

The View

Mount View High School's Newsletter
Delivering excellence, innovation and success



106 Mount View Road, Cessnock NSW 2325 T (02) 4990 2566 F (02) 4991 1728 E mountview-h.school@det.nsw.edu.au

Issue 6

August, 2011.



Mai-Wel Group participants Kirsty Thornton and Jana Read attending the Mai-Wel Group "Get Started" program.

P&C Meeting 8.6.11

The canteen continues to provide an excellent service for our students. They have again provided a \$10 000 donation to our P&C and this will be used to provide resources for our students. Thanks to the volunteers who help with this service, the SRC and student leaders who also help out. New volunteers are always most welcome.

The P&C discussed the issues being experienced around the use of Facebook and cyberbullying. Year 7 to Year 10 students attended a presentation to alert students of their rights and responsibilities around using this social media. All parents are encouraged to be very aware of the legal issues around the misuse of these technologies.

Next meeting 10th August, 2011 at 6.30pm – all welcome!

Music

Congratulations go to quite a few of our Music students this week.

Rosalee Rissler Year 11, performed at the Naidoc Ceremony at Head Office on Tuesday 21st June. Rosalee sang 'Australian Honey' and accompanied herself on guitar. Mrs Rippon was also in attendance in her relieving position of School Education Director.



Rosalee has also recently performed at the Aboriginal Pathway Awards at Kurri TAFE last month.

Two Year 9 students Jordan O'Brien and Thomas Richardson also gained accreditation in the AMEB classical guitar examination. Jordan and Tom are fine guitarists who are developing excellent musical and performance skills.

Jacob Roland-Batty (Year 9) and Ruby Stevens (Year 12) attended the State Music Camp in week 9 and performed in a variety of activities including both vocal and instrumental ensembles. This is a great way to meet new friends and learn more extensive musicianship and performance skills.

MADD!

What a fantastic show! A combination of Music, Art, Dance and Drama presented by students from Year 7 through to Year 12.

There were some outstanding vocalists accompanied by Mr Daniels on guitar, Mr Levick on bass and Mrs Jeffery on piano. Congratulations to Mrs Howells in charge of music, Ms Tritton in charge of dance, Mr Russell in charge of drama and Mrs Gill in charge of art.

Well done to all those students who participated and helped make this a great night.

Education Week

Thank you to the following vocalists who gave professional performances at the Education Week Ceremony on Wednesday 3rd August 2011.

Year 11 - Sam Harman, Brooke Shearer, Lauren Stacey(piano), Alison Southcombe and



Maxine Chapman(Year 9).



State Music Camp

This was attending by Ruby Stevens in Year 12 (vocals) and Jacob Roland-Batty in Year 9 (saxophone/guitar). They had a fabulous week while meeting new musical friends, learning new skills and gaining new experiences.

Guitar Exams – Australian Music Examinations Board



Congratulations to Jordan O'Brien and Tom Richardson in Year 9 for passing their external exams in classical guitar. These are truly two talented guitarists. Watch this space for their further successes!

HSC Music Trials

Year 12 recently performed their HSC Music Program for external examiners in order to gain feedback before the real deal! Students presented a wide range of performances with two excellent viva voce presentations given by James O'Hearn and Nathan McLoughney. We wish them luck in September. There will be lots of practice before then.

Middle School Program

At the end of Term 2 approx 50 GATS students from our partner primary schools and their parents attended the end of term presentation at the school, where they were presented by Relieving Principal Mrs Julie Smith with a certificate for completion of the GATS program and got to showcase their project work.

Insert pictures of GATS term 2 presentations – can be found on word doc, view pictures music depart

The middle school program is running again Term 3 and involves primary students participating in Science, Textiles and Formula One Car Racing during sport afternoons. At the end of the term, students will present their work for staff and family.

Middle school pictures



GATS Term 2 Robotics class



GATS Term 3 Science program



GATS Term 2 Ceramics class



GATS Term 2 Science class



GATS Term 3 Textiles program



GATS Term 3 Formula One Car Racing program

Meanwhile, Ms Roughan and Ms Bell are visiting some of our partner primary schools on a weekly basis to offer Science and Numeracy enrichment. Students are reporting immense enjoyment of the program as the teachers make Science and Maths more fun than they could ever imagine



NSW PREMIER'S STUDENT VOLUNTEERING AWARDS PROGRAM

Mount View High School is pleased to offer students in Years 9 and 10 an opportunity to participate in the NSW Premier's Student Volunteering Awards Program.

Volunteering is a great thing to do and highly valued, especially by potential employers. Students may already be volunteering within school eg members of the SRC, Lift Up Australia or involved in many other school programs such as Breakfast Club or Peer Mentoring or even out of school activities eg Surf lifesaving or coaching a sport team. If so, students already qualify for this program and deserve to be recognised for their hard work and commitment.

