

The View

Mount View High School's Newsletter
Delivering excellence, innovation and success



106 Mount View Road, Cessnock NSW 2325 T (02) 4990 2566 F (02) 4991 1728 E mountview-h.school@det.nsw.edu.au

Issue 6

August, 2012.



DATES TO REMEMBER

Mon 6 th Aug	Year 11 Work Placement All Week Project 10 – Session 5
Tues 7 th Aug	Girls' Pit Stop Program Pd 1-4 G'Day USA Parent Meeting – 6pm in the Library Yr 12 Parent Teacher Evening 3pm – 6pm in the Hall
Wed 8 th Aug	Total Hoof and Hook Challenge Year 10 Subject Selection Interviews P&C Meeting at 6.30pm
Thurs 9 th Aug	Year 10 Subject Selection Interviews
Fri 10 th Aug	Year 10 Subject Selection Interviews Mayoral Academic Challenge, Cessnock Performing Arts Centre – Yr 7 Captains Speeches
Mon 13 th Aug	School Eisteddfod in MPC – All day Year 12 Biology Assessment Task
Tues 14 th Aug	School Eisteddfod in MPC – All day Archibald Prize Excursion – Yr 7
Wed 15 th Aug	Navigating the HSC Parent Workshop: 4pm – 5pm in Library Tidy Town Assessor's Visit: 9.30am – 11am
Mon 20 th Aug	Career & Transition Van All Week - Yr 9 Central Coast Hoof and Hook Challenge Yr 7 Across the Year Science Assessment Task (in Science classes) Yr 8 Across the Year Science Assessment Task (in Science classes) Yr 11 Biology Assessment Task Yr 12 Chemistry Assessment Task
Thurs 23 rd Aug	Yr 9 Across the Year Science Assessment Task Pd 1 & 2 (in Science classes)
Fri 24 th Aug	"Whose Night Is It Anyway? Safe Partying" – Yr 12
Thurs 30 th Aug	Father's Day BBQ Yr 10 Across the Year Science Assessment Task Pd 1 & 2 (in Science classes)
Mon 3 rd Sept	Year 11 Exclusion Week Beacon Yr 9 Briefing and Survey – Pd 2

Tues 4 th Sept	Year 11 Exclusion Week Maths Fun Day Re-Engineering Australia (REA) Regional Races
Wed 5 th Sept	Year 11 Exclusion Week REA Regional Races
Thurs 6 th Sept	Year 11 Exclusion Week Combined High Schools' Athletics
Fri 7 th Sept	Year 11 Exclusion Week Combined High Schools' Athletics Yr 9 & 10 Commerce Excursion – Consumers and Employment

FROM THE PRINCIPAL'S DESK...

It is Education Week across all NSW public schools! The theme of this week is "Creating the Future." I have encouraged our students to reflect on, and embrace this theme as every day that they attend school and work diligently in their classes is a step towards their future. Research has shown that the longer a student stays at school the greater chance they have of creating a brighter future for themselves. I often talk to students too, about the value of having a range of choices as to what their future will look like. I have never known a teenager who does not like to have choice! By attending school regularly, applying themselves with diligence and sustained effort, striving for excellence, and being respectful and acting responsibly, all of our students will increase the choices they have for their future.

Education Week also gives us an opportunity to recognise the achievements of individuals and school programs. This year, the following awards will be presented at the Education Week Reception held on Wednesday 1 August:

Excellence in Student Achievement: Chantelle Jones (Yr 10) and Ella-Rose Hugo (Yr 11)

Excellence in Teaching: Mrs Leanne Triggs and Mr Andrew Newman

Outstanding contribution by a non-teaching member of staff: Mrs Maxine Knudsen and Mr Frank McLachlan

School Achievement: Coffee Shop Program

I am sure that you will join with me in congratulating all of the award winners for 2012.

D. Pfeffer

FROM THE DEPUTY'S DESK...

