



# **Mount View High School Year 7 Orientation Day Parent Presentation 2023**

**for parents enrolling  
students in 2024**

*High Expectations and Opportunities For All To Thrive*

# Mount View High School

I would like acknowledge the traditional owners of the lands on which we meet, the Darkinjung, Wonnarua and Awabakal. I would like to pay my respects to elders past, present and emerging and extend that respect to both Aboriginal and non-Aboriginal people here today.



*High Expectations and Opportunities For All To Thrive*

# About Mount View High School



## Mount View High School

High expectations and opportunities for all to thrive.

T: 02 4990 2566

E: [mountview-h.school@det.nsw.edu.au](mailto:mountview-h.school@det.nsw.edu.au)

[About our school](#)

[Supporting our students](#)

[Learning at our school](#)

[Parent portal](#)

[CCGPS](#)

[Community](#)

[Contact us](#)



Mount View High School is dedicated to developing an innovative, flexible learning culture that is courageous

### SENTRAL PARENT PORTAL



Use this portal for accessing:  
- Student Reports  
- Student Attendance  
- Student Assessments  
- School Newsletters  
- Booking Parent Teacher Interviews

### School Bytes PARENT PORTAL



Use this portal for accessing:  
- Payments to school  
- Excursion permission notes  
- Forms to complete

Scan the QR code to set up your access to the School Bytes Parent Portal

### ASSESSMENT SCHEDULES



[parent.cos.net.au](http://parent.cos.net.au)

BOOK PACKS AND STATIONERY SUPPLIES

### STUDENT ENROLMENT



### SUBJECT SELECTION BOOKLETS



### Welcome to our school

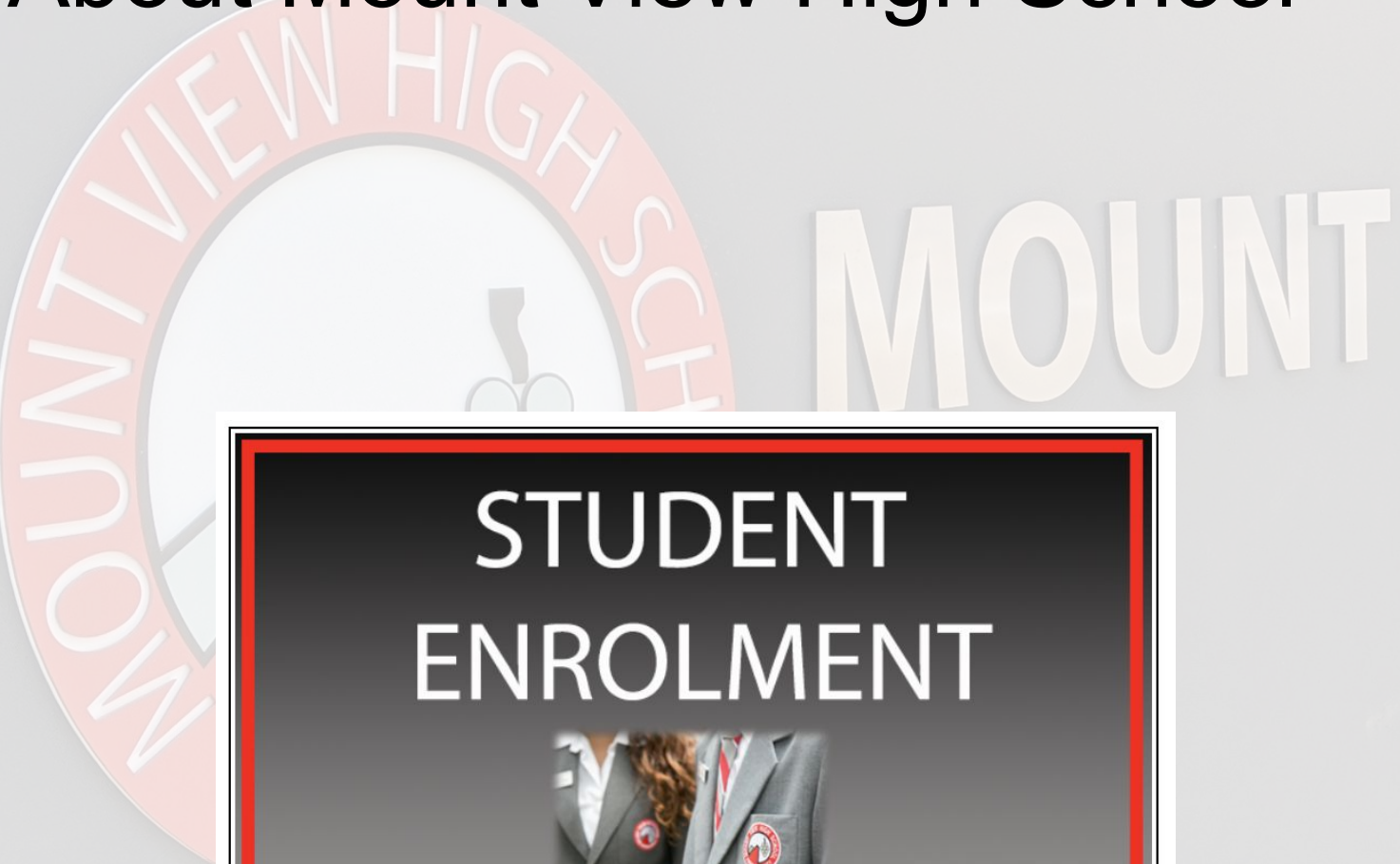
Mount View High School is a comprehensive coeducational community school that has high expectations of students consistent with each student's ability and the belief that all students can achieve their personal best.



[View our latest newsletter](#)

22 Sep 2023

# About Mount View High School



**STUDENT  
ENROLMENT**



**Mount View High School  
Student Prospectus**

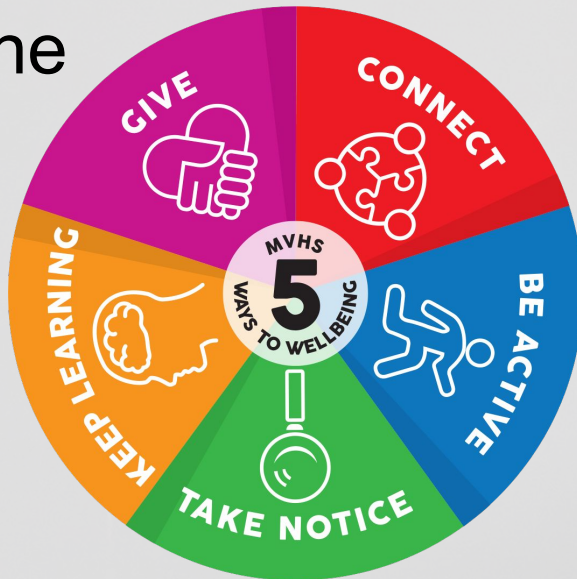


*"Mount View High School is dedicated to developing an innovative, flexible learning culture that is courageous and aspirational, with opportunities for all to thrive"*



# PRINCIPAL - Mr Shane Hookway

Mount View High School is a lead school in the Hunter Valley in the introduction of the principles of positive education / positive wellbeing. We embrace the Five Ways to Wellbeing framework as the basis for supporting the wellbeing of our students.



# The Five Ways to Wellbeing



*Take on the Teacher  
-  
Round 5 Winners*



Happy Father's Day from Mount View High School



# Year Adviser 2024 – Mr Sam Harwood

Science Agriculture staffroom

1. **Camp** - Great Aussie Bush Camp. Email arriving this week to enable 2023 deposits for the 2024 camp.
2. **Class names.** Mythical creatures
  1. Phoenix
  2. Valkyrie
  3. Hydra
  4. Manticore
  5. Chimera
  6. Basilisk
  7. Griffin



# HT Wellbeing Yr 7 2024 – Mrs Jodie Scheffler

At Mount View High School we strive on building positive relationships with peers, staff and the community.

Every student has a right to attend school and feel happy and safe at all times.

Please make contact with us if your child is unhappy for any particular reason.





# Deputy Principal Yr 7 2024 – Ms Deborah Taylor

**Restorative Practices** is a whole school teaching and learning approach that encourages behaviour that is supportive and respectful. It puts the onus on individuals to be truly accountable for their behaviour and to repair any harm caused to others as a result of their actions.



# Peer Support - Miss Tiarna Crichton

- The MVHS Peer Support program is integrated into Sport during Term 1. This means that the Peer Support groups are also the sporting groups for Semester 1 (the first two terms). A round-robin sport competition will also operate.
- Year 6 students have met our awesome Peer Support Leaders already as a part of taster lesson transition.
- The official Peer Support groups will be organised for day one 2024.





# Mount View High School

## Parent Presentation

### Good things to know

*High Expectations and Opportunities For All To Thrive*

# Bell Times / Day Structures

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
	Duty 8.25 - 8.55		Duty 8.25 - 8.55		Duty 8.25 - 8.55		Duty 8.25 - 8.55		Duty 8.25 - 8.55
P1	8.55 – 9.50	P1	8.55 – 9.45	P1	8.55 – 9.50	P1	8.55 – 9.50	P1	8.55 – 9.50
P2	9.50 – 10.40	P2	9.45 – 10.30	P2	9.50 – 10.40	P2	9.50 – 10.40	P2	9.50 – 10.40
P3	10.40 – 11.30	P3 - WB Assembly	10.30 – 10.55 10.55 – 11.15	P3	10.40 – 11.30	P3	10.40 – 11.30	P3	10.40 – 11.30
Break 1	11.30 – 12.00	Break 1	11.15 – 11.45	Break 1	11.30 – 12.00	Break 1	11.30 – 12.00	Break 1	11.30 – 12.00
P4	12.00 – 12.50	P4	11.45 – 12.30	P4	12.00 – 12.50	P4	12.00 – 12.50	P4	12.00 – 12.50
P5	12.50 – 1.40	P5	12.30 – 1.15	P5	12.50 – 1.40	P5	12.50 – 1.40	P5	12.50 – 1.40
Break 2	1.40 – 2.10	Break 2	1.15 – 1.45	Break 2	1.40 – 2.10	Break 2	1.40 – 2.10	Break 2	1.40 – 2.10
P6	2.10 – 3.00	P6	1.45 – 2.30	P6	2.10 – 3.00	P6	2.10 – 3.00	P6	2.10 – 3.00

	Stage 5 Sport runs during P2 and 3 each Thursday, Access to Break 1 in the event a sport is delayed in returning to school.
	Stage 4 Sport runs during P4 and 5 each Thursday, Access to Break 2 in the event sport is delayed in returning to school.
	Seniors early leave
	Year Meetings.
	Tuesday assembly is a whole school communication assembly.
	Dedicated weekly wellbeing lesson

# Curriculum at MVHS in 2024

## Mount View High School Curriculum Structure

7	English (8 PPC)	Mathematics (8 PPC)	Science (8 PPC)	PDHPE (6 PPC)	History / Geography (6 PPC)	Technology (6 PPC)	Visual Art (6 PPC)	Languages (6 PPC)	Wellbeing	Sport (4 PPC)
8	English (9 PPC)	Mathematics (9 PPC)	Science (9 PPC)	PDHPE (6 PPC)	History / Geography (6 PPC)	Technology (6 PPC)	Music (6 PPC)	Agric Drama Rotat (3PPC)	Wellbeing	Sport (4 PPC)
9	English (9 PPC)	Mathematics (9 PPC)	Science (9 PPC)	PDHPE (4 PPC)	History / Geography (7 PPC)	X Elective (8 PPC)	Y Elective (8 PPC)	Wellbeing	Sport (4 PPC)	
10	English (9 PPC)	Mathematics (9 PPC)	Science (9 PPC)	PDHPE (4 PPC)	History / Geography (7 PPC)	X Elective (8 PPC)	Y Elective (8 PPC)	Wellbeing	Sport (4 PPC)	
11	English (9 PPC)	Line 2 (9 PPC)	Line 3 (9 PPC)	Line 4 (9 PPC)	Line 5 (9 PPC)	Line 6 (9 PPC)	Wellbeing	Early finish each Tuesday 2PPC and Thursday 2PPC		
12	English (9 PPC)	Line 2 (9 PPC)	Line 3 (9 PPC)	Line 4 (9 PPC)	Line 5 (9 PPC)	Line 6 (9 PPC)	Wellbeing	Early finish each Tuesday 2PPC and Thursday 2PPC		

# What will my child be studying in Year 7 at MVHS

Over a two week cycle each student in Year 7 will participate in:

8 periods of **English**

8 periods of **Mathematics**

8 periods of **Science**

6 periods of **PDHPE**

6 periods of **HSIE**

6 periods of **Mandatory Technology**

6 periods of **Visual Art**

6 periods of **Languages**

2 periods of **Wellbeing**

4 periods of **Sport**

# Reading a timetable

Students will receive a hard copy of their two week cyclical timetable at the start of the year and at any time when there are significant changes to rooming or staffing.

