of School Captain and Vice Captain for 2016. Students were required to be part of the senior leadership group and then deliver a speech to Year 11, Year 10 and select staff members. Students and staff votes were then collated and weighted on an equitable influence ratio.

A huge congratulation to all the senior leaders who were nominated and who will, as student leaders in 2016, represent significant elements of the staff and students of Mount View High School.

The Girls' Captain for 2016 is Sidnee Harris and the Vice Captain is Kate Moore, the Boys' Captain for 2016 is Matthew Parish and the Vice Captain is Bailey Lennard. Thankyou to Karen Blandon who is instrumental in fostering student leadership at Mount View High School.



Sidnee Harris
Captain



Kate Moore
Vice Captain



Matthew Parish
Captain



Bailey Lennard
Vice Captain



Ms S Curran with nominees for Captain/Vice Captain

Jnr AECG Leadership Positions for 2016

Mount View High School's Aboriginal student population represents about 10 percent of the total student population at the school. The Aboriginal students of Mount View High School are represented by the Junior Aboriginal Education Consultancy Group (JAECG). Recently the leadership positions within that team were elected at the JAECG Annual General Meeting. Congratulations to Taneisha Rosser (Year 8) elected President, Dakota King (Year 9) elected Vice President, Riley Butler (Year 7) elected Secretary, Tahlia Dicker (Year 10) elected Vice Secretary.

All students are committed to Indigenous culture and will represent Mount View High School well. A huge thank you also Michelle Bedford and Sonia Sharpe for their leadership and guidance.



Taneisha Rosser
President



Dakota King
Vice President



Riley Butler
Secretary



Tahlia Dicker
Vice Secretary

Year 11 Exams

Year 11 will commence their end of course examinations for the Preliminary HSC during Week 9 on Monday 7th September. Students are required to be at their examinations 10 minutes prior to the commencement of their exams as specified on the examination timetable. There are specific rules in place for exams that have been communicated to students and are now expected behaviours. Students need to be mindful of these as they can have implications such as examination malpractice that then have associated consequences. Above all students should be thinking about their overall wellbeing and managing their anxiety through this potentially stressful time. Being organised with a study timetable and taking time to exercise every day are two activities that students can do to maximise their performance.

N Determinations

Year 11 students who have incomplete assessment tasks as notified via a N-Award warning letter may be placing their HSC at risk. Students who have not complied with the course completion criteria and who have received at least two written warnings can be regarded as **not** having satisfactorily completed the course at the time of finalising grades. The Principal may then apply the 'N' determination. This is the decision made by the Principal at the end of the course, under delegated authority from the Board of Studies, Teaching and Educational Standards NSW (BOSTES), that a student has not satisfactorily completed a course. Students at risk of being "N" determined will be interviewed by the Principal, with a parent or carer, during the first week of next term.

Elective Subjects

Most students who missed out on one of their chosen electives for 2016 have now been interviewed and have had an opportunity to select an alternative subject. I will aim to send confirmation of subjects being studied to all parents of Years 9, 10 and 11 for 2016 early next term.

Facebook

A reminder to parents and students to follow us on Facebook. Search for "Mount.View.High.School.Cessnock" and click on "Like" to follow us. There is always plenty of great information about upcoming events and stories about our students excelling.



YEAR ADVISER REPORTS

Year 7 – Ms Jodie Scheffler

Principal's Assembly

It has been another big couple of weeks. We have had our last Principal's Award Ceremony for the year with a number of students excelling and receiving awards. Massive congratulations for all involved and thank you to the parents and care givers for coming along to this special event. Keep collecting those merit certificates

Year 7 Group Meeting

Students who have been attending school on a regular basis received recognition last week at our fortnightly year group meeting. It's great to see so many students attending school on a regular basis.



Our year group meetings are a perfect opportunity to talk about what's happening around the school. Keep smiling and keep up the good work Year 7.

Year 8 – Ms Rebecca Conn

Hello to all parents, guardians and Year 8 students. It's hard to believe that Term 3 is nearly drawing to a close.

AIM High



Selected Year 8 students have begun working with mentors from the University of Newcastle in a 4 week program designed to assist with future aspirations and goals

AIM HIGH provides significant funding, events and support programs to Mount View High School and this research will investigate the success of these programs.

In order for the research to be a success we require students and parents to complete a simple consent form and return it to the school as soon as possible. I will be issuing students who have not received a form a new copy. ***Please return your consent form as soon as possible.***

Beacon PREPARE Workshop

In week 9 two classes will be offered the opportunity to attend a Beacon "Prepare" workshop. The Prepare program introduces younger students to the world of work and gives them an insight into prospective careers. The program sets the foundation skills around work readiness to be built on in the Polish and Perform programs at a later stage in their schooling.

Focus areas include aspiration, engagement, growth mindset, self-belief, self-control, team work, life skills and goal setting. This is often the first business person that the student will have come in contact with in a structured way, through these workshops.

BEACON
97% of students reported that Beacon activities helped them to gain industry knowledge, learning aspirations or employability skills.

Incomplete Assessment Tasks

I would like to again stress the importance of students completing all assessment tasks. Many students have been issued with Letters of Academic Concern because of incomplete assessment tasks.

If you are unsure if your student has incomplete assessment task or if your student is having difficulty with completing these tasks please feel free to contact me on Rebecca.Conn4@det.nsw.edu.au or Steve Quigley (Head Teacher Wellbeing for Year 8) by phone on 49902566.

Year 10 – Ms Angela Roughan

In Week 3 of Term 4 Year 10 students will participate in Project 10 interviews. The interviews will run from Monday 19th October to Wednesday 21st October. All Year 10 students have currently had six sessions throughout the year with their mentor teachers addressing the criteria for their interview and spending time writing their cover letters. Students will be given a time for their interview in Week 1 of Term 4.

During these three days there will also be two other programs operating for all Year 10 students. The Lovebites Program is a whole day specifically aimed at issues relating to Domestic Violence and Sexual Assault. This program will be run on each of the three days with groups of 50 students attending each day.

Students will also be completing "All My Own Work." This program is aimed at students understanding plagiarism issues in the senior years. This program is compulsory for all Year 10 students to complete before commencing Year 11. Each session will run for an hour and where possible this will occur on the same day as students' Project 10 interviews.

Students who have outstanding N warning letters are expected to stay at school on the day of their interview as well as on their free day and work on their warning letters in a computer room with a teacher. There are currently 864 unredeemed N warning letters in Year 10. This is a significant concern for a number of students and may impede their progression to Year 11.

Year 11 – Mrs Sharon Curran

As their Preliminary year draws to a close Year 11 are preparing for final examinations next week. I would like to wish them all good luck and remind them to get enough sleep.

The Crossroads camp is in Week 10 so paperwork is due now. Please refer to the PD/H/PE faculty report in this newsletter for further information about this camp. Also orders for Senior Jerseys need to be made before the end of Week 9.

Year 12 – Ms Christine Bell

It is that time of year for Year 12. Graduation is looming, end of course activities are starting and University entries are due.

Hopefully by now, students who are at risk of being N-determined are on track to finalising this process so that they don't miss out on qualifying for a HSC. Monday afternoon homework club is still open but has been moved to the maths rooms whilst the library is being refurbished. Maths tutoring is also still happening on Wednesday afternoons. Students should now have a functioning study timetable to assist them in the work required to complete their exams next term.