Participating students that accumulate a minimum of 20 volunteering hours will receive a certificate from the Premier of NSW. As a school we believe this benefits students for prospective employment and future endeavours.

Students who are interested or would like further information can collect a package from Tania Spruce – Community Liaison Officer at the School Learning Support Office (next to the canteen).

ATTENDANCE: It's not OK to be away!

Many students have their educational progress severely interrupted by absences which are more often than not, unnecessary, and for reasons fairly low on the *"important to my future"* scale.

To reach their potential at school, *students need to attend regularly*. This means a few days off per year due to genuine illness – not a 9 day fortnight which accumulates to 25 days absent, 125 periods absent, the equivalent of 5 school weeks in a year. How could any student be expected to keep up with work in such circumstances? *Parents – you have a critical role to play in protecting your own child's future.*

Absences can be minimised by arranging dental and doctor's appointments after school or during the holidays – you need to book ahead, why not book now for school

holidays later in the year. Shopping, helping at home, and visiting relatives may all seem important at the time – but not as important as a *person's FUTURE*.

We (parents and the school) need to work together to help students to understand the importance of being at school whenever possible, and that trivial reasons for absence are not sufficient to discharge parents' legal responsibilities. Schools and parents have a legal responsibility to account for the whereabouts of young people daily (and in the evenings as well).

Studies show there is a far greater chance of students becoming *early school leavers and/or long term unemployed adults*, if they don't attend school regularly. Should you require support in saying *NO* to your son / daughter on their attendance or any other issue please contact us immediately by phoning 49 902566 and speaking to Mr Conroy (Deputy Yrs 8, 10 and 12), Mrs Myers (Relieving Deputy Yrs 7, 9 and 11), Mrs Naomi Durie (Relieving Head Teacher Welfare) or Mrs Innes (Head Teacher Administration).

We can all work together to make a difference to your student's future

Be on time. Be at school, that's the rule!

Year 9 and Year 11 (2012) Subject Selection Night

We were very pleased to see so many parents and students attend our subject selection night , Wednesday 27th July. Much information was given on the night regarding the dos and don'ts around selecting subjects. If you haven't already, take the time to read the contents of the DVD. This gives you detailed information about subjects and course descriptors and will give you a deeper understanding of what your child is undertaking over the next two years.

Public schools strength is being able to offer a wide variety of subjects, VET, and TAFE courses as well as ensuring individual student needs are met.

Mobile Phones and iPods

Students are allowed to bring these electronic devices to school. They can be accessed during recess and lunch and in class for educational purposes. The use in class is by class teacher invitation only.

Phones and iPods should be turned off and placed in bags when not in use.

Students who use these electronic devices inappropriately will be asked to take it down to the Deputy who will lock it in the safe. Student will pick it up at the end of the school day.

Respect and Responsibility

Many of our students understand the concepts of respect and responsibility and what that means as a school, family and community member. However, I am concerned at the amount of inappropriate offensive language that is often used in the playground and directed at teachers. As a society, we do not accept offensive language and behaviour, nor do we accept this at Mount View.

We are a learning centre with a terrific reputation in our community and region. Students who use inappropriate and unacceptable language will be disciplined according to our discipline policy and procedures.

Term 2 : Uniform Draw

The following students were the winners of the Term 2 Uniform Draw.

Kate Moore	47 cm Digital Colour TV
Sophie O'Brien	Kodak digital camera
Rachel Bailey	Chocolates
Brittany Hicks	Chocolates
Thomas Cunningham	Chocolates
Ricky Chambers	Chocolates

Please continue to wear the correct uniform. We have students wearing coloured jumpers. Please note that there are school jumpers and jackets available in our uniform pool if assistance is needed.

PS If anyone has articles for the uniform pool, which are in good condition, please bring to the front office or give to Mrs Blandon in the mathematics department – particularly white blouses and shirts.



Shopping Trip

The annual Mount View High School Shopping trip is on Saturday 20th August 2011 and is a fundraiser for our Year 12 students. The cost is \$45 per head which includes bus travel, morning tea and a hostess to some great factory outlets in Sydney. Please let me know ASAP if you are able to attend, as we may have to cancel if there is not any more interest.

Salvation Army Certificates



Mr William Bragg from the Cessnock Salvation Army attended our assembly on Tuesday 26th August to present certificates to our students that gave up their weekend to door knock for the Red Shield appeal. The following students are to be congratulated and we are proud of their efforts.