Students can print additional copies from the Sentral Portal.

	MonA	BS	TueA	BS	WedA	BS	ThuA	BS	FriA
<b>BS</b> 8:25 - 8:55		<b>BS</b> 8:25 - 8:55		<b>BS</b> 8:25 - 8:55		<b>BS</b> 8:25 - 8:55		<b>BS</b> 8:25 - 8:55	
1 8:55 - 9:50	English Yr7 (7ENA) Room: C3 S Scott	1 8:55 - 9:45	Language Yr7 (7LAA) Room: B102 J McNeill	1 8:55 - 9:50	Maths Yr7 (7MX1) Room: C108 F Boticki	1 8:55 - 9:50	Maths Yr7 (7MX1) Room: C108 F Boticki	1 8:55 - 9:50	Technology Yr7 (7TECA4) Room: WT1 D Shaunessy
2 9:50 - 10:40	Art Yr7 (7ARTA) Room: AR2 J Willis	2 9:45 - 10:30	Technology Yr7 (7TECA4) Room: WT1 D Shaunessy	2 9:50 - 10:40	English Yr7 (7ENA) Room: C3 S Scott	2 9:50 - 10:40	English Yr7 (7ENA) Room: B103 S Scott	2 9:50 - 10:40	Science Yr7 (7SCA) Room: LAB5 A Wells
3 10:40 - 11:30	HSIE Yr7 (7HSIA) Room: C116 D Hillier	3 10:30 - 10:55	Well being Yr11 Grounded5 (WBGrounded1 ) Room: MU1 T Finnane	3 10:40 - 11:30	Physical Education Yr7 (7PEA) Room: C109 K Cocking	3 10:40 - 11:30	Science Yr7 (7SCA) Room: LAB5 A Wells	3 10:40 - 11:30	English Yr7 (7ENA) Room: B103 M Payne
R 11:30 - 12:00		ASBW 10:55 - 11:15		R 11:30 - 12:00		R 11:30 - 12:00		R 11:30 - 12:00	
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L1 13:40 - 14:10		5 12:30 - 13:15	Art Yr7 (7ARTA) Room: AR2 J Willis	L1 13:40 - 14:10		5 13:20 - 14:10	Language Yr7 (7LAA) Room: B102 J McNeill	L1 13:40 - 14:10	
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# Reading a timetable



MOUNT VIEW HIGH SCHOOL  
EST 1958

Period 1

Period 2

Period 3

Recess

Period 4

Period 5

Lunch

Period 6

1 8.55 – 9.50	<b>English Yr7 (7END)</b> Room: C3 R Bartlett
2 9.50 – 10.40	<b>Science Yr7 (7SCD)</b> Room: LAB2 B Hayman
3 10.40 – 11.30	<b>Maths Yr7 (7MM3)</b> Room: ISTEM P Makunja
Recess 11.30 – 12.00	
4 12.00 – 12.50	<b>Language Yr7 (7LAD)</b> Room: B102 E Blanch
5 12.50 – 1.40	<b>Physical Education Yr7 (7PED)</b> Room: B104 K Cocking
Lunch 1.40 – 2.10	
6 2.10 – 3.00	<b>Art Yr7 (7ARTD)</b> Room: AR3 N Wiseman

# Reading a timetable

Subject and (class)

Room

Teacher

**English Yr7 (7ENP)**

Room: **C3**

**R Bartlett**

# Class structures

Year 7 operate in class groupings. In 2024 there will be 7 classes allocated to Year 7.

**1 x Academic Enrichment class**

**5 x Mixed ability classes**

**1 x Academic support class**

Students will be allocated a class for Mathematics based on ability. Also, due to technology and visual art class sizes, student class groups will be mixed.

# Encouraging participation in many and varied academic and student representative programs

- Student Leadership Group
- Junior AECG (Aboriginal Education Consultative Group)
- LEOs (Junior Lions Club)
- Enrichment opportunities
  - Designated class
  - Subsidised excursions and learning opportunities
  - Newcastle University links
  - F1 in Schools
  - Study Skills seminars
  - Project 7, 8 and 10
  - Peripatetic music lessons

# Transport – School Bus



School travel passes ^

School Travel Passes

Who's eligible

How to apply

Apply now for a travel pass

Track your application

Purchase a School Term Bus Pass

Re-apply or update your details

Lost, stolen or damaged passes

## About the School Student Transport Scheme

### The School Student Transport Scheme

The School Student Transport Scheme (SSTS) provides eligible school students with free or subsidised travel from home to school.

The scheme includes:

- Free travel to and from home and school on approved train, bus, ferry and light rail services during school term.
- Discounted travel on buses between home and school with a [School Term Bus Pass](#).
- Free travel on NSW TrainLink Regional services and long distance coach services for boarding school students.
- [Subsidised travel](#) to and from school in private vehicles in areas where there is no public transport available.

Students with a disability who are unable to travel to and from school under the School Student Transport Scheme may be eligible for assistance under the Department of Education [Assisted School Travel Program](#).

### What will my free school travel pass look like?

# Transport – School Bus

## Transport for NSW



## School Student Travel

### Term 4 2023

#### 2024 school travel applications are now open

Students who need a new or replacement School Opal card or travel pass for 2024 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement because of a new shared parental arrangement (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification for their school travel entitlement should [renew or update](#) their details **before the end of term 4**. This will ensure that schools can endorse applications, and travel passes remain valid for the start of the 2024 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2024.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes.

Students/parents should confirm with their nominated operator if they do not receive a pass.

#### Travel from Term 1 2024

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

## School Student Travel Term 4 2023

Applications for 2024 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2023, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at [Plan your trip to school | transportnsw.info](#)

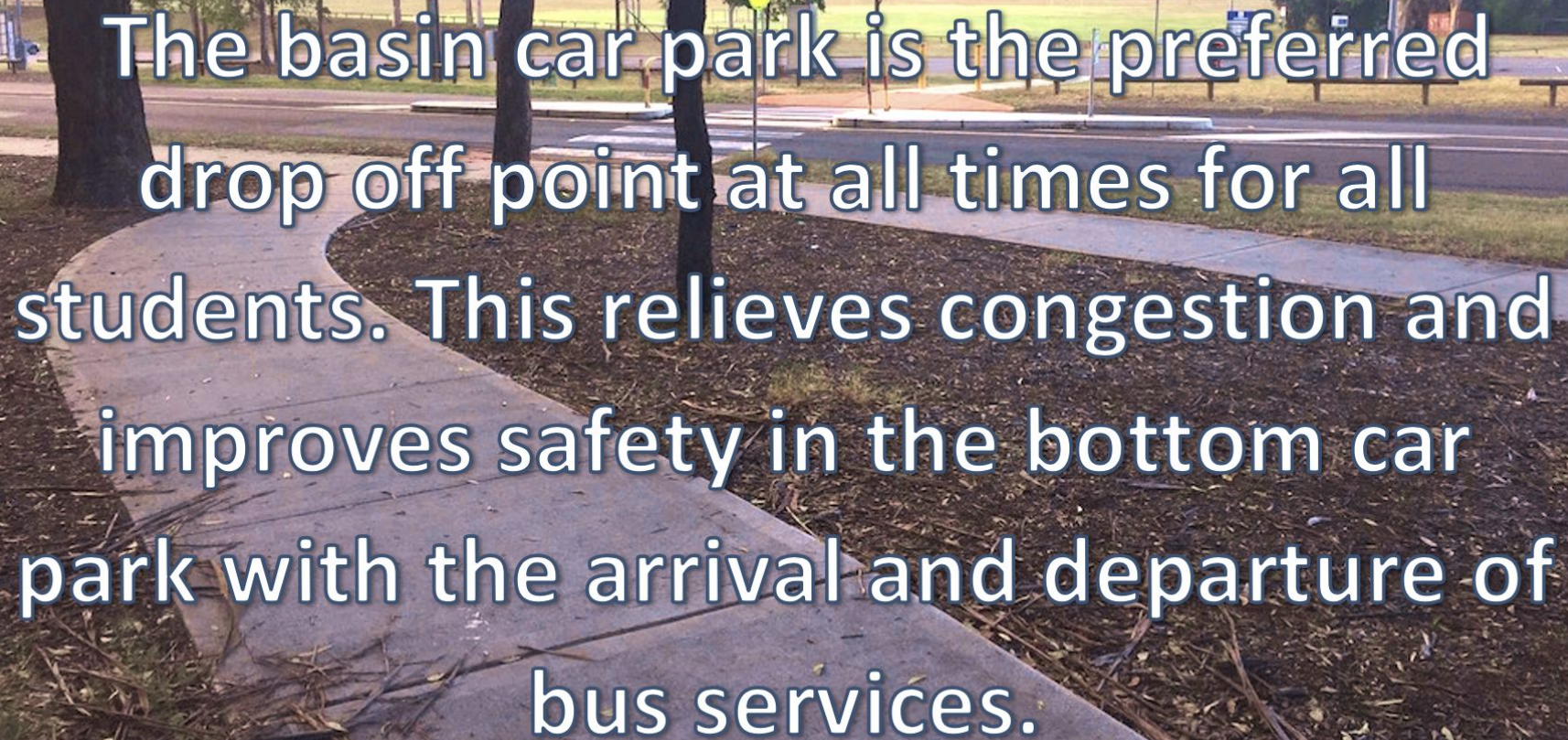
Enquiries can be submitted at [Fares, concessions, tickets & top-up feedback | transportnsw.info](#)

# Transport - Bikes, walking, parent transport

Transport



# Transport

A photograph of a campus parking area. In the foreground, a paved path curves through a landscaped area with dark mulch and several trees. A yellow sign with a black arrow pointing up is visible. In the background, there is a paved road, a grassy field, and a tall light pole. The scene is captured during the day with soft lighting.