Graduation will be held on Friday 18th September in the MPC at Mount View High School. All parents and family members are welcome to celebrate the success of Year 12. Morning tea will be served after the ceremony. I hope to see you there.

Slave day is on Thursday 17th September. Students can be purchased by staff and other students and be required to complete reasonable tasks for the first two lessons on this day. This is a fundraising effort and the money goes towards the school gift as well as reducing costs for the formal.

University entries are due on 30th September. This entry needs to be registered through UAC and every student should have their Students Online username and password to complete these. Please don't leave this until December when they receive their ATAR as they will incur an extra fee to complete their registration. Remember, they don't have to accept an offer, but if they don't have an application in, they won't receive an offer at all.

HSC exams start on 12th October and a copy of the timetable is available on the BOSTES website. Students will not be required at school before this date but are quite welcome to come in to speak with teachers during their normal timetabled lessons and make use of the study environment in the school.

The Year 12 formal will be held on 11th November at the Sebel Kirkton Park. A copy of the invitation given to students is shown. Please ensure that students arrive no earlier than 6.00pm and no later than 6.45 pm as we need to have them moving towards the function room at this time. Please be mindful that the venue has a tight turning circle when students are booking transport to the venue.

HSC exam results will be released on 16th December.

The key to success this term is to remain organised and seek help from teachers when required. We are here to help your student get the most out of their HSC.



P & C NEWS

The next P & C meeting is on Wednesday 9th September 2015 in the Common Room starting at 6.30pm. The P & C invite all parents to attend.



Woolworths Earn & Learn

From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them in the designated Mount View High School collection box. Customers receive an Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Mount View High School also has an Earn and Learn sticker collection box located at school outside of the Attendance Office. We welcome your sticker donations.

The Partners in Learning parent feedback survey

Our school will also be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically takes 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

School Fees & Student Assistance

The Admin Office is open for parents to make payments to school fees anytime between 8am – 3.45pm. Alternatively online payments are also welcome.

The student assistance scheme is available to assist parents/guardians meet the cost of subject fees, excursions etc. Therefore parents who receive Centrelink benefits may be entitled to apply for student assistance.

If you would like assistance under this scheme please collect a Student Assistance form available from the front office for consideration. For any enquiries regarding Student Assistance please contact our Business Manager, Mrs Knudsen.

**DID YOU KNOW
THAT YOU CAN
MAKE PAYMENTS
ONLINE?**

Parents can make online payments to the school making it easier for you to pay for school related payments eg school fees, book packs/calculators, excursions, via a secure payment page hosted by Westpac either paying in full or in instalments.

How?
The payment page is accessed from the front page of our school website www.mountview-h.schools.nsw.edu.au by selecting **\$ Make a payment**. Payments can be made using either a Visa or MasterCard card only. This is a secure payment system hosted by Westpac to ensure that your details are captured in a secure manner. These details are NOT passed back to the school.

What expenses can be paid online?
When accessing \$ Make a payment, any field marked with an * is mandatory and must be entered, all other fields are optional.

To select what you are wanting to pay in the **Payment Options** area, please refer to the guide below:

- **Voluntary School Contributions** (payment for General Service Contributions)
- **Subject Contributions** (payment for Subject Fees)
- **Excursions** (payment for camps or daily excursions)
- **Sales to Students** (payment for calculator/book packs etc)

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page by the bank this receipt should be kept by you as a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office on 49902566.

ATTENDANCE



Liz Alder – Rlg Head Teacher Administration

Attendance Questions? Phone 49902566 ext 1 or call into the Attendance Office

School Attendance and Appointments

The school operating hours of 8.30am to 3pm are important learning and development times for your child. Please take this into consideration when scheduling medical and dental appointments. School holidays and after school are ideal times

to schedule routine appointments and check-ups. Missing part days may involve missing complete lessons in some areas and impact on the continuity in your child's learning. If an appointment cannot be made outside of school hours, please consider returning your child to school (provided they are healthy enough) so as to minimise the impact of being absent.

Thursday sport afternoons appear to be a preferred time for families to make these types of appointments but please remember that all students must attend a minimum of 80 to 120 minutes per week of school sport as a Department of Education and Communities requirement. Further information regarding this can be accessed via the following link.

www.det.nsw.edu.au/policies/curriculum/schools/curric_plan/policystandards161006.pdf

School sport is an important part of the Mount View High School routine and participation in it is considered crucial in the social and physical development of our students. It appears from our data that students have weekly or fortnightly appointments in this time and they are at risk of not gaining the required hours and benefits.

INSIGHTS

by Michael Grose - Australia's No 1 parenting educator

Getting kids to school ON TIME!

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

"Come on Jack! Get a move on. School starts in ten minutes and you're not even dressed yet!"

If this scenario sounds familiar then you are not alone. Anecdotal evidence suggests that getting children to school or pre school on time can be one of the most difficult tasks for parents.

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late. Current research shows that mornings for most children are the most productive time of the day with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do precious minutes are lost. A child who is fifteen minutes late to school each day misses one week of school every year.

How can you get your dawdling kids out the door without yelling yourself hoarse? Here are a few techniques and ideas for you to try to get your punctually-challenged children to school on time:

✓ **Establish a morning routine.**

Make sure your children know what is expected of them in the morning, and also what you will do. Resist nagging but be willing to take them to school even if they haven't fully prepared for the day.

✓ **Identify and remove distractions such as television.**

If the children are regular watchers before school change the routine and keep the TV off. It should only be turned on when children are completely ready for school.

✓ **Teach some of the basics of time management.**

The average adult underestimates by about 25 per cent the time it takes to do various jobs. Make sure you have realistic time estimates and stop packing so much into the time you allocate. Encourage older children to estimate how long it takes to do activities such as getting ready in the morning. Then they can measure the time taken to do these tasks and compare their estimates with real time.

✓ **Arrive at school ten minutes early.**

Plan to arrive at school early rather than be there on time. This idea works for perpetual latecomers, whether young or old.

✓ **Model a good routine.**

Its pointless expecting children to be organised in the morning if you are in a muddle yourself. Set a good example by being as methodical as possible and avoid sleeping in unless your children are so organised that they get you breakfast in bed. And pigs might fly as well!

Published by Michael Grose
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For more ideas, support and advice
for all your parenting challenges
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ENGLISH FACULTY



Melissa Wyper – Head Teacher

Debating Report

The junior and senior debaters have all been very busy putting forward their best arguments, competing in the Premier's Debating Challenge for Years 7 & 8 and Years 9 & 10, the Cessnock City Council Mayoral Debate and the Effie O'Neill debate.

In the Premier's Debating Challenge for Years 7 & 8, students Ben Galvin, Bohdan Thorley, Chantel Winship, Liam O'Brien and Ryan Dixon recently faced Muswellbrook, Dungog and Cessnock High School's teams. This is the first time these students have competed in this format, with only one hour to prepare their arguments. They were proud to secure a win against Cessnock High in the Zone Heats.

In the Premier's Debating challenge for Years 9 & 10, Mount View Team A competed against Muswellbrook and Cessnock High and Mount View Team B. Matilda Brown, Marnie Bullen, Annamarie Graves, Tahlia Hughes and Dakota King came away with one win in the Zone Heats. Mount View Team B, made up of Cameron Abbott, Myah Graves, Fanogo Maher, Magda Plater and Aleesha Pyne remained undefeated in the Zone Heats, which lead them to compete against Maitland Grossmann Team B in the semi-finals. Unfortunately, they were beaten by the slightest margin, and have been knocked out of the competition.

