The View

Mount View High School's Newsletter

"Delivering excellence, innovation and success"

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SEPTEMBER 2013

2013 EVENT CALENDER

Issue 7

Mon 9 th Sep to	· Year 11 Exams all week
Fri 13 th Sep	
Wed 11 th Sep	 Schoolboys 7's U16's Rugby League
	Gala Day at University Oval Callaghan
	 P&C meeting 6.30pm in common room
Thur 12 th Sep	 Primary Middle Schools Program
	Presentation 2pm in school library
Wed 11 th to	 Cultural Camp at Wollombi for
Fri 13 th Sep	Indigenous Students
Fri 13 th Sep	· Yr7 Gala Day at Maitland Park
Mon 16 th to	 Yr11 Crossroads Camp at Outdoor
Wed 18 th Sep	Education Morisset
Tue 17 th Sep	· Yr7 Hunter Valley Zoo Excursion
Thur 18 th Sep	 Yr12 Slave Day & graduation practice
Fri 20 th Sep	 Yr12 Graduation 9.30am in MPC
Fri 20 th Sep Tue 8 th Oct	· Last day of Term 3
Tue 8 th Oct	· First day of Term 4
Wed 9 th Oct	 Sports Presentation 9.10am in MPC
	 REA State Finals at Uni of Western Sydney
	 P&C meeting 6.30pm in common room
Thur 10 th Oct	 REA State Finals at Uni of Western Sydney
Mon 14 th Oct	 Inr AECG meeting at MVHS 1.30pm
Wed 16 th Oct	 AECG Awards Evening 3.30pm in MPC
Fri 18 th Oct	 Yr8 & Yr10 Principals Assembly in MPC
Mon 21 st Oct	 Yr10 Project 10 Formal Interviews
	 AECG meeting at MVHS 4pm in
·	common room
Tue 22 nd Oct	· Yr10 Project 10 Formal Interviews
Wed 23 rd Oct	· Yr10 Project 10 Formal Interviews
Tue 29 th Oct	· Yr7, Yr9 & Yr11 Principals Assembly in MPC

FACULTY LEADERS

English Philip Jenkins Maths Andrew Gill Science Rlg Natalie Death Social Science Bruce Deer History Lynne Davies CAPA Larayne Jeffery PD/H/PE Sue Ford TAS Grahame Chamberlain Welfare Julie Myers Administration Rlg Liz Alder Teaching/Learn Leanne Triggs

YEAR ADVISORS

Year 7Rebecca BartlettYear 9Sharon CurranYear 11Nathan Russell

Year 8 Angela RoughanYear 10 Christine BellYear 12 Daniel Matzen

PRINCIPAL'S MESSAGE



Ms Desley Pfeffer

Welcome to our last newsletter for Term 3. It is hard to believe that another term has flown by and that shortly we will be farewelling our Year 12 students as they head into

the HSC examination period. In doing so I would like to say how proud I am of these students – they are continuing to work diligently towards the examinations and to plan for a wonderful future.

I have been most privileged to work with four wonderful young people who have been our School Captains and Vice Captains over the last 12 months. I would like to extend my sincerest thanks to Kasey Williams, Jackson Jeffery, Samantha Hayes and Nathan Blackburn for their support, collegiality and leadership.

In doing so I am now also very excited at working with our incoming School Captains Kelsey Harvey and Jordan O'Brien, and Vice Captains Imogen Tregenza and Murray Thompson. It was an absolute delight to be able to invite my outgoing and incoming captains for lunch at Drayton's Log Press Café at Pokolbin recently and to hear their plans for the future.

This edition of our parent newsletter is filled with stories of the many activities and successes at our school. As the largest educational facility in the Cessnock area it is also a school that is full of opportunities for students – in the classroom, on the sporting field, in developing leadership qualities, and for pausing to support many humanitarian and charitable causes. My staff and I are committed to providing the best possible educational experience for our students and we are extremely fortunate to have wonderful support from our parent and business community.



I have taken the opportunity this week to remind students of how they can assist us to ensure that we have a safe and respectful school. Firstly, I have reminded students that, should they feel unwell at school, they should report to the clinic rather than phoning their parents directly. Our clinic staff are fully trained in first aid and, should your child be too unwell to remain at school, they will contact you immediately to make other arrangements. This process allows us to be aware of your child's whereabouts at all times and to fulfil our duty of care.

Secondly, I have reminded students about items that should not be brought to school. Some are quite obvious cigarettes, lighters, alcohol, illegal substances or anything that can be used as a weapon or to cause harm such as knives, sharp implements etc. However, some items are less obvious and include permanent markers, metal rulers, laser pointers, liquid paper, and chewing gum. Students should also not bring medications, including pain medications such as Panadol etc. If there is a need for a student to have medications at school then please contact our Head Teacher Welfare, Mrs Myers, or our clinic staff who can explain the correct procedures to follow so that medications can be administered safely. I have also explained to students that aerosols should not be brought to school and have suggested to them that, if they wish to have deodorant, then roll-ons or gel/stick deodorants should be purchased. Many of our students and some staff unfortunately suffer from chronic asthma and, when students are spraying aerosol deodorants we run the risk of causing severe asthmatic reactions.

I wish you all and very safe and enjoyable holiday. School resumes for all students on Tuesday 8 October.

P & C NEWS

At the last P&C meeting, Mr Peter Mitchell delivered an insight into the school's revised Anti-Bullying Plan and the revised Student Welfare Policy.