The basin car park is the preferred drop off point at all times for all students. This relieves congestion and improves safety in the bottom car park with the arrival and departure of bus services.



# Transport



Students can cross safely using the pedestrian crossing. This gate remains open throughout the day.

OOOL

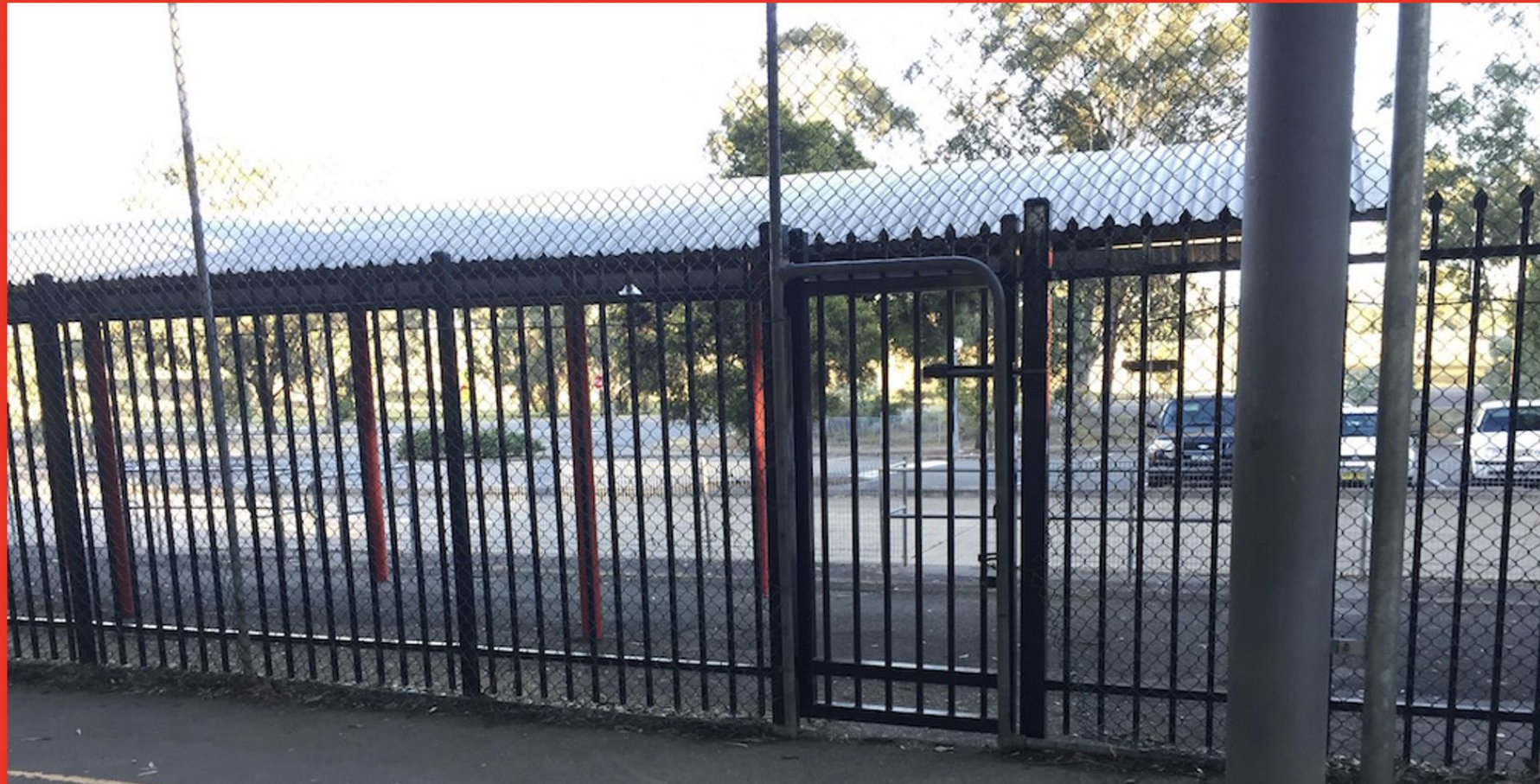
# Transport



The bottom gate used by walkers and bike riders will be locked at 8.45am

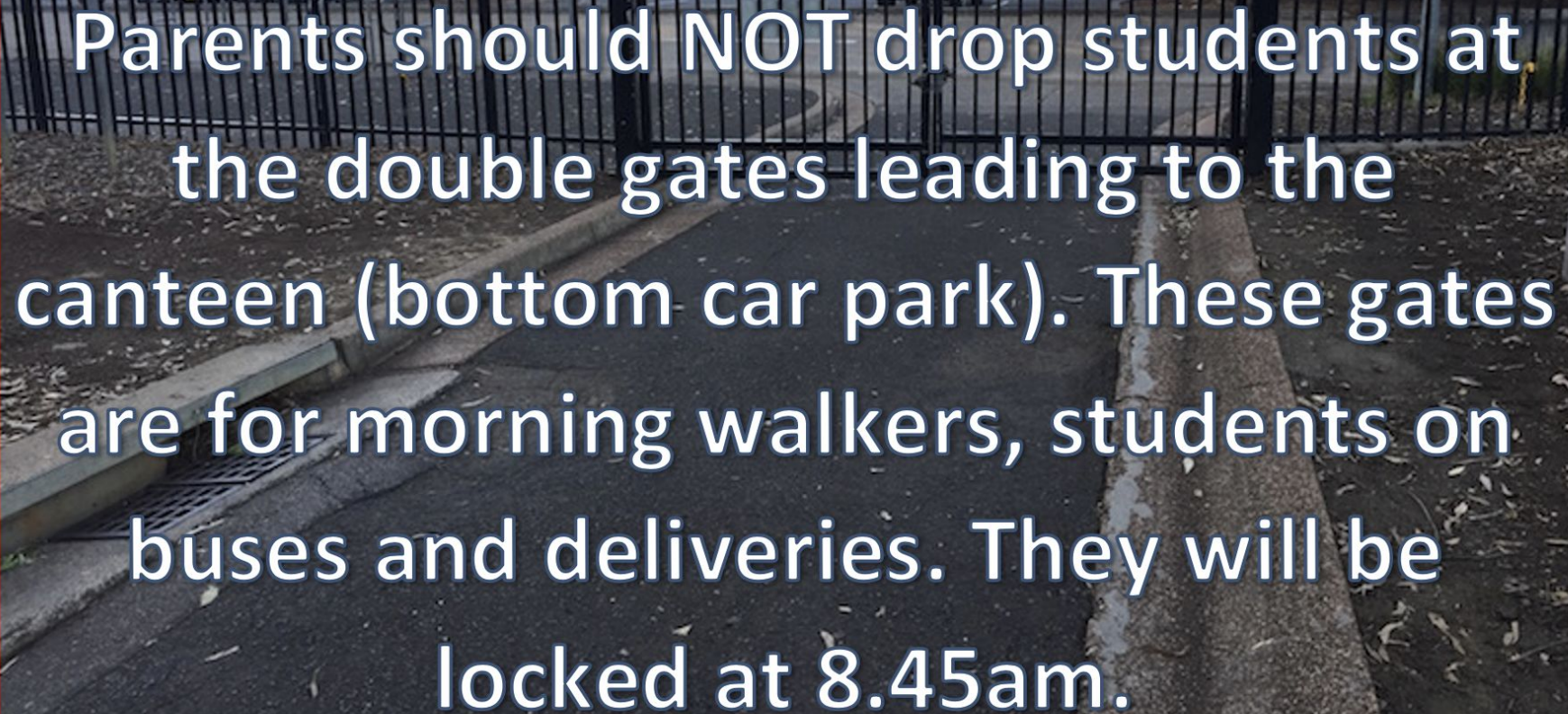
POOL

# Transport



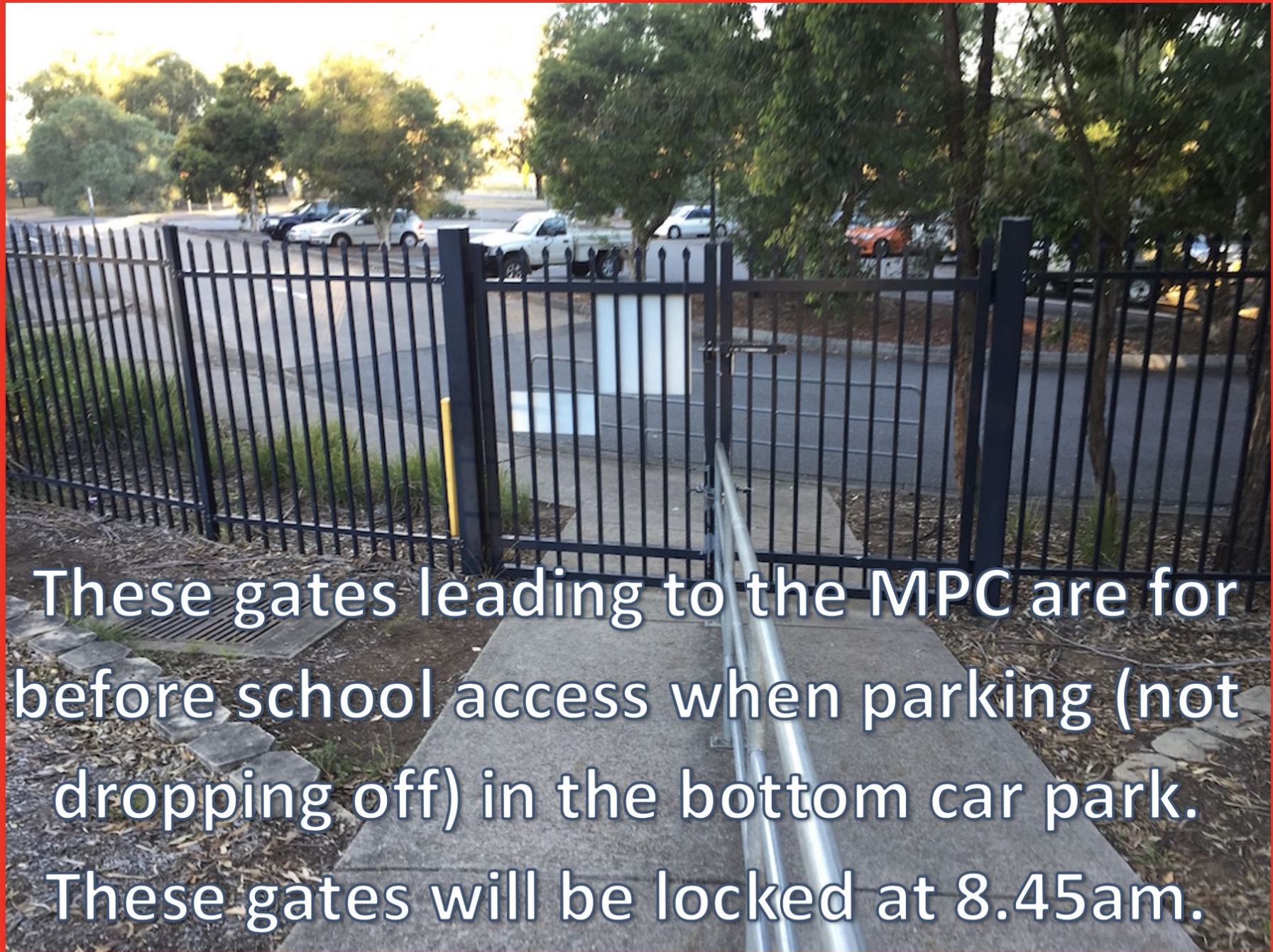
The bus bay gate will be locked after the last bus arrives or, at 8.45am - whichever comes last.