Jake Maloney
Ainslie Griffin
Cody Hutchinson
Rachel Piper
Montana Phillips
Rachel Morgan
Kaniesha Blandon
Georgia Scott
Maxine Chapman
Brittany Hicks
Jack Wallace

Coles Sport Vouchers and Woolworths Dockets

We are once again collecting the Coles Vouchers for Sports for Schools. It was a great success last year and we were able to collect various sport articles for our school. Mrs Boorer is also collecting the Woolworths docket for Earn as you Learn. Please hand in your vouchers and docket at the mathematics staffroom (or give your docket to Miss Boorer) with your name on them and once again we will have a prize draw.

Parkinsons Disease and MS Fundraising Day

On Friday 29th July, the SRC and Senior Leaders organised an out-of uniform day to fundraise for Parkinsons and MS. We were able to fundraise \$ 1645 and we would like to thank Samantha Wright for submitting these charities. The theme for the day was green and gold as we had Cadel Evans win during the week.



Parkinsons Unity Walk in Sydney

The staff and students of Mount View High will be participating in this event on Sunday 28th August 2011. We will be fundraising for our past principal, Phil Papworth and hopefully if he is well enough on the day, we will be pushing him around the course. If anyone would like to join us please let Mrs Karen Blandon know in the mathematics department.





Schools Tree Day

Our school participated in the Schools Tree Day which was held on Friday 29th July 2011. National Tree Day and Schools Tree Day combine to make Australia's biggest community tree planting event. It's a great way to get outdoors, connect with nature and do something good for the environment. Tube stock plants were kindly donated by the Cessnock City Council. The boys from our Boys Maintenance Program under the watchful eye of Mr Newman did a fantastic job planting the selection of plants in a number of areas around the school contributing to creating our school grounds more beautiful.

Science and Engineering Challenge



On the 29th July 8 teams consisting of students from Year 9 and 10 travelled to Newcastle to compete in the Science and Engineering Challenge. The Challenge consists of a number of problem solving exercises. Points are received for the completion of each exercise and tallied to give an overall score on the day.

Mount View received a first place by Jordan O'Brien and Murray Thomson in the activity Electricity, where they had to connect wires into a panel to solve different power problems for a city. A second place was also received by Zach Lomas and Jackson Williams for their design of a hovercraft. The craft had to navigate through obstacle courses to show its manoeuvrability. Mat McDougall, Jack Hindmarsh and Nathan Blackburn also received an honourable mention by the presenters for their design of a

vehicle intended to navigate the terrain on Mars. Their vehicle recorded the fastest speed across the obstacle course.



Mount View High School gained an overall position of second runner-up due to the consistency of all teams across each activity on the day. Organisers were quite

impressed with the eagerness of our students and their willingness to listen and learn on the day



Year 7 Sport

Year 7 and their peer support leaders started their round robin sporting competition in week 2 of this term. Teams rotate through 8 different sports, playing against various opposition during term 2 and 3. Teachers have reported that students are enjoying their sport and teams are very competitive. The peer support leaders have been helping with team organization and participation. The results of games are recorded weekly, including a best and fairest competition for both year 7 boys and girls. The results to date this term are:

Round 1

Sport	Team		Team	
Soccer	Gleeks	2	G-Force	10
Touch football	Commandos	2	Stompers	4
Basketball	Skittles	48	Meanmachines	21
Netball	Nikes	27	Elemonators	21
Volleyball	Coolbeans	16	Bunnies	36
T-Ball	Hectics	20	Freddos	22
Cricket	Vicious	70	Crusaders	65
Gaelic Football	A-Team	20	Whoknows	19

Round 2

Sport	Team		Team	
Soccer	A-Team	2	Stompers	5
Touch football	Gleeks	8	Meanmachines	4
Basketball	Commandos	12	Elemonators	48
Netball	Skittles	11	Bunnies	10
Volleyball	Nikes	42	Freddos	21
T-Ball	Coolbeans	14	Crusaders	28
Cricket	Hectics	10	Whoknows	10
Gaelic Football	Vicious	48	G-Force	23

Round 3

Sport	Team		Team	
Soccer	Vicious	3	Meanmachines	1
Touch football	A-Team	4	Elemonators	5
Basketball	Gleeks	22	Bunnies	46
Netball	Commandos	14	Freddos	27
Volleyball	Skittles	32	Crusaders	40

T-Ball	Nikes	25	Whoknows	41
Cricket	Coolbeans	87	G-Force	93
Gaelic Football	Hectics	37	Stompers	31

Round 4

Sport	Team		Team	
Soccer	Hectics	0	Elemonators	4
Touch football	Vicious	4	Bunnies	0
Basketball	A-Team	51	Freddos	36
Netball	Gleeks	11	Crusaders	54
Volleyball	Commandos	40	Whoknows	49
T-Ball	Skittles	33	G-Force	23
Cricket	Nikes	93	Stompers	72
Gaelic Football	Coolbeans	70	Meanmachines	31