The P&C have been asked to review the documents and advise of any areas of concern. The P&C will be looking to endorse the documents at our next meeting. Julie Myers also gave us an insight into the cyber safety awareness program she is running with the students. This is a very worthwhile program. If any parents are interested in more information they should log onto www.cybersmart.gov.au

A decision on the extension of the existing music learning area will be held over till the next P&C meeting, as we are still waiting on one more quote.

The next P&C meeting will be held on Wednesday 11th September 2013 commencing at 6:30pm in the Common Room. All parents are welcome to attend.

DEPUTY'S REPORT

Mr Peter Conroy - Yrs 7/9/11

Subject Selections and Class Placements

For Year 7 students going into Year 8, class placements will be influenced by results obtained throughout the year and in particular, the second semester. It is important that students make a genuine effort to achieve at their potential in all tasks between now and the end of the year.

For Year 9 students going into Year 10, an opportunity to change electives will be made available to students towards the end of the year. This will not be a restructure of the electives. Any changes will be dependent on the student showing diligence in their current subject and space being available in the new subject. It would be anticipated that students would only be allowed to change one subject and would have passed the subject that they are leaving.

Laptop Update

Thank you to students and parents who have been patient with concerns raised about laptops. The school is currently working through a number of requests to have laptops fixed. I would remind you however, of the charter which places an onus on the students to ensure that the laptop remains in good working condition. I accept that accidents happen but this does not automatically make it someone else's responsibility to pay.

For Year 11 students going into Year 12, students will be able to drop subjects, however they must still have ten units, after the second week of Term 4. By this time students will have been made aware of any "N" determinations and their end of year results will have crystallised ideas about the prospects of success in various subjects. For Year 12 students returning to complete a pathways pattern of study, it is imperative that they speak to Mr Conroy as soon as possible. Their names will not automatically be included in the new class lists and subject options change each year so time is required to ensure correct placement.

Homework Centre

We have been advertising the Homework Centre throughout the year. It is now becoming very popular. As we approach the end of year exam period could I strongly encourage students to use this facility. Parents are reminded that the centre is in the library, it is open each Monday from 3.00pm to 5.00pm, with parents welcome to attend as well; also you are welcome to bring primary age students who may like to do their work using our facilities or get help from the teachers.

Aboriginal Education

My thanks are extended to Mrs Sandra Sullivan for developing an Aboriginal news section of the newsletter. I won't steal her thunder but will mention a couple of things briefly. Firstly at the Close The Gap League game at Hunter Stadium, our students walked around the field at Half Time in the Knights v Storm match. They were proud members of their culture and of the school and are to be congratulated on their involvement.

Secondly, upcoming meetings; the next AECG meeting will be held at 4.00pm at Mount View HS on Monday 21st October; the next JAECG meeting will be held on Monday 14th October at 1.30pm in the Ag Room, the Pathway Awards Ceremony will be held at MVHS on Wednesday 16th October at 3.30pm. You are most welcome to attend these events.

DEPUTY'S REPORT

Ms Julie Smith - Yrs 8/10/12

Year 8

Elective subject selections for 2014 have been completed for our current Year 8 students. We were very pleased with the computer matching to student choices, but unfortunately a few students will need to be interviewed to reselect electives as their initial selections will not run in 2014. We know that students when they enter Year 9 do so with a renewed commitment as they have had a say in the subjects they study.

It is important for all Year 8 students to maintain their work ethic until the end of Term 4, so that they qualify for the Mount View High School Stage 4 Certificate. These will be presented to all Year 8 students who have satisfied learning outcomes at one of the two formal Presentation Assemblies to be held in December. This certificate marks the successful completion of Stage 4 and allows students to enter Year 9 and 10, Stage 5, in 2014.

Year 10

Year 10 students have been involved in their subject selection processes for their senior years of schooling. Round 2 of subject selections is underway as unfortunately, not all subjects selected by students in the initial round were able to be offered. Students who need to select second choices, will be interviewed, so that these choices are informed and thoughtful.

As always we encourage students to plan their 'exit strategy' from Mount View High School. This may be the achievement of their Higher School Certificate and ATAR or the completion of their HSC with a plan to continue study at TAFE as part of an apprenticeship; it may also be completing senior studies until the age of 17, when they will enter the workforce. The most significant success comes from setting a personal goal and working steadily towards this. We encourage students to continue to ask for help and guidance with regards career and pathways aspirations.

Year 10 students who successfully complete their Stage 5 subjects can also look forward to the Stage 5 and Preliminary HSC Presentation Assembly in December. Those students who have outstanding 'N Award Warnings' need to work with their teachers to redeem these warnings, so that course outcomes can be achieved. Any student who is deemed as not satisfying course requirements will be interviewed and will have the consequences explained. These may include the withholding of the Record of School Achievement by the Board of Studies and the Mount View High Stage 5 Certificate by MVHS. These students may be ineligible to begin Senior Studies. The advice is clear – complete all set tasks to the best of your ability, attend regularly and seek assistance when required.

Year 12

Year 12 students are nearing the end of their formal schooling, with their Graduation Assembly set for Friday September 20th. This assembly is a highlight of our school calendar as we celebrate the achievements of all Year 12 students.