# Transport



Parents should NOT drop students at the double gates leading to the canteen (bottom car park). These gates are for morning walkers, students on buses and deliveries. They will be locked at 8.45am.

# Transport



These gates leading to the MPC are for before school access when parking (not dropping off) in the bottom car park. These gates will be locked at 8.45am.

# Uniform requirements



Rugby style jumper



Soft shell jacket



MVHS grey hoodie



Unisex sport short



Unisex blocker short



Jnr skirt with blouse



Black ladies stretch short



Black ladies fitted short



Black ladies stretch slack

# Behaviour Code

## Respect

### Respect

- Treat one another with dignity
- Speak and behave courteously
- Cooperate with others
- Develop positive and respectful relationships and think about the effect on relationships before acting
- Value the interests, ability and culture of others
- Dress appropriately by complying with the school uniform or dress code
- Take care with property

## Behaviour code for students NSW public schools

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

### In NSW public schools students are expected to:

- Respect other students, their teachers and school staff and community members
- Follow school and class rules and follow the directions of their teachers
- Strive for the highest standards in learning
- Respect all members of the school community and show courtesy to all students, teachers and community members
- Resolve conflict respectfully, calmly and fairly
- Comply with the school's uniform policy or dress code
- Attend school every day (unless legally excused)
- Respect all property
- Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools
- Not bully, harass, intimidate or discriminate against anyone in our schools

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

### Behaviour Code for Students: Actions

Promoting the learning, wellbeing and safety of all students in NSW Public Schools is a high priority for the Department of Education.

We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

### Respect

- Treat one another with dignity
- Speak and behave courteously
- Cooperate with others
- Develop positive and respectful relationships and think about the effect on relationships before acting
- Value the interests, ability and culture of others
- Dress appropriately by complying with the school uniform or dress code
- Take care with property

### Safety

- Model and follow departmental, school and/or class codes of behaviour and conduct
- Negotiate and resolve conflict with empathy
- Take personal responsibility for behaviour and actions
- Care for self and others
- Avoid dangerous behaviour and encourage others to avoid dangerous behaviour

### Engagement

- Attend school every day (unless legally excused)
- Arrive at school and class on time
- Be prepared for every lesson
- Actively participate in learning
- Aspire and strive to achieve the highest standards of learning

The principal and school staff, using their professional judgment, are best placed to maintain discipline and provide safe, supportive and responsive learning environments. The department provides a policy framework and resources such as Legal Issues Bulletins, access to specialist advice, and professional learning to guide principals and their staff in exercising their professional judgment. In this context the NSW Government and the Department of Education will back the authority and judgment of principals and school staff at the local level.

# Behaviour Code

## Safety

### Safety

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# Behaviour Code

## Engagement

### Engagement

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# MVHS Expectations

## RESPECT

Dress  
appropriately by  
complying with  
the school  
uniform code

# MVHS UNIFORM expectations



All students are expected to be in full school  
uniform at all times



# MVHS Expectations

## SAFETY

Model and follow  
school / class  
codes of  
behaviour and  
conduct

MVHS

# CLASSROOM

## expectations



Two lines to  
enter the class.

Teachers  
welcome students  
into their  
classroom.



All classes have a  
**seating plan**

**Class rolls** need to be **accurate** and marked in  
the **first 10 minutes** of each lesson

# MVHS Expectations

## ENGAGEMENT

Be prepared for  
every lesson

# MVHS EQUIPMENT expectations



Students should have an A4 writing book for each subject. In addition a few pens, pencils, a calculator, ruler, eraser, highlighter and glue should be brought each day.



# MVHS Anti-Bullying

as a part of our

# School Behaviour Support & Management Plan

## ANTI-BULLYING PLAN 2022

### Mount View High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Mount View High School uses this website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

#### Mount View High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive, and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

#### 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour. Our school engages in the following practices to promote a positive school culture.

#### 1.1 Student assemblies and Anti-Bullying interventions

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Feb/Term 1	Behaviour code for students included in all enrolment packs. Discussed at whole school assemblies on regular occurrence. Features at our first welcome back assembly that highlights school expectations.
Term 1	Year 7 and 8 have the Peace Pack program implemented as a part of Year 7 and 8 PDHPE theory lessons, Peer Support program features respectful relationships (Yr 7 and Yr 10), Youth Aware of Mental Health (YAMH) program (9), Brainstorm Productions. Week 7 Harmony Week which culminates with the National Day of Action Against Bullying and Harassment.
Term 2	Promotion of MVHS Anti-bullying Procedures. Student assemblies across the school.
Term 3	Behaviour code for students and continued school expectations are featured in the return to school Semester 2 assembly.
Term 1 - 4	MVHS has a designated Wellbeing lesson each week. Specific focus on National Day of Action Against Bullying and Harassment, Gas Lighting, Upstander V's Bystander, Empathy, Support networks, Internal and External Agencies are included in the scope and sequence of lessons.

NSW Department of Education | PD-2010-0415-01-V1.1.2 | Applicable from 27/01/2021  
If this is a printed document, refer to the department's Policy Library for the most recent version.

### HIGH SCHOOL BULLYING CODE PROCEDURES

If bullying happens to you:  
Please report it in an appropriate manner.

Describe the incident

What resolution - You may be required  
to attend or an interview

Please pass form to the Head Teacher

Offences will be dealt with by Deputy

**IT'S OK FOR BYSTANDERS TO TELL**

### Mount View High School

### High School Student Harassment

#### Check-In:

- Physical pushing  
 Physical hitting  
 Social media:

When did this harassment occur):

NAME	YEAR GROUP

Signature:

Date:

Which actions you have completed):  
In person or room

- Talk to other students  
 Other:  
 Parent contact

Date:

Please ensure this form is given to Head Teacher Wellbeing for uploading to SENTRAL

# Banned items

- Mobile Phones
- Permanent markers - “Sharpies”
- Aerosol deodorant
- Energy drinks
- Laser pointers
- Chewing Gum
- Medication of any kind

## MOBILE PHONES ARE A BANNED ITEM

The school will provide each student with an individually identified personal Phone Locker Pouch in which to place their mobile phone. **Phones must be turned off and locked in a pouch prior to entering any school-related setting.**

### Stationery:

- Metal rulers
- Permanent markers
- Liquid paper / correction fluid

### Food items and Toiletries:

- Aerosol deodorant or other aerosols
- Chewing gum
- Energy, “V” or highly caffeinated drinks
- Zero alcohol beer, or any drink otherwise representing an alcoholic brand
- Ring pull cans (eg. salmon, tuna etc)

### Other items, including illegal items

- Weapons, or items which can be used as weapons
- Alcohol
- Imitation guns or weapons
- Drugs or drug paraphernalia
- Pornographic or offensive magazines or material
- Knives
- Cigarettes
- Vapes / E-cigarettes
- Laser pointers / lights
- Matches or lighters
- Medication of any kind (unless registered with the clinic/sick bay)
- Aerosol cans of any description
- ‘Deep Heat’ or similar products
- Superglue
- Whistles
- Water bombs, water pistols, ‘woopie’ cushions, firecrackers, smoke bombs or similar
- Inappropriate computer software or games that involve violence or are rated as not being appropriate for young people, including hacking programs or viruses

### Notes:

Scooters, bikes and skateboards must not be ridden on the school grounds. Provision is made for safe storage in the bike rack at school but no responsibility for theft or damage can be taken by the school.

Students who bring personal property to school do so at their own risk – schools will not accept any responsibility for loss or damage to personal property, unless this occurs after property has been confiscated. If laptops or other expensive electronic devices are brought to school then it must be done so after signing a BYOD (Bring Your Own Device) agreement. Lockers are available for hire for this purpose.

# Mobile phones

**Mobile Phones are banned.** Students are not to use mobile phones while in a school related setting at any time (including breaks) Settings include school grounds, sport, representative activities, excursions, camps.

The school will provide each student with an individually identified personal **Phone Locker Pouch** in which to place their mobile phone. The Phone Locker Pouch remains the property of the school. **Phones must be locked in a pouch prior to entering any school-related setting.**

It is the student's responsibility to care for the pouch and bring it with them to school every day. Students who bring a phone to school but do not have a maintained phone pouch will be required to hand their phone in to a deputy principal for the day.

**Phones pouches will be unlocked at the conclusion of the school day or school-related event.**

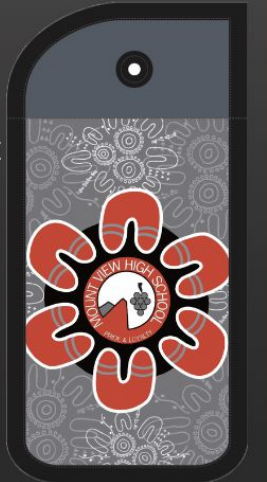
## MVHS Mobile Phone expectations



- All phones must be turned off and placed into a pouch on entry to MVHS. Pouches must be locked.
- Students who bring a phone to school but do not have their pouch will be required to hand their phone to a deputy principal for the day.
- Damaged or lost pouches incur a \$20 replacement fee.

**MOBILE PHONES are BANNED.** The pouch system supports students to be in possession of a phone and meet ban requirements.

**ENGAGEMENT EXPECTATIONS**



# How do I communicate with the school?

- Ring the school phone number (4990 2566) and leave a message for the Teacher / YA
- Mark as important any email communication from Mount View High School. Emails can be generated from Sentral, School Bytes, @det.nsw.edu.au email accounts.
- Stay informed and 'like' our Facebook page
- Use the parent portal / read *The View*
- Attend parent teacher nights
- Check the Year 7 Parent Classroom
- Book an interview with Year Adviser / Class Teacher
- Join the school's P&C Association
- Attend the "Welcome to Year 7" evening - February, 2024
- Read important notices situated at the front of the school



# Mount View High School - Website



## Mount View High School

High expectations and opportunities for all to thrive.

T: 02 4990 2566

E: [mountview-h.school@det.nsw.edu.au](mailto:mountview-h.school@det.nsw.edu.au)

[About our school](#)

[Supporting our students](#)

[Learning at our school](#)

[Parent portal](#)

[CCGPS](#)

[Community](#)

[Contact us](#)



Mount View High School is dedicated to developing an innovative, flexible learning culture that is courageous

### SENTRAL PARENT PORTAL



Use this portal for accessing:

- Student Reports
- Student Attendance
- Student Assessments
- School Newsletters
- Booking Parent Teacher Interviews



### School Bytes PARENT PORTAL



Use this portal for accessing:

- Payments to school
- Excursion permission notes
- Forms to complete

Scan the QR code to set up your access to the School Bytes Parent Portal

### ASSESSMENT SCHEDULES



BOOK PACKS AND STATIONERY SUPPLIES

### STUDENT ENROLMENT



### SUBJECT SELECTION BOOKLETS



### Welcome to our school

Mount View High School is a comprehensive coeducational community school that has high expectations of students consistent with each student's ability and the belief that all students can achieve their personal best.