Year 8 and 10 Subject Selections:

Thank you to the parents and students of Years 8 and 10 who attended the Subject Selection evening. There was a very good response both in the number who attended and also in their preparedness to stay and ask questions. My thanks also to the many staff who gave up their evening to remain at school and pass on information and advice. All students should have returned elective forms by the time of the publication of the VIEW. Year 8 will be sorted into classes without further discussions, unless most of their choices are eliminated by lack of popular choice. Year 10 will have a second choice process after the less popular subjects have been removed from the choice sheet. This will involve interviews with staff and a second opportunity to consider options. However once this second process is finished the subject lines will be set. It is essential that any student who has yet to submit a choice form do so as a matter of urgency.

Student Leaders:

Once again I am thrilled with the number and quality of students who have put their names forward to be considered for the school student leadership roles for the next twelve months. The excellent work done by Ms Bartlett and Mrs Blandon in the earlier years enables our students to approach the senior leadership roles with confidence. The students will be invited to interview next week and then be asked to present a speech to the students of Years 10 and 11. The School Captains and Vice Captains will be decided by vote; each of the students in Years 10 and 11 have a vote, as do the staff. These voting groups are equally weighted so that no group can unduly influence the outcome of the process. I look forward to announcing our new school leaders by the end of August.

Careers Camp:

Although it is a little while ago I have not had the opportunity, through the VIEW, to thank the Year 10 students for their enthusiasm and excellent behaviour during the Year 10 Careers Camp, at the end of Term 2. The program that was organised by Mrs Godber was of the highest standard and gave all students the chance to explore the city from the perspective of jobs and lifestyle. The students responded admirably and because of their positive and inquisitive outlook they benefited greatly. It is a testimony to the students that a number of staff continually volunteer for this week long excursion. Parents can be very confident that the students

learnt a great deal about the city and could now navigate their way to various destinations with confidence. They could also make an informed decision about living in the city.

Rich Tasks:

Both 7T and 8T have now presented their first rich tasks for the year. The standard of the presentations was very high. All students spoke with confidence and clarity. They understood the task that was given to them and the presentations clearly showed that a significant amount of research was undertaken. The Rich Tasks give students opportunities that are not presented in the normal classrooms. It is very encouraging to see that the students take these opportunities when they are offered. The Term 3 task has been issued and I look forward to seeing the presentations at the end of the term.

Year 6 to 7 Transition:

I realise that the VIEW does not go to Year 6 parents however I thought that I would just put this note in because a number of students will have younger siblings, friends or neighbours who are coming to MVHS in 2013. This is just a reminder that enrolment applications have already been received. If you know of someone who has not put in an application they should do this as a matter of urgency.

P. Conroy

COMMUNITY LIAISON OFFICER

'Polish' Workshop

The presentation skills of a small group of Year 10 students were given a real 'polish' recently during a special day of activities run by representatives of the Beacon Foundation at Cessnock Supporters Club.

The one day workshop helps young people prepare for their careers through personal presentation and communication training, giving students the skills to conduct themselves appropriately when entering the world of work and employer expectations. Students were required to dress as if they were attending a job interview and had the opportunity to network with guests from local businesses and use their newly found communication and culinary skills acquired in the morning tutorials.

With sponsorship from local businesses we are hopeful that Mount View High School will be able to run further Polish workshops giving other Year 10 students the opportunity to participate in such a beneficial program.



Tania Spruce



HUNTER NEW ENGLAND NSW HEALTH Super Smiles

Your child is invited to a check-up at our clinic.
Cessnock Dental Clinic View Street Cessnock
Phone 4991 0380 Fax 4991 0385

If you would like an appointment with us, phone the Hunter New England Oral Health Call Centre directly on:
1300 651 625

REMINDER TO PARENTS

Just a friendly reminder, that due to safety reasons students are to be dropped off in the bottom car park, and not in the staff car park. Parents are also asked to be mindful of the large number of buses also in the area so that safety for all is ensured.

**YEAR 7 FINAL
IMMUNISATION DAY
Tuesday 11th September**

The NSW Health team will be back in the school again on **Tuesday 11th September 2012** which will be the final immunisation day. Immunisations on this day will be:

- All Year 7 students will receive the second and final dose of the Hep B vaccine.
- Female Year 7 students will also receive the third and final dose of the Human Papillomavirus (HPV) vaccine.

Parents should ensure that your child has eaten breakfast the morning of immunisations.