Congratulations to all Year 12 students who have submitted practical works and performances for your HSC. It was wonderful to see the results of the talent and hard work of our HSC students! Students are advised to continue working steadily and work with their teachers to complete course work and prepare useful summaries for all sections of their courses. The assessment period has finished, but 50% of the Higher School Certificate is still there for the taking. A regular study program and access to the Board of Studies website as well as practice HSC questions completed for your teachers will all assist in familiarising yourself with the expectations of each examination paper.

Your teachers continue to be proud of the work that you have completed and look forward to working with you to achieve your personal best in the upcoming examinations!

CCGPS



The Cessnock Community of Great Public Schools (CCGPS) has developed an exciting and interactive new website to support our families and the broader community. Learn more about the initiatives in place across our schools, creating strong educational pathways for all our students. Great links to parent support sites and local community services, and information about who we are and what we are doing within your community.

Check out the new website and get involved in your child's future today! **www.ccgps.schools.nsw.edu.au**

ATTENDANCE

Phone Calls Home from Students

Mount View High has a fully functioning Clinic with qualified staff members who are the first point of call for all sick students.

Students <u>are not permitted to phone parents directly</u> to come to school and collect them.

Students will be taken to Clinic with authority from their classroom teacher as the need arises. The Clinic staff will administer aid as required and if the child is too unwell for school they will make contact with the parent.

Knowledge of the student's whereabouts between the hours of 8.30am and 3pm is a legal requirement of the school. Students must sign out of school using the official mechanisms. If they are sick and granted leave during the school day, this must be done through the Clinic.

Students making contact with people during class by mobile phone are in breach of the School's and Department rules and Code of Conduct.

Study Leave Reminder

Senior students have signed a Code of Conduct style contract earlier in the year regarding their use of Study Leave. Study Leave is granted on the basis of responsible behaviour and with the intention of a student leaving the school grounds to access Cessnock Library or other educational resources at home or in the community. Study leave is not to be used for purposes other than legitimate educational reasons.

Students going on study leave should have a minimum of 1.5 hours without timetabled classes during the school day and must "swipe" in and out via the Attendance Office.

Early leave and late arrival to school when a senior has timetabled classes is the same as in Junior years. This means that they have authority in written form from their parents.

Any further information regarding Senior Leave can be gained by contacting the Attendance Office 49902566 ext 1.

HISTORY FACULTY

Without History There Is No Tomorrow! Lynne Davies - Head Teacher History

Gallipoli 2015

On the 21st August 8 students from Years 8 to 10 presented their research on a World War I soldier to a panel which consisted of Ms Lynne Davies, Mrs Julie Smith, Mr Max Lewis, representing Cessnock RSL and Jackson Jeffery, representing the students of Mount View High School.

The students were Dahnley Crossie, Sarah Donn, Matthew Griffin, Sidnee Harris, Luca Hawkins, Zac Maloney, Lucy Neville and Hannah Onion. Each was required to present their findings and answer a series of questions in the hope that they would be chosen to represent the school at the final selection process to decide who would represent the school in Gallipoli 2015. The research was of the highest quality and each student spoke eloquently and passionately about their chosen soldier. It was clear that they had conducted extensive research and many of them spoke about their soldier 'being with them forever.'

The work completed by the 8 young men and women made the decision difficult for the panel who deliberated for most of Wednesday afternoon. Finally a decision was reached with **Hannah Onion** and **Dahnley Crossie** being selected to go on to the final selection level and Sidnee Harris and Matthew Smith being selected as the 2 reserves.

An official announcement was made by Ms Pfeffer at a special morning tea on Friday the 23rd August. All of the students are to be congratulated on their research and the manner in which they have conducted themselves throughout this process. They are all excellent representatives of the school.

Staff Changes

At the beginning of Term 4 the History Faculty will be joined by Mrs Slaney who will replace Ms Redfern. I would like, on behalf of the staff and the students, to express my gratitude to Ms Redfern for her dedication to her classes and the contributions she has made the History Faculty. We will miss her friendship and wish her the best.

Year 8 Aztec Task

Last semester 8T and 8V studied the history of the Aztecs. During the topic, the two classes studied the way that they lived, day to day activities, their diet, and cultural beliefs. With their new found knowledge they all participated in creating various items such as models of chinampas (floating gardens) and huts, artworks showing cultural beliefs, and textbooks containing their knowledge on the topic.

This semester 8I have continued the great creative work and have produced some noble fans.



Model of a Chinampa and a Hut



Textbook on the Aztecs and noble fans



A mosaic of a traditional Aztec mask

CAPA SUCCESS

Face In A Landscape 2013

Well done to the Year 7 Visual Art classes who have worked hard over the last few weeks to create artworks for this year's Face Exhibition held at Maitland Regional Art Gallery.

This year's theme was Face in a Landscape and students surprised us with their creative interpretations of this theme. Unfortunately Mount View High is unable to send more than six works to be considered for exhibition. From these six works the gallery will then make their own curatorial decisions selecting only the artworks that appeal to them.



The Visual Art staff found preselecting these six works challenging due to the range of ideas and quality of works presented. Congratulations to Daniel Lambkin, Anna-Marie Graves, Brendan Gleghorn, Tanika Mac Gregor, Isabella Baer and Georgia Bailey whose works were chosen to represent Mount View High School.

We look forward to hearing back from Maitland Gallery with their selection for this year's Face in a Landscape Exhibition to be held later this year.