Round 5

Sport	Team		Team	
Soccer	Coolbeans	7	Freddos	6
Touch football	Hectics	0	Crusaders	5
Basketball	Vicious	90	Whoknows	48
Netball	A-Team	31	G-Force	32
Volleyball	Gleeks	9	Stompers	8
T-Ball	Commandos	16	Meanmachines	7
Cricket	Skittles	40	Elemonators	74
Gaelic Football	Nikes	26	Bunnies	34

Round 6

Sport	Team		Team	
Soccer	Nikes	5	Crusaders	3
Touch football	Coolbeans	3	Whoknows	9
Basketball	Hectics	12	G-Force	42
Netball	Vicious	13	Stompers	37
Volleyball	A-Team	91	Meanmachines	35
T-Ball	Gleeks	21	Elemonators	30
Cricket	Commandos	99	Bunnies	10
Gaelic Football	Skittles	56	Freddos	36

Year 7 Rotation Sport

Weekly Results & Progressive Point Score

<u>Team</u>	<u>Win</u>	<u>Draw</u>	<u>Loss</u>	<u>Points</u>
Vicious	5	0	1	16
Elemonators	5	0	1	16
Crusaders	4	0	2	14
Nike	4	0	2	14
Skittles	4	0	2	14
G-Force	4	0	2	14
Bunnies	4	0	2	14
Whoknows	3	1	2	13
Stompers	3	0	3	12
A-Team	3	0	3	12
Freddos	2	0	4	10
Gleeks	2	0	4	10
Hectics	1	1	4	9
Coolbeans	1	0	5	8
Cammandos	1	0	5	8
Meanmachines	0	0	6	6

The Year 7 round robin competition continues during term 3. Results from term 2 were:

Round 7

Sport	Team		Team	
Soccer	Skittles	3	Whoknows	1
Touch football	Nikes	5	G-Force	3
Basketball	Coolbeans	34	Stompers	28
Netball	Hectics	22	Meanmachines	17
Volleyball	Vicious	8	Elemonators	9
T-Ball	A-Team	2	Bunnies	5
Cricket	Gleeks	89	Freddos	52
Gaelic Football	Commandos	27	Crusaders	27

Round 8

Sport	Team		Team	
Soccer	Commandos	3	Bunnies	4
Touch football	Skittles	3	Freddos	4
Basketball	Nikes	22	Crusaders	28
Netball	Coolbeans	15	Whoknows	23
Volleyball	Hectics	2	G-Force	4
T-Ball	Vicious	55	Stompers	25
Cricket	A-Team	44	Meanmachines	66
Gaelic Football	Gleeks	12	Elemonators	62

Round 9

Sport	Team		Team	
Soccer	Gleeks	2	Coolbeans	4
Touch football	G-Force	3	Bunnies	12
Basketball	Commandos	43	Hectics	58
Netball	Stompers	29	Freddos	17
Volleyball	Skittles	6	Vicious	4
T-Ball	Meanmachine	38	Crusaders	15
Cricket	Nikes	142	A-Team	79
Gaelic Football	Elemonators	75	Whoknows	65

Round 10

Sport	Team		Team	
Soccer	Elemonators	82	Bunnies	91
Touch football	Gleeks	66	Hectics	74
Basketball	G-Force	141	Freddos	150
Netball	Commandos	32	Vicious	43
Volleyball	Stompers	56	Crusaders	71
T-Ball	Skittles	46	A-Team	47
Cricket	Meanmachine	43	Whoknows	36
Gaelic Football	Nikes	54	Coolbeans	50

Round 11

Sport	Team		Team	
Soccer	Nikes	1	Hectics	2
Touch football	Elemonators	4	Freddos	4
Basketball	Gleeks	28	Vicious	90
Netball	G-Force	39	Crusaders	20
Volleyball	Commandos	56	A-Team	86
T-Ball	Stompers	24	Whoknows	24
Cricket	Skittles	48	Coolbeans	48
Gaelic Football	Meanmachine	32	Bunnies	65

<u>Team</u>	<u>Win</u>	<u>Draw</u>	<u>Loss</u>	<u>Points</u>
Bunnies	9	0	2	29
Vicious	9	0	2	29
Elemonators	8	1	2	28
Nike	7	0	4	25

Crusaders	6	1	4	24
Skittles	6	0	5	23
G-Force	6	0	5	23
Hectics	5	1	5	22
Whoknows	4	2	5	21
A-Team	5	0	6	21
Stompers	4	1	6	20
Freddos	4	1	6	20
Coolbeans	4	0	7	19
Gleeks	3	0	8	17
Meanmachines	3	0	8	17
Cammandos	1	1	9	14

The competition concludes at the end of term 3

EXPRESSIONS OF INTEREST

Mount View High School together with

2CHR – 96.5FM RADIO

are seeking interested students who would like to participate in live student radio interviews held at the local radio station for approx 1hr every third Friday of the month.