[View our latest newsletter](#)

22 Sep 2023

# Mount View High School - Website

## Upcoming events

[Go to all events](#)

Mon

09

OCT

### All Students - First Day of Term 4

 09 October  All day

 Mount View High School

All students return for the first day of Term 4.

Wed

11

OCT

### Year 12 - HSC Written Exams Commence

 11 October  All day

 Mount View High School

The 2023 HSC Written Examinations commence Wednesday 11th October and finish no later than Friday 3r...

Fri

13

OCT

### Under 13's - Rugby League 9's Hunter Premiership

 13 October

 9:00 AM-2:30 PM

 Barnett Fields, Windale



Mount View High School's Under 13's Rugby League team will be competing at the Rugby League 9's Hunte...

Tue

17

OCT

### F1 in Schools - State Finals

 17-19 October  All day

 Sydney Motorsport Park


F1 in Schools STEM Challenge NSW State Finals where 55 teams will be competing for 4 spots to go on ...

Fri

20

OCT

### Under 15's - Rugby League 9's Hunter Premiership

 20 October

 9:00 AM-2:30 PM

 Barnett Fields, Windale

Mount View High School's Under 15's Rugby League team will be competing at the Rugby League 9's Hunte...

# Mount View High School - Website



## Year 12 - HSC Written Exams Commence

📅 Wednesday 11 October 2023 ⌚ All day  
📍 Mount View High School

The 2023 HSC Written Examinations commence Wednesday 11th October and finish no later than Friday 3r...

📧 [Remind me \(ICS 1.25KB\)](#)



## Under 13's - Rugby League 9's Hunter Premiership

📅 Friday 13 October 2023 ⌚ 9 am-2:30 pm  
📍 Barnett Fields, Windale

Mount View High School's Under 13's Rugby League team will be competing at the Rugby League 9's Hunte...

📧 [Remind me \(ICS 1.07KB\)](#)



## F1 in Schools - State Finals

📅 17 - 19 October 2023 ⌚ All day  
📍 Sydney Motorsport Park

F1 in Schools STEM Challenge NSW State Finals where 55 teams will be competing for 4 spots to go on ...

📧 [Remind me \(ICS 0.98KB\)](#)



## Under 15's - Rugby League 9's Hunter Premiership

📅 Friday 20 October 2023 ⌚ 9 am-2:30 pm  
📍 Barnett Fields, Windale

Mount View High School's Under 15's Rugby League team will be competing at the Rugby League 9's Hunte...

📧 [Remind me \(ICS 1.08KB\)](#)



## Year 7 - Lifesaving Program

📅 21 - 25 November 2022 ⌚ All day

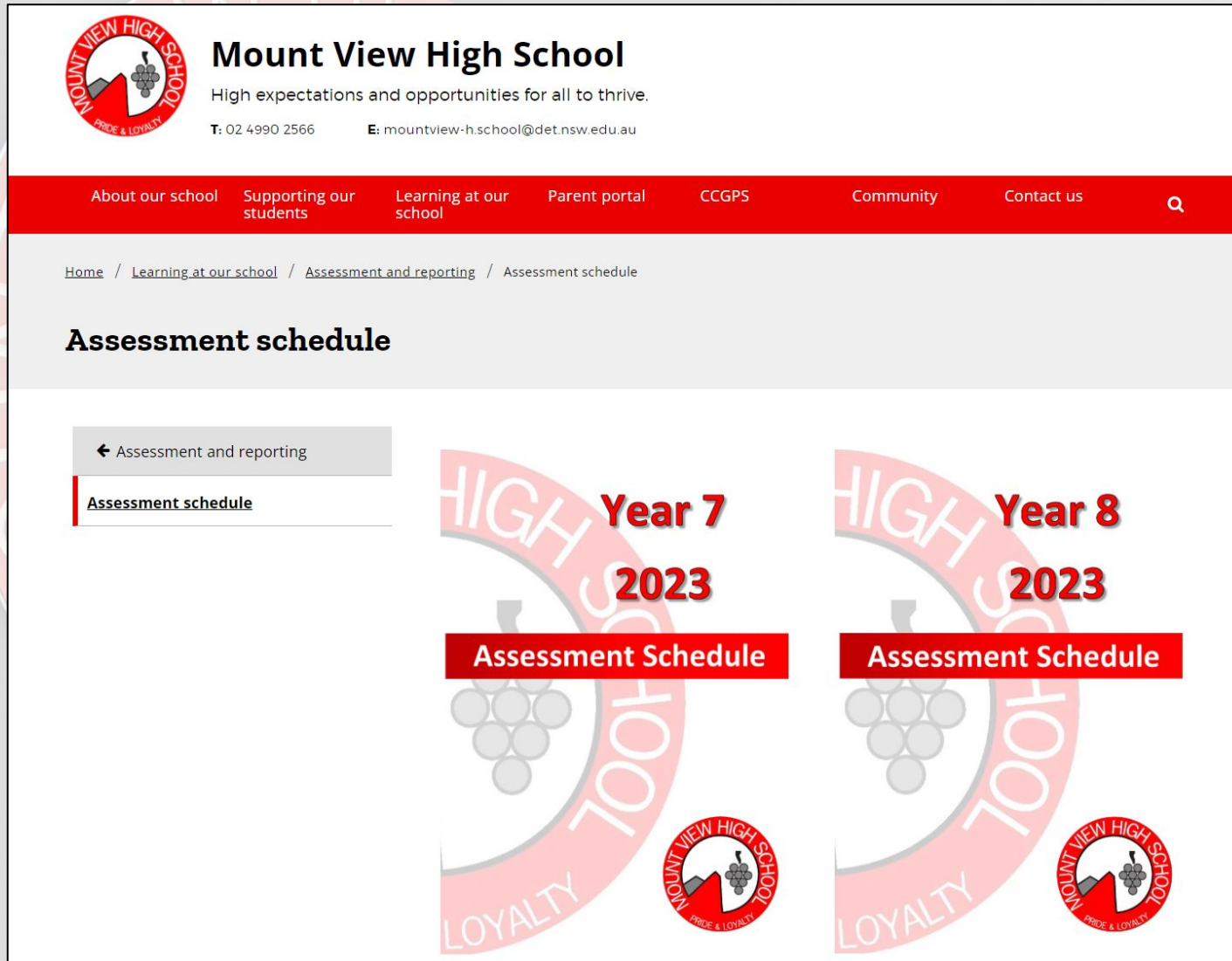
📍 Cessnock Pool, Nobbys Beach & N...


As part of PDHPE studies, all Year 7 Students will be completing a compulsory Lifesaving Program at ...

📧 [Remind me \(ICS 1.77KB\)](#)



# Mount View High School Assessment Schedule



 **Mount View High School**  
High expectations and opportunities for all to thrive.  
T: 02 4990 2566 E: [mountview-h.school@det.nsw.edu.au](mailto:mountview-h.school@det.nsw.edu.au)

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[Home](#) / [Learning at our school](#) / [Assessment and reporting](#) / [Assessment schedule](#)

## Assessment schedule


[← Assessment and reporting](#)

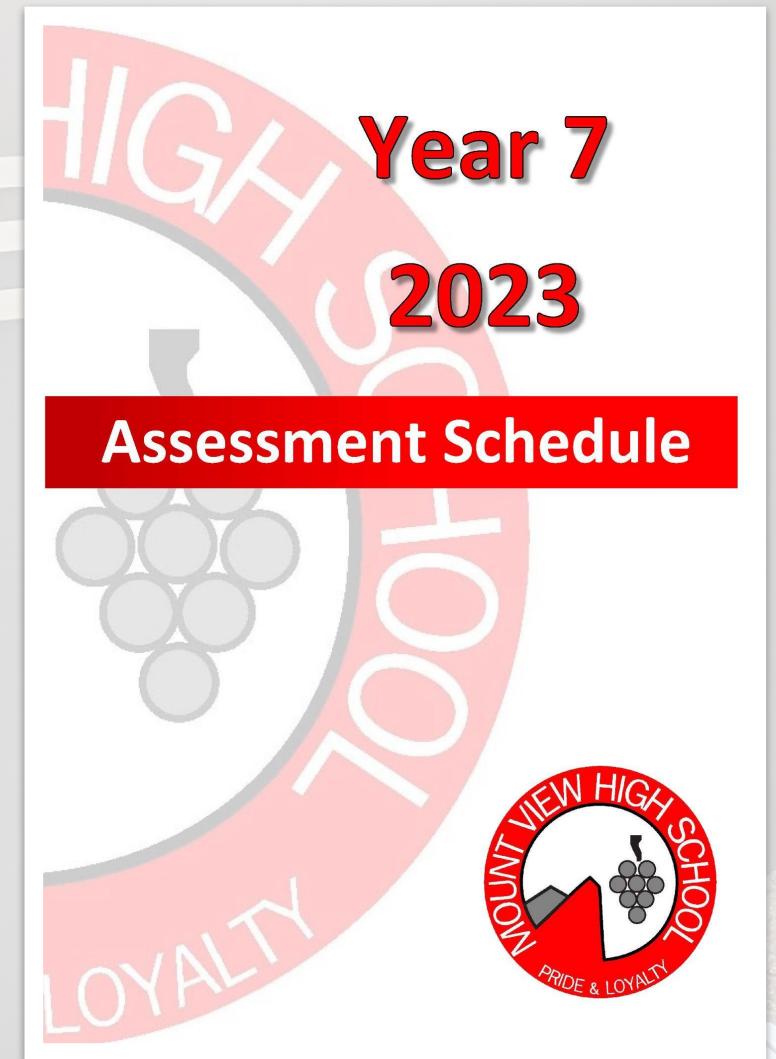
[Assessment schedule](#)

**Year 7**  
**2023**  
**Assessment Schedule**




**Year 8**  
**2023**  
**Assessment Schedule**





**Year 7**  
**2023**  
**Assessment Schedule**



# Assessment Schedule

Whole year overview

Main Menu

Week	Term 1 - 2023		Term 2 - 2023		Term 3 - 2023		Term 4 - 2023	
1			PDHPE		ENGLISH			
2			HISTORY	SCIENCE			GEOGRAPHY	
3					SCIENCE			
4	CAMP		ENGLISH		MATHEMATICS	JAPANESE	MATHEMATICS	
5			MATHEMATICS				ENGLISH	SCIENCE
6	HISTORY		VISUAL ARTS				TECHNOLOGY	VISUAL ARTS
7	NAPLAN		TECHNOLOGY		MATHEMATICS	GEOGRAPHY		
8	NAPLAN				ENGLISH			
9	MATHEMATICS	JAPANESE			MATHEMATICS	PDHPE		
10	TECHNOLOGY	VISUAL ARTS			TECHNOLOGY	VISUAL ARTS		
	PDHPE prac ongoing assessment		PDHPE prac ongoing assessment					
	Japanese ongoing class assessment		Japanese ongoing class assessment		Japanese ongoing class assessment		Japanese ongoing class assessment	
	Technology Mandatory ongoing project based assessment		Technology Mandatory ongoing project based assessment		Technology Mandatory ongoing project based assessment		Technology Mandatory ongoing project based assessment	

English Faculty

Curriculum Menu

Year 7 Assessment Schedule 2023

## ENGLISH

### Semester 1

Task Title	Due Date	Nature of Task	Outcomes Assessed	Weighting
AT1 - Imagery	T2W4	Portfolio	EN4-1A EN4-5C EN4-7D	100%
				Total 100%

### Semester 2

Task Title	Due Date	Nature of Task	Outcomes Assessed	Weighting
AT2 - Imagery	T3W1	Picture Book Project	EN4-1A EN4-2A EN4-4B EN4-9E	30%
AT3 - Perspective	T3W8	Listening/timed Reading Examination	EN4-1A EN4-3B EN4-5C EN4-8D	30%
AT4 - Intertextuality	T4W5	Intertextuality/Viewing Timed Examination	EN4-2A EN4-6C EN4-5C	40%
				Total 100%

### Additional Notes

Class tests, quizzes, reflections and drafting with feedback will occur throughout each term as part of formative assessment.