The annual Cessnock City Council Mayoral Debate took place at the start of the term, with Mount View drawing the affirmative for the topic "that a person should have a legal right to control their online identity". The Year 9 team had a week to prepare their argument, but were beaten by the 2014 champions, Kurri Kurri High School. The Year 9 students invited to be audience members represented Mount View in an exemplary manner and were impressed by the quality of each of the debates.



Finally, a team of seasoned debaters took part in the Effie O'Neill debate hosted by Cessnock Rotary Club in June. Held annually since 1990, the statistics favoured Cessnock High with one win more than Mount View. Cameron Abbott, Mikayla Abel, Ally Crossley and Myah Graves were victorious in presenting a convincing argument to the adjudicators and evened the score on the night.

Debating coordinators Miss Baum and Miss Johnson would like to thank the students for all their hard work this year and look forward to more exciting debating opportunities in 2016!

Pictured: Year 9 Mayoral Debating Challenge Team and Audience at the Cessnock Performing Arts Centre

MATHS FACULTY



Andrew Gill – Head Teacher

Year 6 Maths Fun Day – by Mrs Curran & Ms Roughan

Our annual Maths and Science Fun Day was held this year on Tuesday 1st September. Approximately 150 Year 6 students participated in a variety of activities which put their problem solving skills to the test. As always, the day was a huge success, giving these future students a chance to visit Mount View and interact with the students who will be in their year group next year.

Many thanks to the Year 9 and Year 7 students who assisted on the day and to the staff involved. Without their help the day would not be a success.



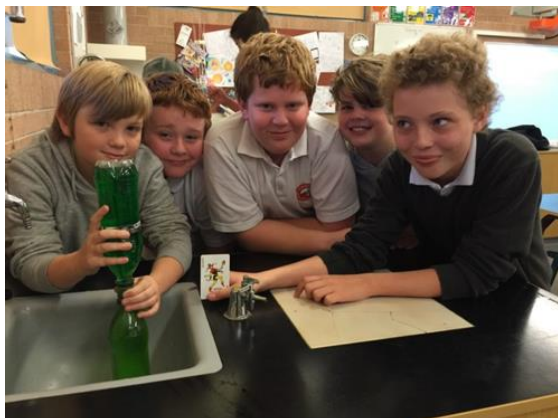
SCIENCE/AG FACULTY



Natalie Death – Head Teacher

Science and Agriculture classrooms are always busy. Dissections, temperature gradients and sensory observations – all parts of our wonderful Science world!!

Here are some snaps that we have been collecting to show you all.



Left: Class 7 Zampatti

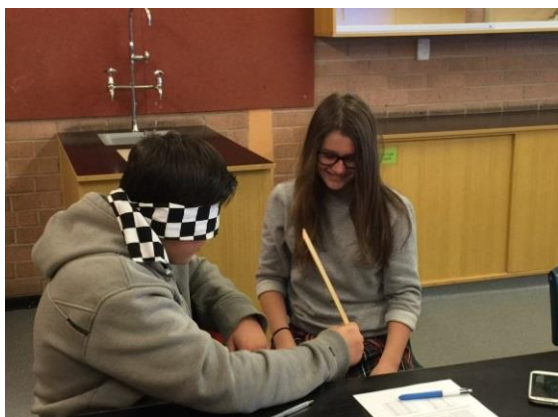
Logan Briggs, Brayden Corcoran, Callum Barrett, Joel Gilmour and Riley Hayden

Conducting experiments in science on convection in liquids. There were two different coloured liquids of different temperatures in the bottles. The warmer liquid on the bottom began to rise into the cooler liquid on top causing them to mix from blue and yellow to green.

Right: Class 7 Zampatti

Jeb Crossley, Jonas Crump and Lane Jurd

Same Experiment as above, however their warm liquid was on top and cold liquid on the bottom so no convection current began, keeping their colours separate.



Left: Class 9A3

Ethan Robinson a conducting reaction time observations while studying the "I'm in Control" topic in Yr9 all about brain science!!



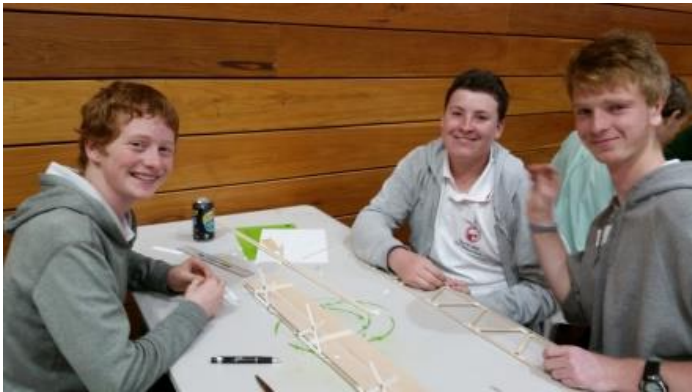
Left: Class 9A3
Cody Lawson and Liam Hunter



Class 8H Kidney Dissections!!!!
Left: Cory Hindmarsh and Jesse Whiley
Centre: Cheyenne Russell and Eliza Beveridge
Right: Daniel Russell and Cody Townsend

Science and Engineering Challenge

On the 31st July 8 teams consisting of students from Year 9 and 10 travelled to Newcastle University to compete in the Science and Engineering Challenge. The Challenge consists of a number of problem solving exercises. Points are received for the completion of each exercise and tallied to give an overall score on the day.

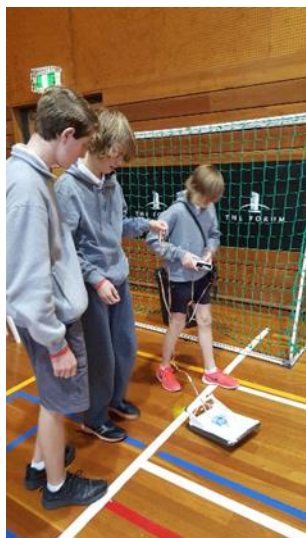


Owen Wilson, Jack Stephenson and Callum Foulstone made a good attempt in the Bridge Building activity where they had to design the supporting structure for a bridge and survive the “bridge buster”. Their design didn’t break but unfortunately it collapsed under the weight of the first trolley.

The catapult team consisted of Khadija Arain, Ainsley Flett, Matthew Griffin and Joseph Smith. They completed the activity in first place with a distance of 31 m, the farthest recorded in three days of competition.



Katelyn Hafey, Georgia Bailey, Sophie Moshage, Tahlia Hughes, Cohen Saunders, Liam Robinson, Dakota King, Levi Murray, Sam Cox, Winchester, Daniel Lambkin, Jessica James, Hemdah Moore, Lachlan Burns, Ryan Forrest and Hayden Cashmere rotated in teams through half day activities such as Helter Skelter, Who's Got the Water, Stringways and Building a Robotic Hand.



Liam Whiteley, Luca Hawkins and Connor Minchinton had the task of creating a hovercraft out of some basic household materials with a small electric motor to then be guided around an obstacle course. Not for the faint hearted...well done boys!



Mount View High placed fourth overall for the day. All students had an enjoyable day and would highly recommend Year 9 and 10 to consider entering next year.

This Month In Ag – by Sam Jarrett

Lots of hard work is happening in Ag this term with assessment tasks due left, right and centre. Year 8 has been handing in their vegetable research tasks this week, with 8H finishing off the bunch in Week 10.