2CHR is a community radio station, centrally located in the old School of Arts Building cnr Vincent Street, Cessnock.

This is a fantastic opportunity for those interested in media studies and a great way to positively promote the school and our upcoming events and achievements.

For further information please see Marissa Floyd or Tania Spruce in the School Learning Support Office (next to canteen) prior to 5th August.

TUNE IN NOW! – 96.5FM



Receive 'The View' by email in 2011

This year Mount View High School is presenting parents/caregivers/community members with the option to receive The View and other communication from the school via email instead of the current hardcopy method.

We are currently building our Communication Database and envisage emailing other correspondence such as notes, invitations and updates via email shortly. It is hoped this method of communication will make it easier to stay informed.

If you haven't already done so but wish to be included on the Communication Database please fill out the slip below and return to school. If you prefer to avoid the paper trail you may email the school directly with the information set out below.

Email: mountview-h.school@det.nsw.edu.au

Electronic Communication Database

Parent/Caregivers Name:

Student/s Name:

Year: _____

Contact Email:

I/We wish to receive communication from Mount View High School via email.

Signature: _____

Congratulations

Congratulations to James Towndrow of Year 11 who has been accepted to crew on the Young Endeavour. James will be leaving from Sydney and crewing to Eden on the south coast of NSW from the 19th-27th October. This ten day voyage will be full of excitement and unknown challenges and the experience will be a life changing event. Congratulations and good luck.

Careers Excursion



In Week 9 last term 111 Year 10 students spent 5 days in Sydney on the annual Careers Excursion. During the week they had the opportunity to visit workplaces and training institutions that are not available locally as well as to experience the transport system of a major city. The students also were able to get to know others in their year during evening social activities.



Some of the places visited included Ausgrid Apprenticeship School, Sydney Olympic Park, Royal Australian Navy, Raffles College of Commerce and Design, Sydney Tower Restaurants, International College of Management, Australian Institute of Music, and the 3 inner city universities – University of Sydney, University of New South Wales and the University of Technology.



My congratulations to all the students on their behaviour during the excursion. Many of the employers and trainers commented on the standard of their dress and the interest they showed in the information that was available. My thanks to the staff who gave up their time to accompany the students, Mr Allen, Ms Bell, Mrs Bennett, Mr Matzen, Mrs Shaw, Mr Teys and Ms Triggs.

Career Quest

Year 9 have also been actively presented with Career options during the last week. On Tuesday they took part in a Career Quest where they worked in groups and had the opportunity to listen and ask questions of 12 different presenters from a variety of workplaces and TAFE courses. Year 10 students showed the Year 9s the type of clothing they would be expected to wear in the workplace during a fashion parade.



The presenters were very complimentary of the attention of the Year 9 group and the sensible questions they were asking. I wish to congratulate Year 9 on the way they took the opportunity to get more information that could assist them in the future.

Later this term, many of the Year 9 students will be interviewed by Mr Russell and Mrs Godber and given information about possible careers and the training required when we have the Career and Transition Caravan in the school.

Can you help?

Each year we reward the hard work and achievements of our students at our annual Year 12, Year 10 and Presentation Day Assembly for years 7, 8, 9 and 11.

The vouchers that students receive are sponsored by local businesses and individuals.

WE NEED MORE SPONSORS - Can you help?

We would love to receive some new sponsorship to assist with the purchase of these awards.

All individuals and organizations will be recognized via the program at the final assembly in December.

Please contact the school on 49902566 if you can help with a donation.

Thanks

Di Shaw (Organising committee)

Year 10 Review

We would just like to thank all parents and students for attending the subject selection night on Wednesday the 27th of July. There was a great turn out and lots of information for all to take in. The year 10 students now have the difficult decision to make of what subjects they are going to study in the senior years. Interviews between students and teachers will be taking place over the next few weeks in an effort to finalise all selections.

On a lighter note, we would also like to take this opportunity to wish Ella-Rose the best of luck in the upcoming Junior Archery World Championships held in Poland later this month.

Education Week

This year, Education Week is celebrated from 1 to 5 August. Public schools across NSW will be showcasing the wonderful programs and initiatives they offer. The official launch will occur via a multi school link-up at Sydney Central Railway Station at 12.30pm on 1 August. The theme for Education Week 2011 is 'NSW Public Schools - creating the future'.

Mount View High School was very proud to host our Regional 2011 Education Week Awards Reception on Wednesday 3rd August. The aim of these awards is to recognise and encourage excellence in students, teachers, non-teaching staff, members of the community and school programs.