Artist Of The Month

Congratulations, **Dee Templeton & Jessica Wadwell** For artist of the month we have chosen two students from Year 10 Photography who had their work selected for an exhibition called 'Showcase', held at Maitland Regional Art Gallery recently. Jessica's work titled 'Tracks' and Dee's work titled 'Maitland', consisted of four silver gelatine photographs each. The works were part of a photography unit completed in Term 1 called 'Urban Angle' which required students to photograph their urban environment using black and white film, process the film (old-school) and make quality enlargements based on an urban theme.

Well done girls!







Mount View's Got The X Factor

MADD night was highly successful with some amazing performances from our talented music and dance students as well as a guest performance from the band 'Fourtunate'.

Our artistic students provided an outstanding exhibition and our drama students presented a number of advertising commercials on the big screen.

Pre-ordered souvenir programs and DVD's are now available for collection from Mrs Jeffery. Anyone who is wanting to still order a DVD please see the Administration Office.



SCIENCE

Natalie Death - Relieving Head Teacher of Science & Agriculture

As we start to turn our attention to the term wrap up, I am pleased to report on the progress of our wonderful students.



Year 7 classes are in the midst of learning all about different types of forces and the properties of solids, liquids and gases.

Year 8 classes have been investigating how scientists can separate substances using filtration, evaporation and crystallisation.

Year 9 classes have been discovering the processes of mitosis and meiosis and how our reproductive systems work.

Year 10 classes are looking at how we conduct a variety of chemical reactions and how we predict the products of these.

A team of year 9 and 10 students competed in our annual **Science and Engineering Challenge** held at the University of Newcastle. Students had a fantastic selection of activities to complete and did us proud with their determination and ingenuity. Particular mention needs to made of the "bridge building" team who won their event with the strongest, lightest bridge built. Congratulations Banjo Major, William Roland-Batty and Austin Rees for your spectacular effort!!

Special mention needs to be made of some spectacular efforts in the classroom:

7T – some excellent reports are making their way to me about their fantastic attitudes towards learning.

81 – are tackling some difficult concepts and are thriving.

9A4 – have settled extremely well for Ms Stenhouse while Mr Bragato is on leave.

10B4 – PBL encouragement awards for this class who are working cooperatively.

11 Primary Industries – are charging ahead through their course and have been working the farm and its animals so productively. Well done to the Steer Team who achieved some excellent results in the Tocal Steer Competition.

Our senior students are progressing well in their selected courses and by all reports are determined in their pursuit of excellence, in particular, Jacob Roland-Batty from 11 Physics, Jordan O'Brien from 11 Biology, Murray Thompson from 11 Chemistry, Claire Taylor from 11 Senior Science, Dylan Craft from 11 Primary Industries, Rhain Smith from 12 Physics, Courtney Archer from 12 Chemistry, Nic Dawes from 12 Primary Industries, Jessica Kelly from 12 Biology and Aiden Bostelaar from 12 Senior Science. Well done to these students and I look forward to congratulating more students in the months ahead.

Rio Tinto Big Science Competition

On the 26th May this year 56 students from Years 7 to 10 sat the Rio Tinto Big Science Competition. The competition is a one-hour paper consisting of 30 multiple choice questions based on skills and knowledge from each stage of Science. Mount View High School had entrants in each section of Junior and Intermediate. From these participants there were 12 students awarded a credit, 2 students awarded a distinction and 2 students awarded a high distinction.

A high distinction is awarded to the students who scored 95 - 100%, a distinction is awarded to the students who scored 85 - 94% and a credit is awarded to the students who scored 60 - 84%.

The awardees were:

Credit:

Matilda Brown (7), Paige Trowbridge (7), Aiden Walker (7), Michael Walters (7), Connor Garrington (8), Jarod O'Neill (8), Sarah Passfield (8), Magdalen Plater (8), Jack Stephenson (8), Damon Dawson (9), Georgia Eddy (10), Hannah Onion (10)

Distinction:

Jordan Flett (10), William Roland-Batty (10)

High Distinction:

Luca Hawkins (8), Banjo Major (10)

AGRICULTURE

Samantha Jarrett – Ag Teacher

Mount View on Show

I am pleased to say our Mount View Show Steer Team 2013 has done the Ag department and our school proud.

Recently the mix of Year 9, 10 and 11 students competed against other Hunter and Central coast students in a variety of beef cattle events from judging to parading, public speaking and stall management. It was a pleasure to watch the students excel in their chosen fields; they looked and acted the part. All the long hours and hard work put in on the farm in their recesses and lunches paid off.

Well done Steer Team.



MVHS Steer Team

Final Results for TOCAL Comp:

Dylan Craft - 1st place in Snr Oral Presentation and 3rd place Snr Judging Wade Pringle - 2nd place Herdsman Mackenzie Pringle - 2nd place Jnr Parading Rhiannon Avery - 3rd place Jnr Parading Maddie Burgess - 4th place in Snr Parading







Dylan Craft

Wade Pringle



Mackenzie Pringle



Maddie Burgess



Rhiannon Avery

At the end of the term the team will compete at the Singleton Show. This will be our first time competing at Singleton against mostly Hunter and Upper Hunter schools. I want to wish the team luck and I hope they have a great time.

This opportunity would not be possible in our school without some key organisations and people who continue to support our children.

- Parents and families of students for support and encouragement, late pick-ups from school and early morning drop offs, weekend trips in and even turning up as our own personal cheer group on show day.

- TOCAL AG College and in particular Bruce West who organises this event each year.

- Coal and Allied who sponsor the event each year financially.