Year 9 are handing in their poultry tasks at the end of Week 8 and starting the practical component of the task will be done in class Week 9. If students need another copy, see the "Mount View High School Agriculture" Facebook page for a copy.

Year 10's major Sheep Portfolio is due Week 9. This is a big task so don't leave it to the last minute. If students need help they should ask their classroom teacher, or send me a question on the Facebook page.

Year 11 are coming up to exam period in Week 9 and should ensure they study their mandatory topics.

Major news on the farm this month is the addition of 6 new sheep, courtesy of a former student Jack Bailey. Thanks Jack. We are very thankful for your help in selling us such good quality Dorpers. We have also just received 20 broilers and 12 ducks last week to grow up for Christmas lunch. We will send out a buyer's request with your kids if you are interested in buying a fully plucked and prepared bird later this year.

Ag stars for the month:

Year 8:	Clay Hollingshed and Courtney Ewing
Year 9:	Marnie Bullen and Aisha McLawrence
Year 10:	Tom Alexander and Magda Plater
Year 11:	Sidnee Harris
Year 12:	Rhiannon Avery and Olivia Hancock



Lynne Davies – Head Teacher

Year 9 Commerce

During Term 3, Year 9 Commerce students have been learning about running their own small businesses. On Friday 4 September, the Commerce Market Day Stalls opened.

The students formed groups of four to five and each group developed a product to sell. They have been busy studying the theory behind running a small business and then applied knowledge they have learnt on Market Day.

In the week leading up to Market Day advertisements were placed around the school which were created by the students in the commerce classes. The students used their knowledge of marketing to design promotional material which included using software to create their own business logo.

The Market Day is great way to teach students about business systems. The stalls aim to be both a fun and an educational experience but would not be possible without the support of our parents, students and staff. The day was a huge success as Year 9 Commerce sold their pizzas, lollies, fruit kebabs, soft drink, snow cones, hamburgers, sausage burgers, muffins and cakes to the hungry but appreciative Mount View High School community.

8T's Visit to The Hunter Valley Zoo.

Earlier in this year 8T had to research a threatened species and plan a campaign of awareness. They chose the Tassie Devil and at the same time they decided to do some fund-raising for the cause. The money that they raised was donated to the Hunter Valley Zoo. As a result the Zoo invited the class and their teacher to visit and learn more about the animals there, particularly the Tasmanian Devil.

The class spent a wonderful afternoon with the animals and their keepers, getting 'up close and personal'.

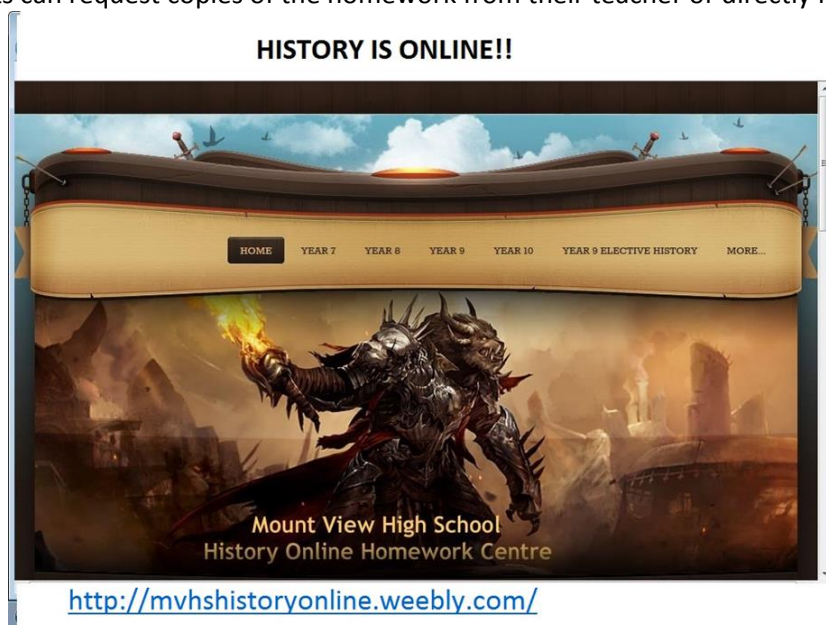




Junior Homework

I would like to again remind parents and students that all junior history homework is online. The site can be found at <http://mvshistoryonline.weebly.com/>

It is an expectation that students access the site and complete the homework every two weeks and present it to their teachers for marking. We are aware that there are students who will have various reasons for not being able to use the website and these students can request copies of the homework from their teacher or directly from me.



CAPA – STATE OF THE ARTS



Larayne Jeffery – Head Teacher

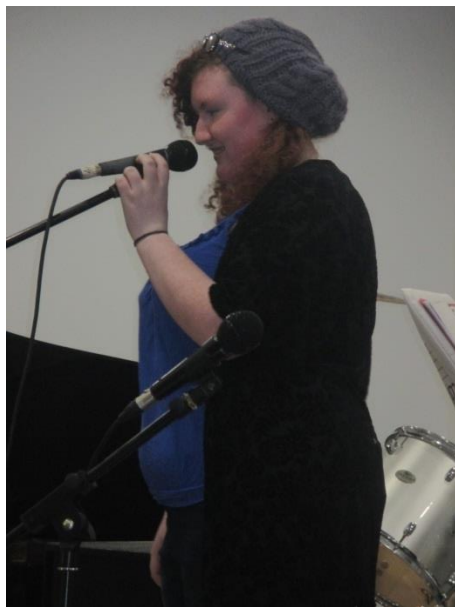
CAPA Graduation

Last week Year 12 Visual Art and Music students showcased their work for family and friends at the annual Creative And Performing Arts Graduation Concert and Exhibition.

After viewing the exhibition of Visual Art students Body of Work in the Music Foyer, guests were invited to partake of canapes in the LEAP alfresco under the patio heaters. Year 12 Music students then

performed one piece from their HSC program to a captivated audience.

Year 12 Music students will complete their Performance Exam on Tuesday 8th September. They are well prepared and very professional in their approach. We wish them well.



CAPA Graduation Catalogue

Art - Ms J Willis and Ms E Alder

Congratulations to the Graduating Class of 2015.

Movie afternoons, road trips to Newcastle and the ever present snackfoods have been a feature of our classes together. All students have found a voice through their artmaking, some louder than others, but each expressing their interests in or concerns with the world around them.

Live, Love, Life and Art...there should always be art.



Away

painting

Codie Broadfoot

Leaving School, Leaving home, just being away causes different feelings for everyone.

The flapping of some wings and the floating feather left behind, as they fly....away.



~ 4 ~



Humanity is what we live for

Drawing

Sarah Gallen

The artwork represents society destroying life. Influenced by my beliefs about evolution, I used the main focus of apes to create a message that we are not just killing the environment but we are possibly killing ourselves in the process along with a valuable relationship.



~ 5 ~



Automaton

Painting

Jack Hamson

Joan Miro and Paul Klee inspired randomness. I have tried to be completely absentminded in the making of my work which is actually really hard to do.



~ 6 ~



Fear / Hope

Painting

Ryan Howells

My body of work offers a kind of visual history book over the traditional boring text book. I chose two famous world/political leaders, and the concept was to show the audience key points of that leaders' career or life, what they've accomplished and what they'll be famously or infamously remembered for. I ultimately chose a leader that led by fear, and a leader that leads by hope.