### Outcomes:

- EN4-1A responds to and composes texts for understanding, interpretation, critical analysis, imaginative expression and pleasure
- EN4-2A effectively uses a widening range of processes, skills, strategies and knowledge for responding to and composing texts in different media and technologies
- EN4-3B uses and describes language forms, features and structures of texts appropriate to a range of purposes, audiences and contexts
- EN4-4B makes effective language choices to creatively shape meaning with accuracy, clarity and coherence
- EN4-5C thinks imaginatively, creatively, interpretively and critically about information, ideas and arguments to respond to and compose texts
- EN4-6C identifies and explains connections between and among texts
- EN4-7D demonstrates understanding of how texts can express aspects of their broadening world and their relationships within it
- EN4-8D identifies, considers and appreciates cultural expression in texts
- EN4-9E uses, reflects on and assesses their individual and collaborative skills for learning

# Assessment Schedule

PDHPE Faculty

Curriculum Menu

Year 7 Assessment Schedule 2023

## PDHPE

Semester 1

Task Title	Due Date	Nature of Task	Outcomes Assessed	Weighting
AT1 - Managing Change	T2W1	Topic Test	4.1 4.2 4.9 4.10	50%
AT2 – Basic Skills/Tribal Wars	T1& T2 Ongoing	Practical Application	4.4 4.5 4.8	50%
				Total 100%

# Assessment Schedule

## Mount View High School Year 7 - Semester 1 Report



**Student Name**

**Mathematics**

**Teacher: Saju Abraham**

**Head Teacher: Ben McCartney**

Assessment Mark
97%

Assessment Rank
4/151

Assessment Task Name	Mark	Rank	Average	Weight
AT1 - Open Book Class Test	95%	11 / 151	69%	50%
AT2 - Class Test + Summary Sheet	100%	1 / 153	56%	50%

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**ASSESSMENT SCHEDULES**

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
Assessment Schedule	Assessment Schedule	Assessment Schedule	Assessment Schedule	Assessment Schedule	Assessment Schedule

**COS**  
parent.cos.net.au

**BOOK PACKS AND STATIONERY SUPPLIES**

**STUDENT ENROLMENT**

**SUBJECT SELECTION BOOKLETS**

Year 9	Year 10	Year 11
Subject Selection Booklet	Subject Selection Booklet	Subject Selection Booklet

# Book Pack orders

Website: [parent.cos.net.au](http://parent.cos.net.au)

User Name: [mountviewhigh@cos.net.au](mailto:mountviewhigh@cos.net.au)

Password: **PARENTS-24**

Calculators are available from MVHS Reception.

Art folders purchased separately.



# Book Pack Ordering

Ready to order?


For a fast, simple, and secure way to place your order visit <https://parent.cos.net.au/> and follow these steps:

1. Click on School Packs or Sign in button in the menu taskbar
2. Enter the **Username:** mountviewhigh@cos.net.au / **Password:** Parents-24
3. Select the Year level required for 2024
4. Review product selection based on your requirements (please note, items may have been marked as either mandatory or optional by your school)
5. Add your Pack to the shopping cart
6. Enter your Child's Details & Delivery Details
7. Enter in your credit card, PayPal or Pay4 details and then submit your order

You will receive an email order confirmation and can also request order tracking sent to your mobile.


# Parent Portals


**SENTRAL PARENT PORTAL**



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Mount View High School  
Student and Parent Portal

Please enter your username and password below

Username

Password

[Forgot Password?](#)



**School Bytes**

Log in to the parent portal

[Or create a new account](#)

Email address

Password

Remember me [Forgot your password?](#)

This site is protected by reCAPTCHA and the Google [Privacy Policy](#) and [Terms of Service](#) apply.


[User guides](#)


# Central Parent Portal


 My Timetable

 Attendance







 Reporting

 Continuous Assessments

 **Mount View High School**  
Parent Portal Shane Hookway


 There are 176 unexplained absences requiring explanation. Please [click here](#) to provide an explanation to the school.

## Dashboard

 Dashboard Bulletins Daily Notices Teacher Messages Classes Homework


---

### School Applications

 **Parent Calendar**


---

### Daily Notices

 No notices found for today  
No daily notices recorded for today. Please check back later.

---

### Student Bulletin

 No bulletin found

# Sentral Parent Portal

## Attendance

Attendance Overview - Overall: 100.0 %

Term 1 : 100 100 %

	M	T	W	T	F
W1					
W2					
W3					
W4					
W5					
W6					
W7					
W8					
W9					
W10					

Term 2 : 100 100 %

	M	T	W	T	F
W1					
W2					
W3					
W4					
W5					
W6					
W7					
W8					
W9					
W10					

Term 3 : 100 100 %

	M	T	W	T	F
W1					
W2					
W3					
W4					
W5					
W6					
W7					
W8					
W9					
W10					

Term 4 : 100 100 %

	M	T	W	T	F
W1					
W2					
W3					
W4					
W5					
W6					
W7					
W8					
W9					
W10					
W11					

## My Timetable

< Term 4 Week 7 - Term 4 Week 8 >

	TueA Tuesday 22/11/2022		WedA Wednesday 23/11/2022	
	BS 8:25 - 8:55		BS 8:25 - 8:55	
	Business Studies Yr11 * Room: C117	1 8:55 - 9:50	English Advanced Yr11 * Room: C4 C Devine	1 8:55 - 9:50
2 9:50 - 10:40	English Advanced Yr11 (11EAD1) Room: DRMA C Devine	2 9:45 - 10:30	PDHPE Yr11 (11PDHPE1) Room: C109 Babic Mark	2 9:50 - 10:40
3 10:40 - 11:30	Biology Yr11 (11BIO1) Room: LAB2 S Harwood	3 10:30 - 10:55	Leaders Well-being (WBLLeadership) Room: DRMA H Baum	3 10:40 - 11:30
R 11:30 - 12:00	ASBW 10:55 - 11:15	R 11:30 - 12:00	R 11:30 - 12:00	R 11:30 - 12:00
4 12:00 - 12:50	CAFS Yr11 (11CAFS1) Room: C109 K Cocking	R 11:15 - 11:45	CAFS Yr11 (11CAFS1) Room: C109 K Cocking	4 12:00 - 12:50
5 12:50 - 13:40	Mathematics Advanced Yr11 (11MAT2) Composite Room: C107 S Curran	4 11:45 - 12:30	CAFS Yr11 (11CAFS1) Room: C109 K Cocking	5 12:50 - 13:40
L1 13:40 - 14:10		5 12:30 - 13:15	English Advanced Yr11 (11EAD1) Room: C4 C Devine	L1 13:40 - 14:10
6 14:10 - 15:00	Business Studies Yr11 ** (11BUS1) Room: C117 L Hunt	L1 13:15 - 13:45	PDHPE Yr11 ** (11PDHPE1) Room: C109 L Burke	6 14:10 - 15:00
BUS 15:00 - 15:30		6 13:45 - 14:30	Mathematics Advanced Yr11 ** (11MAT2) Room: C102 B McCartney	BUS 15:00 - 15:30
OFFLINE 15:30 - 16:30		BUS 14:30 - 15:00 OFFLINE 15:00 - 16:00	OFFLINE 15:30 - 16:30	OFFLINE 15:30 - 16:30

## Reporting

Semester	Year	Template	Options
1	2018	SPAR 7	<a href="#">Download File</a>
Semester 1, 2018	1	2018 Year 7	<a href="#">Download File</a>
Semester 2, 2018	2	2018 Year 7	<a href="#">Download File</a>
Semester 1, 2019	1	2019 Year 8	<a href="#">Download File</a>
7-10 Semester 2, 2019	2	2019 Year 8	<a href="#">Download File</a>
Semester 1, 2020	1	2020 Year 9	<a href="#">Download File</a>
7-10 Semester 2, 2020	2	2020 Year 9	<a href="#">Download File</a>
Attendance Update #1 Semester 1, 2021	1	2021 Attendance	<a href="#">Download File</a>
7-10 Semester 1 Reports, 2021	1	2021 Year 10	<a href="#">Download File</a>

# School Bytes Parent Portal



Dashboard

Payments

Activities

Documents

Forms

Welcome (Parent Name)

School news 0 posts



Dashboard

Payments

Activities

Documents

Forms

Forms

Pending action

No action required

School forms

Forms are listed by category.

Attendance



General

Application for Extended Leave - Travel V3

Mount View High School

Change of Details form

Mount View High School



Dashboard

Payments

Activities

Documents

Forms

Payments

User guides

## Statement of account

You may modify the amount you wish to pay for an item by typing the desired amount into the 'Balance' column.

Consent must be given before making payment for an activity. This can be completed by clicking [here](#).

(Student Name)

<input checked="" type="checkbox"/>	NAME	AMOUNT PAID	BALANCE
-------------------------------------	------	-------------	---------

No items currently owing.

Add other item

Total: \$0.00

Pay Now

## Available credit

Mount View High School

\$0.00 + Add credit

Statement of Account

Payment History

Refunds



Dashboard

Payments

Activities

Documents

Forms

Activities

## Consent and pay

View upcoming activities for your students and provide consent to attend. Click on the name of any activity to view information.