- Castlereagh Feeds for supplying some of the feed required to keep the cattle healthy

- MVHS P&C for ongoing financial support for items small and large like halters and scales.

- Steve Easy transport for always lending his support and carting our cattle safely to and from shows.

- Mr and Mrs Smith (Jake and Dylan's grandparents) for supplying two beautiful heifers and ongoing words of advice to both students and teachers involved.

And last but certainly not least Craig Jarrett and Phil Dearin for spending so much of their time both during

school hours and out of school hours to teach the students how to prepare and show cattle, feeding and taking care of the cattle and organising the transport of both cattle and students to the event. These types of extra-curricular activities are only able to be run in our school if there are staff willing to put in their own time and hard work to get them up and running. They are not timetabled into our lessons. Sstaff directly involved use their free lunch times and weekends to teach students skills that are not in the syllabus, but are relevant to our specialist areas. The Science staff also deserve a huge thank you. They are not directly involved in the event, but always stick together and support these activities by taking extra lessons in their free time so we can take the kids out for the day to shows and help the students catch up on missed work when they get back.

I look forward to updating you all very soon on the Singleton Show events, in the meantime, thank you to all the following Show Steer Team members; Jake Craft, Dylan Craft, Wade Pringle, Maddie Burgess, Tom Caban, Mitchell Mitchell, Rhiannon Avery, Olivia Hancock, Jaeden Ewing, Angel Mitchell, Sidnee Harris and Mackenzie Pringle.



TECHNOLOGY AND APPLIED SCIENCE (TAS)

Home Economics

Look at all the wonderful things happening in Home Ec! Yr 12 Exploring Early Childhood and other students painted bras for the Breast Cancer Foundation.



Year 10 students prepared and served afternoon tea for the 2013 Education Week Reception which was held at Mount View High School.



Yr 9 Food Tech students cooked amazing food



Science and Engineering Challenge

On the 24th July 8 teams consisting of students from Years 9 and 10 travelled to Newcastle University to compete in the Science and Engineering Challenge.

The Challenge consists of a number of problem solving exercises. Points are received for the completion of each exercise and tallied to give an overall score on the day.

Banjo Major, Adam Shepherd and Austin Rees placed first in the Bridge Building activity where they had to design the supporting structure for a bridge and survive the "bridge buster".



Other activities included World Sailing Spectacular, Air Ship, Catapult, The Dish, ElectraCITY, Helter Skelter Shelter and Stringways.

The rest of the teams performed consistently throughout the day to contribute to our overall placing.

Mount View High placed fourth overall for the day. All students had an enjoyable day and would highly recommend Year 9 and 10 students to consider entering next year.



Coming up next term is an opportunity for students in Year 8 to participate in a similar activity run by the University of Newcastle called Build ME a Future Day. Students in 8M and 8T are encouraged to talk to their Science teacher about this opportunity.



STUDENT WELLBEING

National Child Protection Week - 1-7 September

Protecting children is everyone's business. Play your part by reporting the abuse, neglect or exploitation of a child to Crime Stoppers on 1800 333 000 Find out more http://napcan.org.au/

HPV Vaccination Information

In 2012, the Australian Government announced that human papillomavirus (HPV) vaccine would be provided free to male students in high schools from 2013.

From 2013, males in Year 7 in all NSW high schools will be offered HPV vaccine annually. In addition, males in Year 9 will be offered the vaccine as part of the national 'catch up' program in 2013 and 2014.

Males who are 14-15 years of age in 2013 and who are in Year 10 can receive free HPV vaccine at their GP during 2013 only. It is important when making the GP appointment that the receptionist is informed of the reason for the visit and that sufficient time is allowed for the vaccine to be ordered and delivered to the GP.

HPV vaccination will continue to be offered annually to female students in Year 7 only. The Australian Government has developed information for parents, students and health professionals about HPV vaccination.

www.health.nsw.gov.au/immunisation/Pages/schoolvaccination. aspx

National Self-Detection Program for Scoliosis

Scoliosis (spinal curvature) is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Screening in the age range 11-13 years is a sound preventative health measure.

Girls in Years 7 and 9 have been given a brochure to help make parents of schoolgirls aware of the outward signs of scoliosis. After reading the brochure if you think your child may have this condition, please consult with your family doctor.

Student Medical Forms

Revised medical forms were posted at the beginning of this term to families of students who we are aware have a severe medical condition. It is extremely important that the school has an updated copy of our students' medical conditions on file. Parents who have already received a copy of the Student Medical Form are asked to return it to the Administration Office immediately.

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-todate information on your child's health.

If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can.

The good news is we have already started collecting some of this information, which means less for you to do. The new forms will help us collect your child's important medical information and the introduction of new systems will mean we'll be able to better manage the daily and emergency health needs of your child.

We appreciate your support as we start collecting the information, and if you have any questions please call.

Racism

Students are to report all forms for racism to Ms Alder.



Is your child cyber safe?

As part of our ongoing effort to educate our students about protective behaviours in regards to the use of technology, Years 7, 8 and 9 students have participated in a series of cyber safety workshops focusing on cyber bullying, sexting, digital reputation and bystander behaviour. During the workshops students revisited the school's Anti Bullying policy, gaining a deeper understanding of the procedures in place within the school setting. Students were issued with a brochure providing up to date websites where support and help can be found.