The artworks consist of a collaboration of collaging paper and polymer images and icons and wax.



~ 7 ~



Because you said so

Painting

Kody Hutchinson

My artworks show the effect that both words and people have on one another. The symbols in my work are heavily influenced by my upbringing. These works show feelings such as loneliness, desperation, heartbreak and anger. Even the materials carry their own symbolism; the wax forming a barrier, detachment. The text whether carved into the surface or



~ 8 ~



trapped beneath demonstrates feelings of deception or wrath.

'Anxiety + Madness x Depression =

Genius'

Sculpture/Painting



Maddy Lantry

If Vincent Van Gogh had found Salvador Dali and Frida Kahlo maybe they would have gotten along, maybe they wouldn't have. Either way it would have been nice to see and they would certainly have understood each other.

This work pays homage to the 'insane genius' that lurks in all creative people.



~ 9 ~



'Making The Impermanent,
Permanent'

Sculpture

Clair O'Brien

This artwork is a reflection of my life and growing up. It is an exploration of the memories and experiences that have helped shape who I am today. It allows me to look back on myself as a baby and see things I do not remember. The figure forming into a tree is a surrealistic representation of the ageing of trees and the family tree. The box is a symbol of a head holding in memories and experiences."



~ 10 ~



'Weeping Wasteland: My Place
Among the Ashes'

Painting

Michael Phillips

"Beyond the forgotten shores of baleful unrelenting torture the sky has shattered, pouring it's tears into oblivion and wishing away its unending paradox, as it crumbles into exile, piece by piece."

- George Fisher

My body of work displays the similarities between the death of humans and animals. The deer skull on a human body signifies the message that there is common ground between humans and animals, that in a sense they are the same when organisms die the end up in the same place as each other: the earth.



~ 11 ~



'Me and the boys'

Photomedia

Sonny Stevens

How cool would it be to actually meet these guys and hang out? My work is obviously inspired by Rothko, De Kooning and Pollock. I like abstract expressionism and making mess with paint.



~ 12 ~



Creature Feature

Film

Meighan Winchester

The conceptual basis of my work revolves around voyeuristic emotion and automatic response. We watch an audience watch a monster-movie festival including three short films. In the audience is a ghostly stranger linking the contemporary genre films to the old classics.

Since the 50's people have had a strange fascination with monsters such as Frankenstein's monster, vampires and zombies. The three short films are 21st Century retellings of these classic tales with story twists and gender role reversals. The ghostly character appears confused by and trapped within the modern context.



~ 13 ~

Music - Ms L Jeffery

Congratulations to you all on your success so far. You are a truly talented group of people who are awesome performers with a musical gift. Please take this forward to whatever new venture you follow in your life.

Vocals

Maddy Lantry

Madeleine has been singing solo since Year 11 has vocal tuition with Melanie Rees our peripatetic teacher at Mount View. Madeleine has been involved with the Hunter Singers since year 3 and has



toured with them in the USA for the Choir Games.

Madeleine recently performed in Showcase and is presenting 3 performances and a viva voce for her HSC. Tonight she will present a song called 'Just a Boy' accompanied by Mr Drew Daniels, Mr Cameron Daniels, Mr Ross Levick and ex-student Bryce Parker on drums.

~ 15 ~

Vocals

Cassie Oakley

Cassie has been singing since she was 9, and currently has vocal tuition with Melanie Rees our peripatetic teacher at Mount View.



Cassie has been a dedicated member of school vocal groups and has performed in many school musicals, functions and community events. Cassie is presenting 4 performance pieces for her HSC and tonight she will present a song called 'Brother' representing her study of Popular Music.

~ 16 ~

Luke Olsen

Luke has been playing guitar since Year 8. Exploring a range of styles, Luke enjoys blues, jazz and heavy metal. Luke is presenting 3 performances and a viva voce for his HSC and tonight he will be playing Redhouse by Jimmy Hendrix accompanied by Mr Daniels, Mr Levick, Bryce Parker and Alan Tull.



~ 17 ~

Michael Phillips

Michael has been learning guitar for many years and is currently studying under the tutelage of Mr Tristan Bradley, a peripatetic teacher at Mount View. Michael's musical style draws from a



~ 18 ~

number of genres before landing back on his love of the acoustic and classical guitar. Michael hopes to pursue his performance career through tertiary study at the Conservatorium.

Tonight he will present a Red Hot Chilli Peppers song called 'Can't Stop' accompanied by his teacher and Mr Daniels. This piece represents his study of Music for Small Ensembles.

Alan Tull

Alan has been singing since he was a small boy and first started performing publicly when he was 7 years old. Alan is completely self-taught with guidance from his mother. Alan has performed in many school events including six consecutive musicals and a wide variety of concerts and community functions.



~ 19 ~

Alan performs in a wide range of genres and particularly enjoys blues, country and soul. Tonight he will present 'Like I'm Gonna Lose You' by Meghan Trainor which is representative of his study of Popular Music.

Meighan Winchester

Meighan has been singing since she was very young and is completely self-taught. She has performed in many school musicals and concerts.

Meighan enjoys listening and performing from a wide range of genres and particularly enjoys the music of Amy Winehouse. Tonight she will present a song from her study of Music for Small Ensembles called 'Rehab'.



~ 20 ~

New Arrival



Another exciting addition to the LEAP centre includes our staging and a beautiful grand piano seen pictured here and played by a famous visiting musician, our illustrious General Assistant Mr Frank McLachlan. This means that students who major in piano for their HSC will no longer have to travel to another venue to be examined in the HSC. The piano was funded by the profits from our school musicals and MADD nights over the past few years.

Guitar Exams

Congratulations to the following Year 9 students who successfully completed their examinations in Guitar through the Australian Music Examinations Board.

Marnie Bullen	Preliminary
Lachlan Burns	2nd grade
Ryan Forrest	5th grade
James Winchester	3rd grade

TAS FACULTY



Andrew Newman – Rlg Head Teacher

What a month!! Make over time. Our hall way was looking a little bland so we have decided to do a hall of fame !!

We called in the specialists: the boys maintenance group. This group consists of Year 9 boys who work every Thursday morning learning invaluable skills taught by the master trades men Mr Newman and Mr Grove.

Very soon our hall way will be up in lights with thousands of photos of students and their work.





F1 in Schools (STEM Program) – by Mark Bassett F1 in Schools Coordinator

The REA F1 in Schools Program is running again this year with 6 teams representing Mount View High School in the Hunter Valley Regional Finals at the Newcastle University on Thursday 3rd September. This program allows students to design, analyse, collaborate, make, test and race a miniature formula one racing car down a 20m track in one second, using world class 3D CAD technology and machined using CNC milling machines. Students are involved in the whole design process including marketing and promotion of their racing team and their car. Teams have sought sponsorship from the local community to pay for printing of large posters, spray paint and other consumables used in this STEM (Science Technology Engineering Mathematics) program.