We had a wonderful response with many community members in attendance and were pleased to welcome our special guests Mrs Karen Jones, School Education Director, Ms Sonia Sharpe, AECG President, Mrs Mary Lawson, P and C Country Vice President, Mr Bruce Wilson, from the Advertiser and Mr Tom Rutherford, Cessnock Ex-Services Club and Kurri Kurri Workers Club

Awards were presented to recipients from all school within our region. Our warmest congratulations to the recipients from Mount View High School:

Excellence in Student Achievement – Kasey Williams and Madelyn Parsons

Excellence in Teaching – Ms Elizabeth Alder and Mr Mark Dart



Outstanding Contribution by a School Community Member – Mr Roger Yandle

Outstanding Contribution by a Non-Teaching member of staff – Mrs Tanya Winstanley



School Achievement Award – Mentoring and support of young teachers towards and maintaining Professional Competence of the Institute of Teachers NSW standards – accepted by Mrs Dianne Shaw



We were treated to wonderful musical performances by Laguna Public School and Mount View High students. Thank you to Sam Harman, Brooke Shearer,

Alison Southcombe, Lauren Stacey and Maxine Chapman. Our thanks also to the wonderful students and staff who prepared and served afternoon tea, Mrs Triggs and her Year 9 team of students, Raquel King, Cobi Eade, Sophie Russell, Alannah Merritt, Claudia Radnidge, Kirsten Ryan, Imogen Howard, Rachael Schumack, Kayleigh Coombes, Paige Morgan, Emma Robertson, Shelby Wilmott, Sammy Wright, Jemima Gilmour, Shannyn Comymns

New Signage, Signing In and Emergency Drills

We are continuing to improve the signage around the school with new red and white signs being placed to identify the school blocks, the Multi-Purpose Centre and various other locations around the school. We have also placed signs to indicate the school entrances for Parents and Visitors – through the main front doors, and students near Mr Conroys' office. Students are requested to ensure that they use the appropriate entrance and if late, then sign in at the office upon arrival.

All visitors who enter the school a period of time and requested to sign in at the front office upon arrival and sign out when leaving. This is a legal and safety requirement to ensure that we are aware of who is on site. This is especially important if we need to have an emergency procedure such as an evacuation.

Thank you to parents and visitors who cooperated with our recent Emergency 'Lockout'. We appreciate that this may have been an inconvenience if you were asked to wait outside the locked gates or were caught in the school foyer during the drill. As with all worksites, we are required to conduct emergency drills for evacuation, lockdown and lock out. It is vital that all students and staff are aware of our procedures to ensure safety and prompt response. Drills are conducted on a regular basis and we appreciate your support of these.

HSC Parent Information Session

We held a session for parents of Year 12 students on Tuesday 2nd August. During this session Mrs Smith and Mrs Myers discussed how to support your child through this challenging and, at time, stressful period.

Term 3 is a particularly important period of time as many students are actually completing components of their actual HSC examinations. These include major works and projects for Industrial Technology, textiles and Design, Visual Art, Extension II English, Extension History, Drama, music and Languages. Our very best wishes are with all Year 12 students who are preparing for these tasks this term. Please make sure that you heed the advice of your teachers as to the expectations of the markers and time frame for submission.

Future Leaders indigenous awards open

Nominations are open until 1 October 2011 for the 2012 Future Leaders Indigenous Awards. The national awards recognise and reward young Australians who have shown strong leadership and academic potential. The awards aim to inspire others to engage in environmental and community issues and make a difference. To nominate an indigenous student (who will be in Year 11 in 2012) follow this link:

www.futureleaders.com.au/awards/Indigenous_Awards_2012.pdf#zoom=100

Nominations close 1 October 2011.

Year 7 Report

Year 7 as a whole have settled into high school well and have made lots of new friendships. They are beginning to become involved in school activities both in and out of the classroom. It is nice to see students in sporting teams and performing in this year's Musical.

Upcoming events for year 7 this term include the Mayoral Challenge and Maths Fun Day for some students as well as the Year 7 Gala day. This is held later in the term and is an opportunity for all Year 7 students to participate in a fun day involving Year 7 students from other schools as well.

Year 8

Year 8 are currently deciding their electives for 2012. Subject information night saw a large turnout of parents and students. A big thank you to Mrs Smith and Mrs Myers, for their addresses on the night and to all the parents who took the time to attend the information night and make it a success.

A large contingent of students also received awards in the recent Principal's Assembly. Congratulations to those students and we aim to keep increasing the number of awardees each Semester.

Experiment Fest.



At the end of term 2, 25 Year 12 students studying Chemistry, Biology and Physics attended ExperimentFest at Newcastle University.

ExperimentFest is an experimental program designed to provide enriching educational experiences for HSC students in Physics, Chemistry and Biology. These activities are supported by the University of Newcastle's Faculty of Science and Information Technology.