Our Police Liaison Officer, Senior Constable Kim Smith has endorsed these workshops and will visit our school early Term 4 to deliver a series of workshops to Year 10 students. Three crime safe newsletters are included in this month's View to support and provide families with valuable information. Please take the time to discuss this issue with your child so we can all work towards keeping our young people safe.







Have you heard of **Ask.fm**? No doubt you have. Ask.fm is a popular site amongst teens, especially girls, with over 40 million users world-wide. The site allows users to ask questions anonymously. These questions can be hurtful, sexually explicit and enables bullying. As bullying on Ask.fm is currently a big issue, the below may come in handy to inform students before they risk getting bullied!

One smart tip for students that are going to use this site is to know how to **disable anonymous questions**, and know how to **block a user**. These steps won't eliminate bullying however it's a small step towards increasing their safety.

It only takes 1 nasty comment to undo 100 nice ones, so disabling anonymous questions is not only about safety, but about keeping their self-esteem intact.



It's also handy for students to know that every single click they make in the cyber world is connected to an IP address and that IP address can be traced back to **them**. The below is from <u>http://ask.fm/about/privacy</u>

Disclaimer

However, any information collected by ask.fm may be shared if it is necessary to investigate, prevent or prosecute illegal activities, suspected fraud, violations to the Terms and Conditions, or as otherwise required by law or a valid government request (including, but not limited to, search warrants, subpoenas or court orders). Ask.fm may also share information if it is acquired by or merged with another company. In this event, ask.fm will notify you before information is transferred and becomes subject to a different privacy policy. Ask.fm reserves the right to use and disclose any information collected that is not in personally identifiable form.

Fresh from the 'Coffee Shop'

This term our fantastic Coffee Shop team have been cooking up a storm! Some of the delicious dishes we have created include 'Chicken and Chorizo Paella', 'Quiche Lorraine', 'Minestrone Soup' and for dessert, 'Pear Tartine' and our signature dish 'Melting Moments with Affogato'. All students in our team have been working very hard this term and are definitely proving their efforts with their results!

Last week we had two Year 6 students visit and participate in the Coffee Shop morning. Amber T from Cessnock Primary School and Connor S from Branxton Primary School took part in the mornings' organisation as part of their Year 6 to 7 transition program. The Year 6 students are attending Mount View in 2014 and will be involved in the Coffee Shop. Amber and Connor assisted the team in preparing food for staff that was served at recess. Students also created their own snack (Ham and Cheese Quesadillas) that they thoroughly enjoyed! They were very pleased with their time spent at the visit and are looking forward to attending Coffee Shop next year.

Our Coffee Shop team have been working flat out this term. All students have put in a consistent effort to create and deliver delicious meals each week and deserve a great big pat on the back! Go Coffee Shop!





Connor preparing lasagne

Amber Tomlinson and Jessika Threlfo preparing macaroni cheese

Father's Day BBQ Breakfast

Friday 30th August was a glorious morning for our annual Father's Day BBQ. It was great to see such a fantastic turn out which made for a thoroughly enjoyable and successful event. Special thanks to all the staff who helped out and to students and their guests for attending. We look forward to seeing everyone again next year.



Mount View High School would like to thank **Bunnings Cessnock and Pedens Hotel** for their wonderful contribution to our Father's Day lucky door prize.

BUNNINGS Warehouse

SPORT

Sport Presentation 2013

On Wednesday 9th October 2013, in the School Hall we will hold our annual Sport Presentation. It will commence at **9.10am**. Parents and friends are encouraged to attend.

The presentation is designed to recognise the outstanding sporting achievements of students at Mount View High School. Students are asked to be in **full school uniform including black shoes**.

The following is a preliminary list of students who will be receiving awards.

Dylan Allen Sam Apthorpe Fanogo Maher Jake Maloney

Jacob Brown Matilda Brown Aiden Bryant Marnie Bullen Madeline Burgess **Teeghan Burgess** Jennifer Cartwright Hayden Cashmere Sarah Clarke Atreus Colbran **Clayton Colgan** Joshua Craig **Brooke Crouch** James Crouch **Mitchell Curtis** Lindsay Daniel Jared Deck Anthony Dixon Tamara Dixon Jayden Ewing **Ryan Forrest** Jessica Gallen Sarah Gallen Connor Garred **Connor Garrington** Emma Hall James Harman **Reece Harris Tuhoe Haruru** Luca Hawkins Jack Hindarsh Ella-Rose Hugo Nicholas Hurn Darren Iliffe Jordan Jackson **Chantelle Jones** Sharmain Jones Daniel Jurd Jessica Kelly Alex Kemp Chris Kermode Daniel Lambkin Angus Lethbridge-Coyle

Brooke Marshall Georga Mattiussi Liboire Mbonabuca Lindsay McCallum Corey McDonald Jake McMahon Quinn McPike Liam Mears Jonty Mikisch Lachlan Miller Bryce Morley Amy Murnane Jye Nightingale Mason Nugent Sophie O'Brien **Bryce Parker Caitlin Radimey** Nydelle Reid Jack Robinson Liam Robinson Keely Roe Jacob Roland-Batty Garry Russell Sophie Russell Jordan Schofield Tate See Sam Skinner Joseph Smith Patrick Smith Taneeka Smith Sean Smyth Brad Sneddon Sophie Stephenson Aaron Stevens Sean Symth **Murray Thompson** Eliza Towndrow Alan Tull Jessica Wadwell Jye Wallace Emma Whitely **Brodie Whiting** Jacob Wilson

Horse Sports Success

Congratulations to Abby Baker in Year 8 who has recently represented Mount View High in Horse Sports.