Students representing our school include:

Infinity Racing

Matthew Griffin - Team Manager
 Alex Kemp - Resource Manager
 Ainsley Flett - Manufacturing Engineer
 Wylie Neville - Design Engineer
 Brianna Stothard - Graphics Designer

Revolution Racing

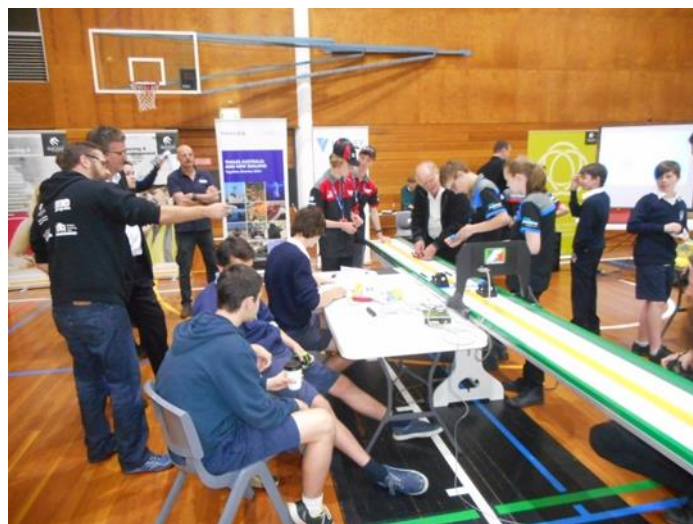
Liam Whiteley - Team Manager
 Jack Stephenson - Portfolio Designer
 Connor Minchinton - Resource Manager
 Daniel Lambkin - Graphics Designer
 Luca Hawkins - Design Engineer

Cadet Class teams

Cooper Broadbent - Phoenix Racing
 Nicholas Whiteley - Sudden Impact Racing
 James Collins - Relentless Racing
 Darcy Butters - Comet Racing

Mount View's F1 in Schools racing teams have finished the huge task of designing and making their miniature F1 racing cars according to the 2015 national rule book, created a racing portfolio and pit display, written an 8 minute speech and PowerPoint presentation and have obtained sponsorship from companies in our local community to help fund them in this exciting global program.

Congratulations to the Revolution Racing team who won the Hunter Valley Championships at the Newcastle Uni. Our Cadet Class members did very well with Nicholas Whiteley winning the division and James Collins winning Best Engineered Car in the Cadet Class division. Infinity Racing did themselves proud coming very close to Revolution Racing and Cooper Broadbent & Darcy Butters set a very high standard in their division. Please congratulate our students on doing our school proud winning 2 out of the 3 awards and representing themselves and our school in a mature and well-behaved manner.





Revolution Racing Winners



Revolution Racing Pit Stop



Revolution Racing Car



Infinity Pit Display



Cadet Class Students



Cadet Class Cars



Matthew Griffin – Infinity Racing

Thank you to all of the teachers that have let these students out class during the last week while they had to finish their racing cars, pit displays, marketing materials, posters, portfolios, uniforms, verbal presentations & speeches and get all of the required resources ready for the Hunter Region F1 in Schools championships - F1 in Schools is the world's largest STEM program and Mount View High has been the most consistent and one of the best schools in NSW to participate in this challenging program.

We would like to thank our local sponsors for helping our students, especially a new major sponsor, Cessnock City Motor Group, who have been the best support for our Infinity Racing team (Pro Senior category) that the school has ever seen, by arranging a visit to the V8 Supercars on Friday 21st August and providing a transport vehicle (a brand new Hyundai Santa Fe SUV) for the team to get to the races. At the race track we had special lanyards provided by Nathan Clark (from Clark Motor Sport Safety – Nathan is an ex-student from 2003) which gave us entry to all parts of the race event and had a special meeting with the Melbourne Performance Centre and their Audi R8 LMS Ultra race car (thanks Nathan Antunes & Rick).



**Jamie Grove – Rlg Head Teacher****Resuscitation**

Throughout Term 2 all Year 10 students complete a Resuscitation unit of work as part of their PDHPE curriculum. This gives the students a level of training that allows them to be better prepared in a range of emergency situations. Through the Royal Lifesaving Society of Australia all students are given the opportunity to complete their Resuscitation certificate. This is a great opportunity to include a qualification on their Curriculum Vitae. To qualify, the students needed to achieve 80% in both their

theory and practical assessments. The PDHPE faculty would like to extend congratulations to the 60 students who achieved their Resuscitation certificates in 2015.

Crossroads

Crossroads is a mandatory 25 hour course as part of the PDHPE curriculum. Crossroads is a course that has a focus on Sexual Health and Drug Education. Students in Year 11 are given two options to meet the requirements for Crossroads. They can attend an Outdoor Recreation camp at Morisset where they attend two, two hour lectures and then relate all the activities to the content or they complete a 25 hour course at school during the three days the camp runs. This year the camp will run on Monday, Tuesday and Wednesday of Week 10 of Term 3. Students are encouraged to return their permission notes and medical information. Good luck to all the attendees.

MVHS Fit Club

The MVHS Fit Club continues to give opportunities to students to increase their activity levels and live a healthier life. A couple of timetable changes will occur from Monday 7th September 2015. Gym Club will move back to Tuesday and Wednesday at lunchtime and Circuit Training will be Thursday at lunchtime. The MVHS Fit Club is excited with the allocation of \$60,000 to improve the Gym area. Plans have started, will improve the students' opportunities to participate in fitness activities. A big congratulations is extended to Dayanidhi Torrisi who won the big beep in Week 6 and is crowned the fittest person at MVHS with a score of 13.1. A challenge goes out to all students to try and beat that in 2016.

STUDENT WELLBEING**Julie Myers – Head Teacher Wellbeing**
Yrs 7/9/11**Steve Quigley – Head Teacher Wellbeing**
Yrs 8/10/12**Year 7 Immunisations**

Year 7 students who started the immunisation program provided by Hunter Area Health will complete the program on Monday 14th September here at school. Hunter Health continues to provide a wonderful service to our students with free vaccinations. This is the last clinic day for the year, therefore if your child is away on this day you will receive a letter from Hunter Health about making contact with your local doctor to organise a catch up vaccination.

Homework Centre

Many students have made use of the homework centre operating every Monday afternoon between 3pm and 5pm in the school library. If your child is behind in assignments or needs any extra support from teachers, please encourage attendance. In addition to the Monday afternoon, a further support has been offered to students with free Maths tutoring on Wednesday afternoons between 3pm and 5pm. The Wednesday session can also be used as a catch up on any subject. This program will continue in Term 4.

Year 11 Study Skills – Purpose, Passion, Potential

Year 11 students will begin their HSC studies in Term 4 of this year. Planning is now underway to engage our senior students in a variety of activities to support them on their journey. Students have been asked to identify key areas where

support is needed. This includes time management, organisation, study skills, health, sleep & diet, juggling a part time job and school, and stress management techniques.

If any of our parents would like to learn about any of these topics to support their young person through the HSC, please make contact with the Wellbeing team.

Cyber safety

Across any given day staff regularly discuss issues relating to cyber safety for our young people. We encourage parents to do the same and promote open dialogue regarding cyber bullying, sexting, social media and online predators, inappropriate games for their age group and digital footprint. We encourage students to keep themselves safe and make sure they talk to an adult if they have any concerns.




Inspirit Girls' Program

The Inspirit girls' program includes ten sessions on topics such as stress and anger management, cooking for others, healthy living, relationships, conflict resolution, personal boundaries and bullying. They give participants the chance to develop self-awareness and a supportive network while also just having fun. Those involved learn important life skills and have the opportunity to discuss relevant issues in a non-confronting environment.