If your child is absent from school on this day or has missed getting any vaccines, letters will be posted out to you directly from NSW Health advising that you will need to follow up any missed immunisations with your local doctor.

If you have any queries please contact the school office on 02 49902566 or email tania.spruce2@det.nsw.edu.au

SOPHIE STARS AT NATIONAL FOOTBALL CHAMPIONSHIPS

Sophie O'Brien of Cessnock was named in Football Australia's under-14 girls' All Stars team after her performance at the Westfield National Youth Championships in Coffs Harbour. These Championships are Australia's most prestigious junior football tournament for girls, and Sophie plays for Northern NSW under-14s who finished second in Group A.

After a win over QLD, the girls suffered a loss to NSW Metro but bounced back with a 6-0 victory over Capital Football. They then suffered a 4-1 loss to eventual Group B winners NSW Country.

The national team coaches select the best 20 players from around Australia, of which Sophie was one. It's Sophie's third year in Northern NSW Football's female elite programs. She was first selected at the end of 2010 for the 2010-11 Centre of Excellence Program which included the best 16 girls in the 12 years age group, and attended the 13 years' girls national championships in Canberra 2011, where Northern NSW also finished second.

"When entering the program Sophie was a right winger but has now developed in to one of the best right backs for her age group in the country", said her coach Ryan Campbell.

Congratulations Sophie on such an outstanding performance!

YEAR 12 PARENT TEACHER EVENING**TUESDAY 7th AUGUST 2012****TIME 3PM-6PM, IN SCHOOL HALL**

Bookings for interviews with your child's teachers can be made online at www.schoolinterviews.com.au

Enter the school code **STU5S** and complete booking, ensuring to enter your email address to receive your booking confirmation. Bookings **open 9am on 31st July** and will remain open until **10am on 7th Aug.**

Alternatively, Community Liaison Officers Tania Spruce and Marissa Floyd are available to make bookings on your behalf, therefore please feel free to contact them to do so on 02 49902566.

CESSNOCK GRAPEVINE GAPS (GRANDPARENTS AS PARENTS)

Are you a Grandparent raising Grandchildren or a Kinship Carer? Need some Support?

We can provide information on legal or financial issues and help with child raising.

Come and have a coffee and a chat and join us at

The Samaritans Neighbourhood Centre 198-202 Vincent St Cessnock. Every Monday 10am – 12pm (in school terms only)

You are not alone! Today more and more people care caring for children who are not their own.

We provide a supportive, friendly and caring atmosphere that is completely confidential. For more information please contact: Karen 0429 914 553 or Pat 0413 802 012

PARKINSONS UNITY WALK

We are looking as a school community to be involved with the Parkinson's Unity Walk in Sydney on Sunday 26th August. More information is to follow, but if you are interested in attending or donating please contact Mrs Karen Blandon at school.

SUPPORT MOUNT VIEW HIGH SCHOOL IN WOOLWORTHS EARN & LEARN.

It's designed to help secondary schools earn valuable resources just through shopping at Woolworths, so start collecting your stickers now!

Simply start collecting stickers at the checkout of your local Woolworths supermarket (self-service too) **until August 12th.** There'll be one sticker for every \$10 spent, excluding

purchases of liquor, smoking/tobacco products and gift cards. Students can hand stickers in to the school library.

**FORMER STUDENT JORDY THRELFORD STARTS OWN BUSINESS**

Former Mount View High student Jordyn (Jordy) Threlfo has started up his own business called "Jordy Can Do Errands For You". Jordy, who has multiple disabilities, completed Life Skills (Year 12) in 2011.

Now 19, Jordy attends Mai-Wel 2 days. With the help of his support worker, not only does Jordy run his new business, but he also volunteers for Pink Ladies, Men's Shed, and Meals on Wheels.

Jordy offers a range of services within his ability. These include:

- Placing and picking up lunch orders
- Dropping off and collecting dry cleaning
- Tidying staff and waiting rooms
- Post Office and Newsagent runs
- Any other time saving tasks

If you think that you're in need of Jordy's assistance, then you can call him on 0458 091 243 or email jordycando@bigpond.com

SPINE SOCIETY OF AUSTRALIA

Scoliosis (spinal curvature) is an important health problem for adolescent girls, and July and August are the recommended months that all girls participate in the National Self-detection Program for Scoliosis (NSDP).