Abby attended the Dungog horse sports day a few weeks ago and was placed in almost all events ending the day as senior rider of the day.

Last week Abby attended Gloucester horse sports and achieved 2 firsts, 1 second, 3 thirds, 3 fourths, 1 fifth. Congratulations.

YEAR 7 REPORT

It's difficult to believe that we are approaching the final term for 2013, and the end of Year 7 for a wonderful group of students. It has been a pleasure to watch Year 7 2013 grow throughout the year and become involved in a whole range of school activities including MADD night where all students had art works on show, Bro and Sister Speak for indigenous students, Maths Fun Day, a variety of resilience and anti bullying programs as well as debating and our recent involvement in the Mayoral Challenge.

A big event coming up is the Year 7 Gala Day to be held on Friday the 13th of September where students have selected sports, put themselves in teams and will compete in a range of different sports against schools from around the district. I wish them all the best for the day.

Next term those students who have an excellent attendance record and have displayed PBL values consistently throughout the year will receive an invitation to the reward excursion at the end of the year so I encourage all students to be here and be respectful, responsible and excellent at all times.

Mayoral Academic Challenge Team



Ryan Forrest, Brock Sinclair and Lachlan Burns

SENIOR LEADERS & SRC

Mount View High Leos Club

Our new Mount View High Leos Club has been busy helping the local Lions Club with their BBQs at Big W and Bunnings. They have regular meetings at the school and are starting to decide on a community project since their Charter night which was on Wednesday 7th August 2013. We thank Mr Ian Anderson and the local Lions Clubs for their continued support and advice. If there are any suggestions, please inform the school via the office. They also organised a Leos Lollies stall at our Team Ivy Day and helped with the fundraising of the special day.

Senior Leaders

Our new Senior Leadership Team has had little time to settle in before having to help with fundraising within the school. Four of our Senior Leaders have recently been invited to be the guest speakers at the Cessnock Rotary dinner. Maddie Burgess and Caitlin Ivan were able to join the Rotary members at Potters Tavern on Thursday 29th August 2013 and they spoke about their experiences of being involved in Rotary MUNA (Model United Nations Assembly) which they attended in Muswellbrook in May of this year, with other school teams from around the state. Mount View High was privileged to enter two teams: Maddie Burgess, Caitlin Ivan and our exchange student Fanni Orr who represented Italy and Kasey Williams and Madelyn Parsons who represented Canada. We thank Cessnock Rotary and Kurri Kurri Rotary for their continued support and sponsorship of our students.



Matt Humer, Maddie Burgess and Caitlin Ivan with Steve and Janette Jackson



Madelyn Parsons and Kasey Williams

Ten of our new Year 10 Senior Leaders will be representing Mount View High on Thursday 5th September by selling Legacy badges at our main street and shopping centres. Please support our Senior Leaders on this day for this worthy cause.

The Senior Leaders have been amazing with their support and help of the NSW Parkinson Unity Walk and Team Ivy Day.

NSW Parkinson Unity Walk

On Sunday 25th August, 46 staff members, students and ex-students meet at the school bus bay to meet with Mr Phil Papworth and his lovely wife Ilze. Mr and Mrs Papworth were there to farewell us on the coach which was kindly donated by Rovers coaches. Phil Papworth is a former principal of our school and he suffers from Parkinson's disease. He was not well enough to join us on the bus on the day, as we were heading off to Sydney Olympic Park to walk in his honour at the NSW Parkinson's Unity Walk. We joined more than two thousand other participants at Olympic Park and we had the perfect sunny day to complete the 4km walk. It was a great day and it was amazing to see the support of so many for such a great charity. We were able, as a school group, to donate \$ 2290 to NSW Parkinsons on the day. The behaviour of the students was impeccable on this day and we thank all for their support and giving up time on their weekend to think of others.







Team Ivy Day

Team Ivy Day was held Friday 30th August 2013. It was an amazing day where students and staff dressed in the theme of "Fairies and Super Heroes", as we honour one special girl – Ivy Tregenza.

Her sisters, Maddie and Imogen Tregenza were instrumental in organising Team Ivy Day four years ago to help fundraise for their little sister, who suffers from Immune Deficiency Syndrome. Ivy is the face of the Starlight Foundation and Red Cross, as she needs constant blood transfusions. Last year we were able to fundraise \$ 4500, which was donated to the John Hunter Childrens Hospital to start a new program called "Beads for Bravery". Mount View High was the major sponsor and helped to start off this program. Our Principal Desley Pfeffer and our Vice Captains Samantha Hayes and Nathan Blackburn were invited to the official launch of the "Beads for Bravery" program at the John Hunter Childrens Hospital. They were also given a tour of the hospital and shown how this program helps the sick children during their treatments and stay.





Students gave a gold coin donation at the gate as they were dressed as fairies and lots of different characters from supermen to gorillas.

Before 9am on the day, the Senior Leaders had collected over \$1600 in donations. During the day, students had the opportunity to buy pizzas, fairy floss and hundreds of cupcakes or to buy articles from our Trash and Treasure Stall or Op Shop.













A special assembly was organised at 1:30 pm and fortunately the hospital gave Ivy some release time to join us for her special day. She looked amazing in her princess fairy costume and she captured the hearts of all on the assembly. Ivy and her twin brother Noah were able to pick from hundreds of dressed up students and they were able to narrow it down to one winner – Maxine Chapman.