The activities allow students to engage in a range of



hands-on experiments that are difficult to organize within a school setting, all under the supervision of University Staff and Postgraduate students. Each experiment is chosen to complement the NSW HSC syllabus for Biology, Physics and Chemistry cementing classroom theory and providing a good basis for examination preparation.

In Biology experiments included:

- Kidney function
- Enzymes
- Measuring oxygen saturation in the blood



In Chemistry experiments included:

- Atomic Absorption Spectrophotometry
- Using digital pH meters
- Titration experiments
- Spectrophotometers

In Physics experiments included:

- Superconductors
- Relativity
- Wilson's cloud chamber
- Photo electric effect

This was a great experience for these students and they really enjoyed working in the University laboratories.

All students were very appreciative of the assistance they received and acknowledged how this will help them with their HSC.



Dates to Remember

Mon 8 th Aug	Year 11 Work Placement all week Snr Leaders Election Speeches 12.15 – 1.30 in the hall
Wed 10 th Aug	P&C meeting 6.30pm Year 10 Subject Selection Interviews Mayoral debate 9.00 – 12.30
Thurs 11 th Aug	Year 12 Drama HSC Preparation Day PACE Information Evening
Fri 12 th Aug Mon 15 th Aug	Year 10 Subject Selection interviews Year 12 History Task 5 Year 11 Ancient History Source analysis and speech Year 7, 8 and 9 Science Assessment all week
Tues 16 th Aug	Mayoral debate 9.00 – 12.30 Year 10 Ag Assessment excursion to Bob's Farm - Fish Farm 8.30 – 3.30
Wed 17 th Aug	HSC Physics Assessment Ncle University talk to Year 12 - 10.00
Thurs 18 th Aug	HSC Biology Assessment Aboriginal Studies Combined Course Day at Glendale 10.00 – 2.00
Fri 19 th Aug Sat 20 th Aug Mon 22 nd Aug	Total Steer Show Shopping Trip Year 12 Fundraiser Central Coast Steer Show Science Preliminary Assessment Biology all week
Tues 23 rd Aug	Pit Stop Program Year 9 Boys 9.00 – 12.30 Police Liaison Office 9.00 – 3.00pm
Wed 24 th Aug Thurs 25 th Aug Tues 30 th Aug	HSC Chemistry Assessment Preliminary Senor Science Assessment Year 10 Elective History Task 4 CAPA Graduation Night
Thurs 1 st Sept Mon 5 th Sept Tues 6 th Sept Thurs 8 th Sept Fri 9 th Sept Wed 14 th Sept	Father's Day BBQ CATS Caravan – all week Maths Fun Day Mayoral Challenge debate (Final) CHS Athletics Aboriginal Wollombi Camp Wed-Fri

INSIGHTS

by Michael Grose - leading parenting educator



Facing up to Facebook



If you have a pre-teen or a teenager, you need to become familiar with Facebook and other technologies they are using. Ignorance is no excuse these days.

You can tell a person's generation by the questions their kids ask. Parents of the 1950's thought long and hard over issues such as the age their kids left school and when to get them their first bike. Parents raising their kids in the 1990's pondered the age at which kids should receive regular pocket-money and their children's use of video games.

In the noughties issues surrounding communication technology keep many parents guessing. The age when kids start using Facebook and other social networking media is a burning issue for many parents of pre-teen and early teenage children.

Kids know more than their parents when it comes to the Internet and social media according to recent research. The Optus Family Communication survey reveals that over half (55 per cent) of Australian children outsmart their parents in technology knowledge before they are 13 years old. A further 30 per cent of parents admit they are behind their children by the time they are 15 years old.

Facebook, MSN and other forms of social networking media are here to stay, so my advice for parents is to learn about social media, even if you don't want to embrace it. It can be confronting when your child knows more about technology than you, but smart parents these days let their kids teach them what they know about technology.

So if you have a pre-teen or a teenager you need to become familiar with Facebook and other technologies they are using. Ignorance is no excuse these days.

Facebook doesn't permit kids under the age of 13 to access the site for reasons of personal safety. It doesn't require proof of age to access the site, so it's a guideline only. Facebook's recommendations however, may be useful reference points if you are involved in negotiations with your child over using social networking sites.

More importantly, if young people are using Facebook and other networking sites, they need to fully understand the rules of safe use. Here are some tips:

1. Go through the **set-up phase** with your child, including establishing a personal profile. Check out the homepage

of Facebook and other sites, and use their help sections to answer your questions.