A brochure will be given to all Year 7 and Year 9 girls which will outline the steps to be taken at home to undergo this test.

Further information can be obtained from: www.scoliosis-australia.org

VOLUNTEERS WANTED***Host an International Exchange Student***

- Gain a new family member
- Make a life long link to a family in another country
- Learn about another language and culture
- Share the beauty and culture of Australia
- Contribute to international goodwill

By offering to act as a host family in a volunteer capacity, you will provide an international **student with the opportunity to study and experience life here in Australia.**

With new students arriving in January 2013 from over 20 countries, why not give the students in your local area the opportunity to learn about other cultures and make international friends!

If your family can offer a friendly, supportive and caring home environment, contact us today. Note: opportunities exist for families to host on a long term basis (5 or 10 months) basis as well on a temporary and short term basis (2 or 3 months).

To hear more about this wonderful opportunity or our student exchange programs out of Australia

Call 1300 135 331 or visit our website:

www.studentexchange.org.au



student exchange
AUSTRALIA NEW ZEALAND

COALFIELDS NEIGHBOUR CARE

Just 2 hours a fortnight!

Reward yourself and become a VOLUNTEER!

Coalfields NeighbourCare Inc. is the largest community service organisation in the Cessnock LGA and supplies Meals on Wheels, Neighbour Aid, Transport, Personal Care and Domestic Assistance.

Call Wendy or Lorraine today on 49304706 for a chat about what is involved.

YOU'RE INVITED

FATHER'S DAY



ALL STUDENTS & THEIR
DADS, STEPDADS, POPS,
UNCLES AND MALE CARERS

As part of our Father's Day celebrations
Mount View High School would like to
invite you to the school for a sausage
burger and movie night.

Thursday 30th August 2012
5pm
MVHS school hall

RSVP 27th August
by calling the school on 49902566 or
email taniaspruce2@det.nsw.edu.au

We hope you can join us!


PIT STOP PROGRAM

Written by Sam Solomon and William Roland-Battie

On Tuesday 24th July all Year 9 boys participated in Pit Stop. This program is an interactive road show based on the mechanical concept likening the parts of the body to a bicycle. The program's aim is to reduce risk taking behaviours before they become an issue whilst increasing young men's knowledge of health and wellness issues. It also aims to teach students to protect themselves, and cope with stress and depression. It was a fun way to learn how to be safe and healthy. Students were able to participate in hands on activities including beer goggles obstacle course and a simulated driving test.

Year 9 girls will participate in the Pit Stop Program on Tuesday 7th August.

NAIDOC WEEK 2012



This year, Mount View High School celebrated NAIDOC Week during Week 10 of Term 2.

Monday started the week with a whole school assembly. Uncle Paul Gordon, a local Aboriginal Elder, performed a traditional Aboriginal Smoking Ceremony for students, executive staff and special guests.

Aboriginal Mount View students then presented a fun and informative assembly based on the 2012 NAIDOC Week theme of "Spirit of the Tent Embassy - 40 Years on" which included a didgeridoo performance from Maurice Perry and a traditional dance performance from the Minning Minni Kaiwarine Indigenous Family Dance group. The assembly was followed by a BBQ lunch for our Aboriginal students and guests.

On Thursday, Aboriginal students from Years 7 – 12 attended the Murrook Cultural Centre for a day of traditional activities including a bush tucker walk, learning to basket weave using traditional methods, learning to throw boomerangs and seeing recently unearthed traditional weapons and tools which were discovered at the new WestTrac site at Tomago. Friday was the Year 7 NAIDOC day. Throughout the day, Year 7 students attended 5 activities based on Aboriginal traditions with modern twists. This years' activities were bush tucker, story-boarding, art, traditional games and claywork. The tiles from the claywork will then be added to a wall which will be constructed in the "Amaroo Koba" Aboriginal Bush Tucker garden which is located at the front of the school.