A huge chocolate raffle was won by Lachlan Benn and Samantha Hayes won the Fairy Floss Basket. Students were then given time to be spectators at Ivy's Dance Concert or to watch Noah's Soccer team be defeated by Mount View High Teachers.

A big thank you goes to all staff and students for making the day so successful. Thanks to the whole Tregenza family for sharing their little girl with us. We love seeing a smile on her face but in turn she puts a smile on our faces, and she gives our students the chance to think of others.

TEAM IVY DAY raised a record amount of \$ 5100.90

BEACON NEWS

'Polish' Workshop

The presentation skills of a small group of Year 10 students were given a real 'polish' recently during a special day of activities run by representatives of the Beacon Foundation at Cessnock Supporters Club. The workshops were held on Tuesday 20th August and Wednesday 28th August and helped young people for their through prepare careers personal presentation and communication training, giving students the skills to conduct themselves appropriately when entering the world of work and employer expectations. Students were required to dress as if they were attending a job interview and had the opportunity to network with guests from local businesses and use their newly found communication and culinary skills acquired in the morning tutorials.



Mount View High School was fortunate to receive sponsorship from the local business community to enable us to run these workshops giving our students the opportunity to participate in such a beneficial program especially for those students looking to enter into the world of work. Mount View High School would like to thank the following businesses for their generous contribution to 'Polish'.



Expression of Interest for 2014 Beacon Student Ambassadors

Attention all Year 9 students – are you interested in becoming a Beacon Student Ambassador of Mount View High School?

Beacon Student Ambassadors are involved in organising, preparing and hosting events, have many opportunities for self development through Beacon workshops and run the Beacon program within the school and community. Expressions of interest are now being sought from our Year 9 students for those who are interested in becoming Beacon Student Ambassador in 2014. If any Year 9 student is interested in becoming a Beacon Student Ambassador please obtain an expression of interest form from Mrs Curran in Maths now.

AMAROOKOBA NEWS

By Members of the Junior AECG



Welcome! August was a very busy month for the Junior AECG at Mount View High School. Activities include the AGM at which new office bearers were elected; students attended the Newcastle Knights 'Close the Gap' round match; and the restoration of the Aboriginal garden which graces the entrance to the school's main car park is underway.

Junior AECG AGM

On Monday 12th August, 2013 the Junior AECG (Aboriginal Education Consultative Group) held its annual general meeting. This meeting was held to elect our new executive members. The out-going Executive members were: Kaitlin Earl (President), Patrick Smith (Vice President), Brock Schofield (Secretary). Prior to the election Kaitlin Earl gave a speech to the members present outlining the activities which the JAECG had been involved in during the last 12 months. She also thanked the members for their enthusiasm and involvement in indigenous activities at the school.

The 2013 election was enthusiastically contested and all students attending the meeting had the opportunity to nominate for a position. The students elected into the JAECG for the next 12 months are: Kaitlin Earl (President), Chloe-Lee Pulis (Vice-President), Hayden Palmer (Secretary), Patrick Smith (Assistant Secretary). The new executive are looking forward to the next twelve months and their involvement in the Indigenous activities at this school.

The Newcastle Knights 'Close the Gap' Match

On Sunday 18th August 2013 a group of Aboriginal students from Mount View High School, accompanied by their families and some members of staff, were invited to attend the Knight's Close the Gap round match at Hunter Stadium. The students created a banner which they displayed proudly during the half-time entertainment. Patrick Smith, one of the invited students, said "the atmosphere was amazing and this will be a proud moment to remember forever." Family members also commented that the MVHS banner was one of the largest, brightest and most outstanding banners on the day.

A great day was had by all the students, their families and the staff members who attended including the Principal, Ms Pfeffer, Deputy Principal, Mr Conroy and Mr Jarrett. Special thanks go to Mrs Tracey Eddy who was responsible for the majority of the organisation for this event and it all went off very smoothly.



Amarookaoba Garden

This garden is the school's Aboriginal garden. It is located at the car park side of the hall.



During the last month our junior AECG have been discussing maintenance of the garden, and are currently in the process of organising a roster of students who would like to be involved. Please see Kody Hutchinson if you are interested.

Although the garden is not necessarily sacred by other standards, it is important to us as Aboriginal students. The effort, love and care put into this garden is returned to us by the peace and serenity this area provides. All students are welcome to visit the garden.

Naidoc Week

Year 7 students enjoyed a day of art activities.



Calendar of upcoming events for Indigenous students

- 11th to 13th September Cultural camp at Wollombi. All students are reminded to get their permission slips in ASAP to the Ms Conserdyne or Ms Eddy.
- Junior AECG meeting the next meeting will be held on Monday 14th October at lunch in the Ag room.
- 16th October The Aboriginal pathways awards will be presented in the MPC at MVHS at 3.30pm for a 4pm start.
- The next AECG meeting will be conducted at Mount View High School on Monday 21st October.

Once again the JAECG has had a very busy month. They would like to wish all students a relaxing holiday and hope that everyone returns safe and well in term 4.

Happy Holidays from the Junior AECG

LOST PROPERTY

The administration office has numerous lost property items including keys, jewellry, wallets and lots of unclaimed clothing. If your child has lost any items they can see the ladies in the administration office either before school, at recess or lunch.