"I just wanted to say what a great job the girls did yesterday in the cooking session. While it's usually the favourite session for participants, it can be pretty hectic to run, but they made it a real, stress-free pleasure – even cleaning up as they went without me saying anything" *Trudy Adams, Kurri Youth Centre Co-ordinator*

**NATIONAL SELF-DETECTION PROGRAM
FOR SCOLIOSIS**



Scoliosis is a lateral or sideways curve of the spine.
The spine also rotates on its long axis as it curves.
It usually develops during early adolescence (age 10-13 years) when growth is most rapid.

HOW DO YOU DETECT SCOLIOSIS?
Simply look for it! It only takes 30 seconds.

A Self Detection brochure has been given out to all schoolgirls in Years 7 and 9 with information for their parents. If after reading this brochure you think your child may have this condition, please consult your family doctor.

Each Year 7 and Year 9 girl will receive this week a brochure about early detection of scoliosis to take home.

Open Up Communication With Your Teenager

Developmentally, teenagers are facing physical, mental and emotional changes. In a few years' time, they will be leaving the nest and it is during their teenage years where they begin to separate from their parents. As adolescents mature, they experience:

- an increased need for independence
- a desire for more privacy
- a greater interest (obsession) in their peers
- a need to try on different identities
- huge physiological changes

As parents, these changes can be difficult to sit back and watch. With emotions running high (on both sides), how do we get them to talk to us or even get them to respond?

- **Be a good listener.** Listen twice as much as you speak. You have two ears and one mouth for a reason. Anything your teenager is willing to talk about, stop and listen nonjudgmentally.

- **Respect privacy.** If they see you understand their need for privacy they may be more willing to share aspects of their lives with you.
- **Give them increasing independence.** Trust in your parenting skills, they have got your child this far! Show this trust to your children. When they feel trusted in their judgements they will come to you when they need you.
- **Try leading questions.** "What happened in sport today?", "What did you do during lunch?" Rather than general questions "How was school?" (It may even help if you know in advance what subjects or activities they had on that day).
- **Focus on the positives.** New research into *Neuroplasticity* indicates that by encouraging more positive questioning it also helps teenagers to develop stronger neural connections between positive events and their ability to remember the event. "What went well today?", "What was different about today?"

You can contact your Mount View High Schools Counsellors on: 49902566

Lincoln Comans: Mondays/Fridays:

Zea Buckley: Tuesdays/Wednesdays/Even Week Thursdays

Some useful websites for carers of teenagers:


<http://headspace.org.au/family/how-can-i-help/>

http://raisingchildren.net.au/talking_to_teens/talking_to_teens_landing.html

**Finding life as a parent or young person hard?
Want to know more about how to talk to each other regarding tough times?**

You are invited to the second Mental Health Information evening focusing specifically on the topics of non-suicidal self injury (self harm). Our presentations and panel discussion will aim to help young people, parents and families learn more about:






- ⇒ mental health & mental illness
- ⇒ how to talk about it
- ⇒ where to access support



16 SEPTEMBER 2015, 6-8pm COST: FREE
HEADSPACE MAITLAND, 73 ELGIN STREET MAITLAND

Our guests for the evening who will be part of an informal panel discussion include representatives from: Hunter Valley Child & Adolescent Mental Health, Youth Mental Health Project, headspace Maitland staff & Youth Reference Group, and Department of Education.

RSVP/for more information contact Katie Brown at Maitland High School on (02) 4933 7933 or text 0427 032 908 by September 9th, places are limited so get in early!

SENIOR LEADERS & SRC



Karen Blandon – Co-ordinator

NSW Parkinson's Unity Walk - Sunday 30th August 2015

Mount View High School once again participated in the Annual Parkinson's Unity Walk at Sydney Olympic Park in Sydney last weekend. Thirty two students, Leos, teachers and parents walked in honour of our former Principal Phil Papworth and for the Coalfields Support Group. Phil and his lovely wife were at the school at 7.30am to wave us off and generously supplied our students with chocolates, drinks and chips for the day.

The beautiful weather made it a perfect day along with the outstanding behaviour of our students and they raised \$890 which was handed over to NSW Parkinson's Disease.

Many thanks goes to Ms Bell and Mrs Bullen for helping with supervision and to Rovers Coaches for their generous donation of the coach and a driver for the day.



MUNA Presentation

Two of our students have been presented with beautiful crystal trophies by Cessnock Rotary. Cameron Abbott (Year 10) and Marnie Bullen (Year 9) were given these prestigious trophies from the director of MUNA – Model United Nations Assembly at a special dinner with Cessnock Rotary Club. Marnie was a guest speaker and thanked Cessnock Rotary for sponsoring Mount View High at the MUNA Assembly in May 2015.



ROLL UP YOUR SLEEVES AND GIVE BLOOD


Mobile Blood Service visiting:

Mount View High School
106 Mount View Road

Wednesday 9 September 9.30am – 3.00pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized breakfast or lunch
Please bring photo I.D. with you

To make an appointment call 13 14 95
or visit donateblood.com.au

 **Australian Red Cross BLOOD SERVICE**

Team Colours Day

Wednesday 9th September 2015, will be Team Colours Day. It will be an out of uniform day and students will be able to give a gold coin donation and wear their team colours, eg. favourite football team, basketball team etc. There will be pizza, drinks cupcakes and tropical snow cones sold on the day to fundraise for Red Cross.

The Red Cross Blood Bank will also be at the school and many staff and students will be giving blood to help such a worthwhile cause. If you would like to donate blood please phone the school to make an appointment.

Sport Presentation 2015



On Wednesday 7th October 2015, in the School Hall we will hold our annual Sport Presentation. It will commence at **9.10am**. Parents and friends are encouraged to attend.

The Presentation is designed to recognise the outstanding sporting achievements of students at Mount View High School. Students are asked to be in **full school uniform including black shoes**.

The following is a preliminary list of students who will be receiving awards.

Abby Baker	Ryan Forrest	Riley Moore
Moa Alovili	Sarah Gallen	Amy Murnane
Chloe Bain	Connor Garred	Nikki Murnane
Jacob Batt	Connor Garrington	Sophie O'Brien
Brock Beveridge	Isabella Garvie	Joshua Pateman
Kirsten Boesen	Chelsea Hamid	Vincent Plater
Jesse Brown	Mikayla Harcourt	Marnie Richardson
Matilda Brown	Zoe Hartley	Jack Robinson
Tahlia Brydon	Luca Hawkins	Mikayla Robinson
Marnie Bullen	Tahlia Henwood	Kaitlin Roe
Kye Burgess	Nicholas Hurn	Daniel Russell
Erin Burns	Darren Iliffe	Joseph Smith
Len Cartwright	Katie Jeffery	Natalya Snelgrove
Mal Colbran	Jay Johnson	Jack Stephenson
Clayton Colgan	Kristofer Josephs	Sophie Stephenson
Shelby Craig	Bianca Jurd	Ben Stevens
James Crouch	Alex Kemp	Dayanidhi Torrisi
Zanthia Crump	Patrick Kermode	Cody Townsend
Eliza Culley	Kai Laybutt	Alan Tull
Erin Daniel	Kurt Lomas	Michael Walters
Jacob Ellis	Fanogo Maher	Jacinta White
Jayde Ellis	Ethan McNamara	Jessica York

COMMUNITY NOTICES

Helping learner drivers become safer drivers

FREE workshops for parents and supervising drivers

To provide practical advice about:

- Current laws for L and P licence holders.
- Supervising learner drivers.
- Completing the Learner driver log book.
- The benefits of supervised on-road driving experience.
- Low risk driving.