2. Help your young person adjust the **privacy settings** so they suit their level of comfort. Review them often.
3. Reinforce with your child the importance of **never sharing their password**, not even with their best friend, a boyfriend or girlfriend.
4. Discuss other **safety tips** such as the types of information and pictures that should and shouldn't be placed on their pages, as well as what to do if someone sends inappropriate information or initiates unsolicited communication.
5. **Monitor** your child's use by making sure the computer they use at home is in a common area of the house.
6. It's reasonable to expect that you should know your child's **password and log-in** details so you can keep a check on their friends from time to time. This type of monitoring is age-related and may well not be suitable for older teens.
7. Consider getting **your own Facebook page** and use it as a way of communicating with your child. This has the added bonus of enabling you to keep one eye on what's happening on your child's Facebook.

Parents of past generations did their best to keep their kids safe as they negotiated a wider world. I recall teaching my kids stranger danger, drilling safety tips into them as they gained more independence.

As a parent you need to help kids navigate safely and securely in an online world, just as you do in an offline world. Know what kids are doing; spend time teaching them common sense, safety lessons and limit their use of technology so that they stay connected to you and others in your family.

Comment: www.twitter.com/michaelgrose

Published by Michael Grose Presentations.

All rights reserved. For more ideas, support and advice for all your parenting challenges visit:
www.parentingideas.com.au



PO Box 167 Balnarring VIC 3926 P. + 61 3 5983 1798 F. 03 5983 1722 E. office@parentingideas.com.au

www.parentingideas.com.au

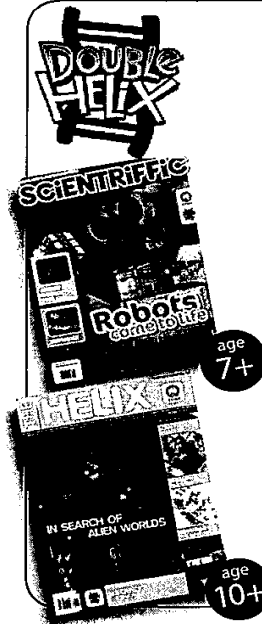
www.parentingideas.co.uk

© 2010 Michael Grose



MOUNT VIEW'S GOT TALENT





Join CSIRO's Double Helix Science Club



CSIRO's Double Helix Science Club makes science exciting, intriguing and fun. You'll laugh, learn and be inspired with the great gear membership offers:

- A choice of two fun-packed youth science magazines, Scientrific or The Helix, jammed with hands-on activities, current research, experiments, comics, brain-stretching puzzles, reader contributions, competitions and freebies
- Events and holiday programs from nine CSIRO Science Education Centres in all capital cities, Townsville and some regional centres
- Free weekly e-mail newsletters, packed with experiments, maths and news
- Discounts at CSIRO Shop www.csiroshop.com and Double Helix Holiday Programs
- Exclusive deals and discounts at participating science centres across Australia.

It's fun and inspiration for all ages and helpful for homework and assignments too.

More info or JOIN ONLINE at www.csiro.au/helix or call 02 6276 6643.

1. Yes! I would like to become a member of CSIRO's Double Helix Science Club

Mr / Miss / Ms / Mrs (circle one) Name: _____

Address: _____

Suburb: _____ State: _____ Postcode: _____

Phone: () _____ Email: _____

School attending: _____ D.O.B.: _____

Name / address for renewal notices (if different from above): _____

Free email newsletters

- Science by Email: Yes, sign me up. By ticking this box, I agree to the terms and conditions (see www.csiro.au/sciencemail)
- Maths by Email: Yes, sign me up. By ticking this box, I agree to the terms and conditions (see www.csiro.au/mathsbymail)
- No, I'd like to read the terms and conditions first, then decide.

2. Choose either or both magazine subscriptions as part of your membership

I would like to receive:	Total
Scientrific (age 7+) add \$14 per mag per year outside Australia	
One year (6 issues)	\$33
Two years (12 issues)	\$63
Teacher's Guide per year (only available with Scientrific)	\$10 per year
OR The Helix (age 10+)	
One year (6 issues)	\$33
Two years (12 issues)	\$63
Teacher's Guide per year (only available with The Helix)	\$10 per year
OR Both magazines / multiple copies	
Scientrific (Please specify number)	Number
The Helix (Please specify number)	Number
Teacher's Guides for both magazines free at www.csiro.au/helixschools	Total \$

3. I would like to pay \$ _____ by:

Cheque/money order (Made payable to CSIRO Education)

MasterCard Visa (Sorry, we do not accept Diners or American Express cards)

Credit Card Number: Expiry date: ____/____/____

Cardholder's Name: _____ Signature: _____

Cardholder's daytime phone: _____

4. Please send completed details to:

CSIRO Education
PO Box 225
Dickson ACT 2602

Fax (02) 6276 6641
Phone (02) 6276 6643

GST exempt
ABN 41687119230
Please note we are unable to
invoice for memberships.

Information used only for purpose provided and will not be disclosed.
Prices/services correct 2010 and subject to change.

SSP