YEAR 9 & 10 ABORIGINAL ART PROGRAM

Aboriginal students in Years 9 & 10 were privileged to take part in a 10 week Art Program with Uncle Les Elvin at the Cessnock Performing Arts Centre. Each week the students along with Cessnock High School students and Michelle White from MVHS, worked with Uncle Les on traditional symbolism, techniques and styles to enable them to produce their own art works. The students also attended a day at Wollombi School where they worked with the primary students, Uncle Les and the Wollombi MillPond Historical Society to produce totem poles which are being unveiled in August.

The students' artwork was then displayed in an exhibition in the Cessnock Library foyer. The opening night was well attended and a number of the students' artwork has been purchased. Mount View High School would like to thank Kylie Pratt from Catholic Care for making this program possible.





SCHOOL MUSICAL – “RISING UP”

As part of Education Week, Mount View High School's musical production 'Rising Up' opened with a matinee performance and two evening shows.

After months of preparation and hard work by our musical directors, guests were entertained by the musical and dancing talents of many of our students. Our dedicated cast worked hard over the school holidays to perfect their lines and stage presence. Behind the scenes the costumes and sets evolved from willing creative hands – a great team effort.

Our school production is an event not to be missed.



SENIOR LEADERS / SRC

The Senior Leaders and SRC have a busy Term 3. There will be the induction of the new Leadership groups taking place this month. Captain speeches will be taking place on 10th August and the Induction Ceremony will be on Friday 24th August in the school hall.

Special thanks and appreciation is given to the outgoing leadership groups for their hard work and support throughout 2011 -2012.

Blue Day

The SRC and Senior Leaders helped Maddie Benson organise Blue Day in memory of our ex-student Gareth Hickey. Students were given the chance to donate for Youth Cancer and were involved in a special assembly which Maddie Benson spoke about Gareth and Paige Garred spoke about the statistics and stories that Youth Cancer supplied us. We were honoured to have some ex students attend to show their support for the day and then we were truly blessed to have our special guest Rikki Hickey speak on behalf of Gareth.

Students donated funds on the assembly to help raise enough to shave Mr Levicks and Mr Groves head. We thank the teachers for their support and each faculty were challenged to beat the PE s donations... We were able to raise \$ 2455.20 for Youth Cancer, which is an outstanding amount for the day. Special thanks to Terry from Xedos Cutting for coming to the assembly and making sure our teachers had a well shaved head. Terry is organising a special fundraising night for Hunter Prelude

Fashion Fun Parade - Friday night at the ECBC 6:30 pm
Tickets can be purchased for \$30 from Xedos

Mobile Phone / Woolworths stickers / Coles Vouchers

Please keep collecting any old or broken mobile phones for Youth Cancer . We have a chance to win a Sony prize of a visit from Reece Maston, Jessica Mauboy , Justice Crew or Stan Walker.

Hand in any Woolworths stickers or Coles vouchers to the maths staffroom.

Team Ivy Day

Team Ivy Day will be this term on Friday 31st August. The theme for the day will be Cartoon Heroes and fairies. Donations made throughout the day will go towards Team Ivy and the Starlight Foundation

ART EXCURSION



Art and design students from Years 9, 10 and 11 recently went to Newcastle to visit galleries and the Newcastle Art School.



There was a short stroll across Civic Park to Watt Space Gallery to view very intriguing works by Newcastle University art students. Students were introduced to the work by the gallery curator and then met with one of the artists for a briefing on how the works were generated and a discussion about the concepts explored in the artworks.



The first stop was the Newcastle Regional Art Gallery where we got to see the ARTEXPRESS exhibition. This is an exhibition of works by 2011 HSC students. Our students were given an in depth tour of the works and discussed the works with art gallery staff confidently.

They explored the works in terms of their material and conceptual practice and were in awe of the skills demonstrated by the HSC students.



There was another short stroll via an op-shop where Mr Monro was spoiled with a new tie, to meet the well-known local artist Michael Bell and tour the Newcastle Art School. (Hunter St TAFE). Students walked through the facility and viewed work samples from many different artmaking disciplines. Absolute admiration for the skills of Lino carving was generated when the students were able to view and handle the printmaking work of Vera Zulumovski. We also were able to view the assessment process and meet with former Mount View student Kate Sweetman who is currently studying at the TAFE. Thanks to Ms Alder and Mr Monro for an excellent and inspiring day of Art Exploration.