The next workshop in your area will be held:

Time and date: 10 September 2015 6.00PM - 8.00PM	Venue: Cessnock Performing Arts Centre	Book now on: 4993 4220
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WOULD YOU LIKE TO HOST AN OVERSEAS STUDENT?

Experience another culture, make new friends and improve your language studies at home

Hosting – An Experience for Life

Student Exchange is looking for host families across Australia to welcome overseas students into their home



student exchange
AUSTRALIA NEW ZEALAND

www.studentexchange.org.au
1300 135 331 (cost of local call)



NORTHERN NSW FUTSAL

Now registering Players/Teams for our Maitland and Cessnock Centre's

Cessnock—Cessnock PCYC, Short St Cessnock

WHAT IS FUTSAL?

Futsal is a format of five-a-side football (soccer) that is played extensively throughout the world. It is played on a court approximately the size of a basketball or netball court with a ball which is smaller and heavier than the outdoor football and has a reduced bounce.

The type of ball used forces a player to use their skill rather than the ball's bounce to propel it. As a small sided game, players are constantly placed in situations where they must receive or play whilst under pressure or in confined spaces.

Playing Futsal allows you to touch the ball nearly twelve times more than playing football. The game places considerable demand on technique, movement, tactical awareness and fitness. Futsal is a great skill developer, demanding quick reflexes, fast thinking, and pinpoint passing. The speed of play is such that you are forced to make quicker technical and tactical decisions.

Player Rego is \$55 per player and is valid for 12 months, This includes a full playing strip—Shirt, shorts and socks, which you get to keep.

Register Online, or attend one of our rego nights,

CESSNOCK

Cessnock PCYC—Short St, Cessnock

Tuesday 8th Sept, 6:00—7:30pm

More info? registration info available on www.maitlandfutsal.com

or call 0400 279 711

Make a Lantern

WHAT:

Free workshop—make a lantern and join us for this year's lantern parade to the Spring Awakening Festival on Friday September 11.

WHEN: 4.00 pm

Monday September 7, Cessnock Library

Tuesday September 8, Kurri Kurri Library

This event is free, but places are limited, so booking is essential—call into either library or give us a ring on 49934399 at Cessnock Library



Cessnock Library

65-67 Vincent Street
CESSNOCK 2325
Phone: 4993 4399
library@cessnock.nsw.gov.au



Kurri Kurri Library

253 Lang Street
KURRI KURRI 2327
Phone: 4937 1638
Karen.bruce@cessnock.nsw.gov.au



CESSNOCK LITTLE ATHLETICS FAMILY, FUN, FITNESS

- AFFORDABLE - ONE OFF ANNUAL REGISTRATION, NO WEEKLY FEES
- ATHLETICS IS RUN EVERY FRIDAY NIGHT SEPTEMBER THROUGH MARCH
- ALL AGES 3 - 73
- FANTASTIC WAY TO MEET NEW FRIENDS
- PARENTS ENCOURAGED TO BE INVOLVED
- OPPORTUNITY TO COMPETE AT ZONE, REGIONAL AND STATE
- VARIETY OF EVENTS EACH WEEK, 2 TRACK AND 2 FIELD
- FRIENDLY ADVICE FROM COACHES AND PARENTS

2015 /2016 REGISTRATION

(BIRTH CERTIFICATE REQUIRED FOR NEW MEMBERS)

FRIDAY 4TH SEPTEMBER 5.00PM – 6.30PM – TURNER PARK

OR BY ARRANGEMENT WITH THE CLUB

ASK ABOUT ATHLETE TRIALS

FAMILY DISCOUNTS AVAILABLE FOR 3 OR MORE ATHLETES

NO REGISTRATIONS WILL BE TAKEN ON CLUB NIGHTS AFTER 6.00PM

SEASON STARTS FRIDAY 11TH SEPTEMBER

REGISTRATION OPTIONS:

1. REGISTER AND PAY AT REGISTRATIONS DAYS AS ABOVE (CASH ONLY)
2. REGISTER ONLINE WWW.LANSW.COM.AU
3. REGISTER AND PAY ONLINE

YOU MUST BRING PRINTED PROOF OF REGISTRATION AND/OR PAYMENT TO REGISTRATION NIGHTS TO BE ISSUED WITH CLUB AGE PATCHES AND ATHLETE REGISTRATION NUMBERS

FOR ENQUIRIES PLEASE CONTACT :
RENAE BECKETT 0412 450 489
KAREN KING 0417 479 638
TABATHA PARKINSON 0427 530 609



SPRING HOLIDAY CAMPS DON'T MISS OUT

- ✓ New friendships
- ✓ Great value
- ✓ Fun
- ✓ Safe

Our popular Spring Kids' and Family Holiday Camps are filling fast. Find out what's on including our popular Cooking 4 Kids, Adventurer, Kids' Club and Duke of Edinburgh camps plus lots more.

Led by qualified instructors, you can rest easy knowing your kids are in safe hands. Our Kids' Camps are suitable for kids aged 7 and over and range from 1 to 5 days.



Residential Kids' Camps include:

- 24 hour supervision
- Instructor led activities
- Accommodation
- Meals
- Supervised transport

Family Camps include:

- Instructor led activities
- Meals
- Accommodation
- Use of all facilities i.e. BBQ area, pool, tennis courts etc.

sportandrecreation.nsw.gov.au/familycamps
sportandrecreation.nsw.gov.au/kidscamps
fb.com/nswsportandrecreation 13 13 02



Office of Sport
Sport & Recreation



HUNTER DENTAL GROUP
CESSNOCK, GREENHILLS & DUNGOG DENTAL
4990 1279 • 4934 7877 • 4992 3366

Child Dental Benefits Schedule

An Australian Government Dental Scheme

YES WE BULK BILL!!

Families that receive Family Tax Benefit Part A or other eligible government payments can receive **\$1000** basic dental treatment for children aged 2-17 years.

For eligibility phone Medicare 132 011
For appointments call us today!



Experience The Magic Of Hosting WEP

"In July our exchange student, Toon, joined our family. And when I say joined he literally did that. He has become my teenage son. Our experience as a family has been amazing and unforgettable."

Toon is leaving this week and I feel like my son is grown up and leaving home. There is nothing negative that I can say about our time with Toon. Toon has been through all sorts of things with our family. Through good times, like the birth of our new daughter, and not so good times (but nothing bad).

I would like to say my respects to Toon's parents. They have done a wonderful job raising such a courteous, well-mannered, well-balanced son. We have so many fantastic stories from this exchange experience. We have enjoyed it so much that we are hosting again next July. We will have a friend for life and will never forget Toon.

Thank you WEP for the chance to meet Toon. It wouldn't have been possible without the WEP team. Only a quick few words to show my appreciation in meeting Toon and to WEP.

Enrich your home with a curious exchange student in July 2015

Request student profiles now to find out more!
www.wep.org.au 1300 884 733 info@wep.org.au



FREE Mattress Drop-Off

Drop off your old mattresses and ensembles FREE of charge for re-use and recycling

- Saturday 19 September 2015 • 8 am to 12 noon
- Hunter TAFE Cessnock Campus, Darwin St Cessnock

Conditions apply: Cessnock City Council residents only - proof required
• Five mattresses or bases accepted per household • No pedestrian access - vehicles only




For more information call 4993 4300 or visit www.cessnock.nsw.gov.au/mattress

This project is a NSW EPA Waste Less, Recycle More initiative funded from the waste levy