(Student Name)

ACTIVITY NAME

CONSENT

TB

Lift the Load - Maitland Park Run

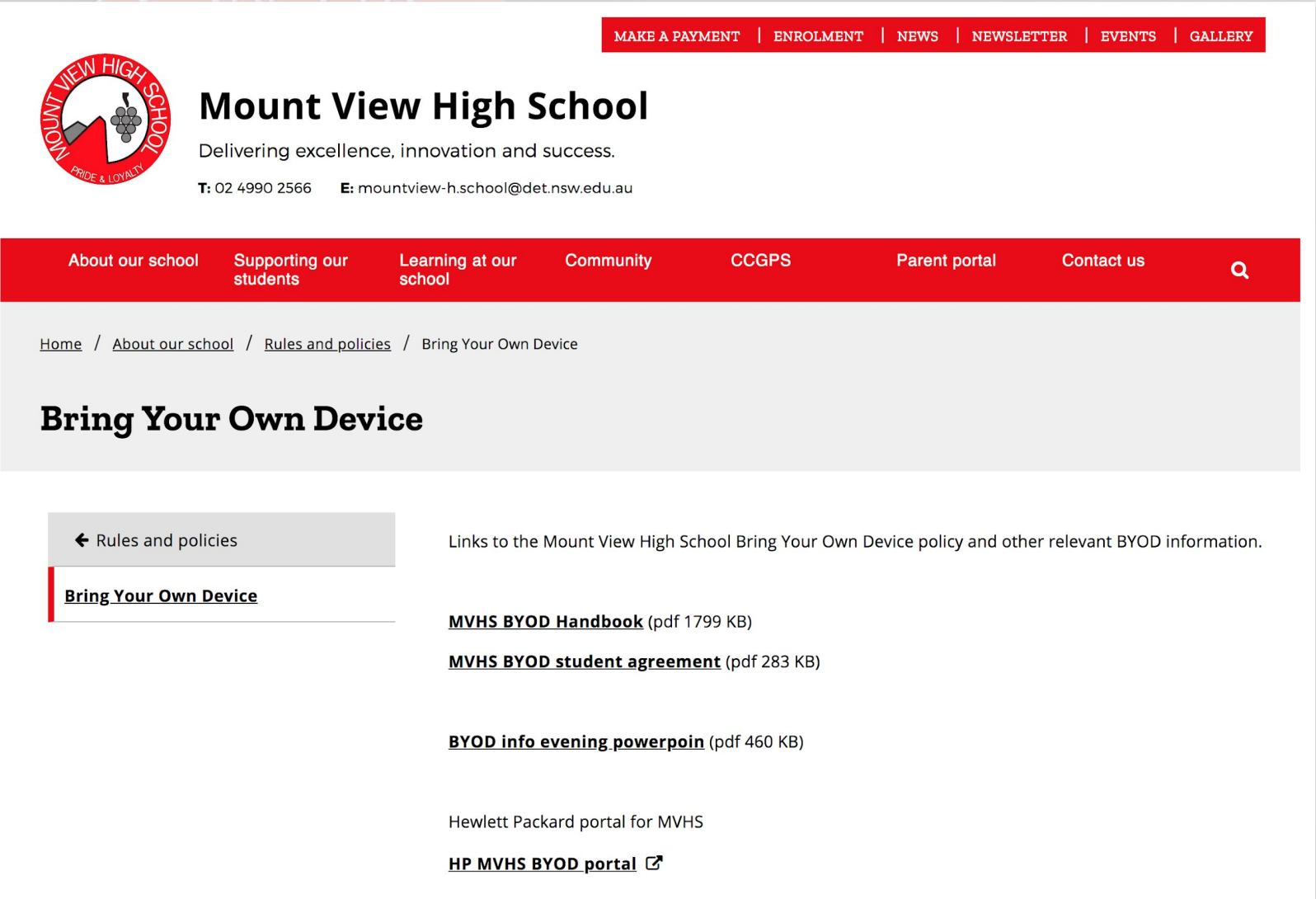
Date: 16/10/2023

Due date: 16/10/2023


Consent given

Showing 1 to 1 of 1 results

# BYOD – Bring your own device



MAKE A PAYMENT | ENROLMENT | NEWS | NEWSLETTER | EVENTS | GALLERY



## Mount View High School

Delivering excellence, innovation and success.

T: 02 4990 2566 E: [mountview-h.school@det.nsw.edu.au](mailto:mountview-h.school@det.nsw.edu.au)

About our school | Supporting our students | Learning at our school | Community | CCGPS | Parent portal | Contact us

Home / [About our school](#) / [Rules and policies](#) / Bring Your Own Device

### Bring Your Own Device

← Rules and policies

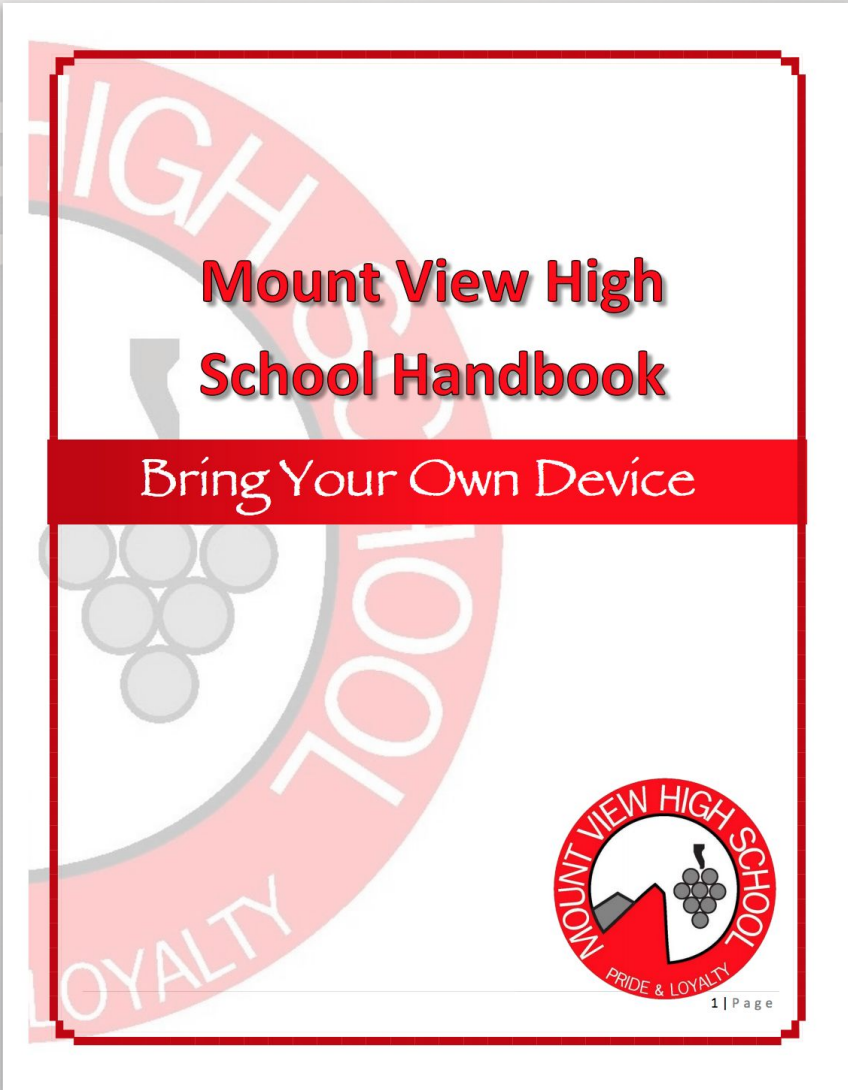
**Bring Your Own Device**

Links to the Mount View High School Bring Your Own Device policy and other relevant BYOD information.

- [MVHS BYOD Handbook](#) (pdf 1799 KB)
- [MVHS BYOD student agreement](#) (pdf 283 KB)
- [BYOD info evening powerpoint](#) (pdf 460 KB)


Hewlett Packard portal for MVHS

[HP MVHS BYOD portal](#)



## Mount View High School Handbook

### Bring Your Own Device



1 | Page

# Parent and Carer Details

- Details may change over the course of a student's enrolment. It is vital that the school remains aware of any changes to contact details or medical requirements. If there has been a change since the completion of your Enrolment, please see the staff in the front office to complete one of these green forms.
- You can also update your details via the School Bytes Parent Portal via the Forms tab.

**Student Change of Details**

In many cases various details change over the six years that students spend at high school. It is important that the school remains aware of contact details and any medical requirements that may be relevant to your child/children. If changes have occurred since you completed an enrolment form, please complete the slip below and ask your son/daughter to return it to the front office.

Name of student(s): \_\_\_\_\_ Year(s): \_\_\_\_\_ Student Mobile(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Email Address: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

**Carer Contact Details:** *(We will contact the parents in the first instance)*

Mother/Guardian's Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Mother/Guardian's Mobile: \_\_\_\_\_ Mother/Guardian's Work: \_\_\_\_\_  
Father/Guardian's Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Father/Guardian's Mobile: \_\_\_\_\_ Father/Guardian's Work: \_\_\_\_\_

**Emergency Contact Details:** *(We will use these contact details should we not be able to contact parents)*

1. Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Mobile: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Phone Numbers: \_\_\_\_\_ Mobile: \_\_\_\_\_

Medical Updates: \_\_\_\_\_  
\_\_\_\_\_

Form Completed By: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE RETURN TO THE FRONT OFFICE

© Mount View High School 2014

# Attendance Procedures

- **If your child is away for any reason:**
  - Send in a note the following day to explain, or
  - Respond to the SMS message sent by the school.
  - In the case of extended leave, please notify school **prior** to taking leave – certificates of exemption can be obtained from the office or via the School Bytes Parent Portal
- Sport is a compulsory component of NSW Schools. Sport should not be used to make appointments.





# Attendance Procedures - 5 week report

## 2022 Attendance Report

Attendance Period - (22/08/2022 - 23/09/2022)

Mount View High School



Year 11



## Whole Day Attendance Percentage - 100%

The whole day attendance percentage is calculated using the number of days attended by the student as a percentage of the number of school days in a given time period. Use the whole day attendance road map on the next page to track the relative impact on your child's education. This percentage does NOT take into account student absence from individual classes. The table below shows attendance pattern for each class.

### Class Period Attendance

Student Class	Attendance
<b>Wellbeing (100% = 5 Lessons)</b> Nathan Russell	100%
<b>English Extension (100% = 12 Lessons)</b> Chanele Devine	100%
<b>English Advanced (100% = 22 Lessons)</b> Chanele Devine	100%
<b>Mathematics Standard 2 (100% = 22 Lessons)</b> Frank BOTICKI	100%
<b>Geography (100% = 22 Lessons)</b> Bettina Sattler	100%
<b>Biology (100% = 22 Lessons)</b> Blake Gruber	100%
<b>Modern History (100% = 22 Lessons)</b> Daniel Hillier	100%
<b>Business Studies (100% = 22 Lessons)</b> Lisa Hunt	null%

Student class table attendance percentage refers to the number of lessons that a student has attended as a percentage of the number of lessons that have been delivered. It can reflect a student's engagement in extra curricula activities that withdraw them from normal timetabled classes. Examples of this include welfare based support programs, sporting excursions, leadership programs, etc. Variation in class attendance can also be due to unexplained or unauthorised student absence from class.

Parents and caregivers should contact individual teachers regarding any class based attendance concerns.

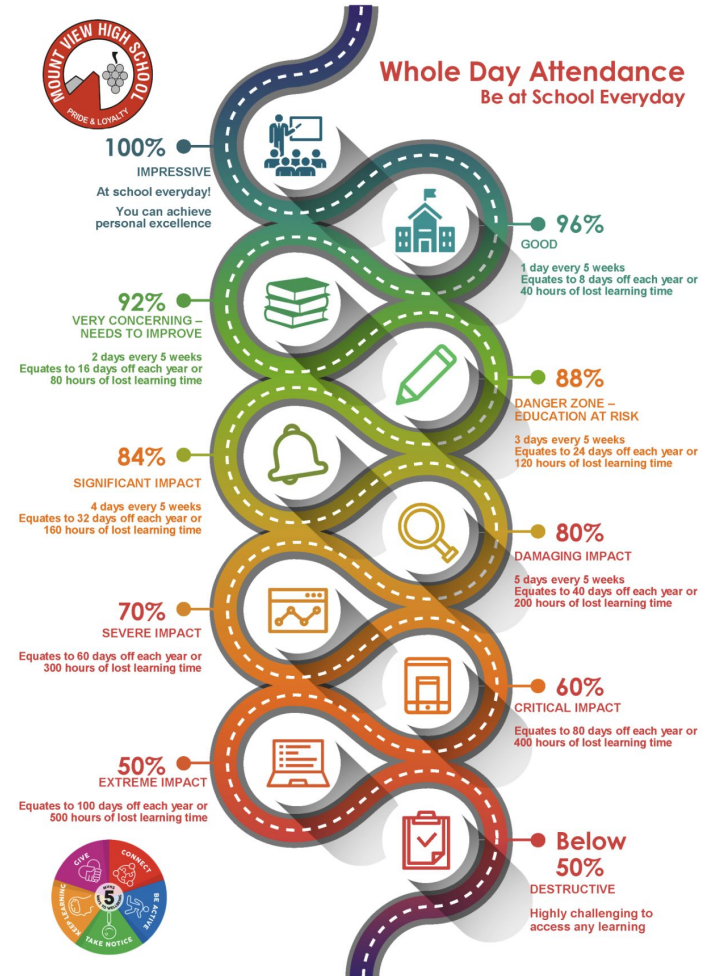
Principal: Shane Hookway

This report has been issued without alteration or erasure Monday, 10th October 2022.

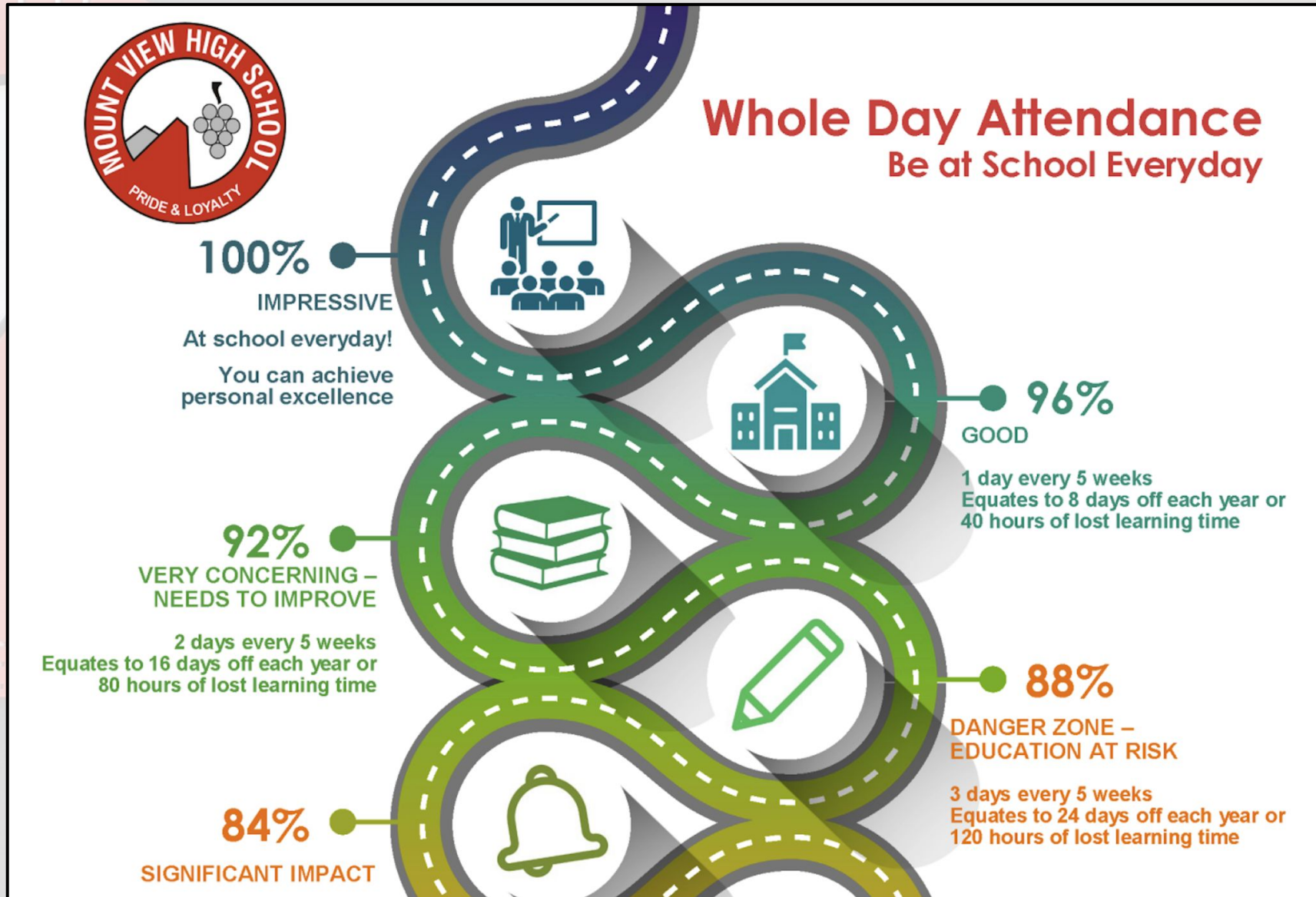
## - Whole Day Attendance Percentage - 100%



### Whole Day Attendance Be at School Everyday



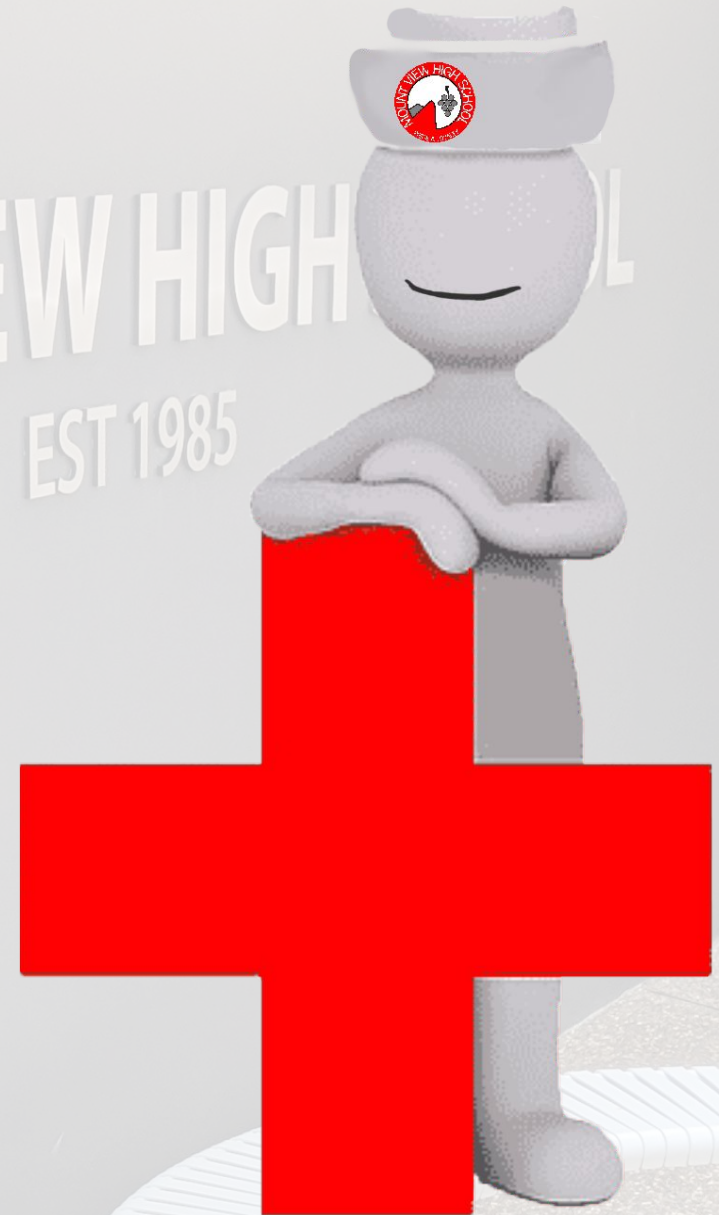
# Attendance Procedures - 5 week report



# Managing students who become sick or who are injured at school

Mount View High School will call you according to the contact names and details that you have provided at enrolment.

Students should not contact parents directly. This creates administrative concerns with communication according to the contacts and preference you have provided.



# Managing students medications at school

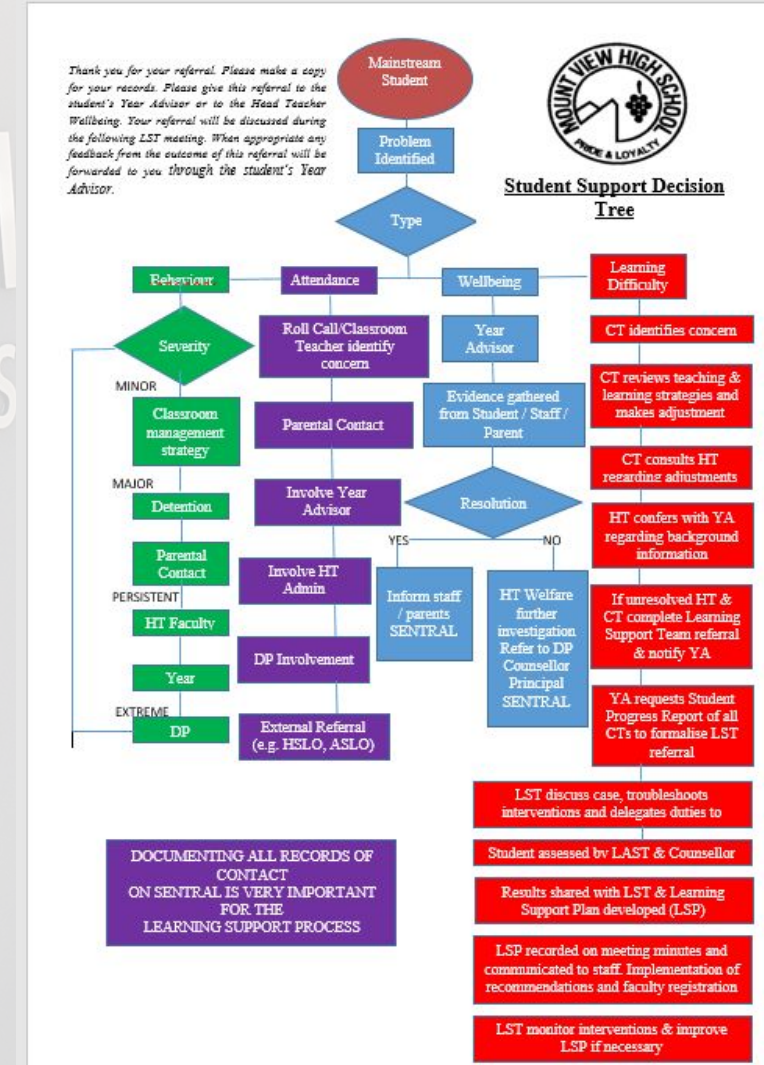
- If your child requires panadol during the day
- If your child requires medication to be taken at school
- If your child is taking medication at home that may impact on their day at school

# Wellbeing Structures

## LST (Learning Support Team)

The school learning and support team plays a key role in ensuring that the specific needs of students with disability and additional learning and support needs are met.

The Deputy, Head Teacher Wellbeing and Year Advisor progress through with the same year groups to ensure continuity.



# School Counsellors

- MVHS has the services of two counsellors:  
Rebecca Moore and Janet Elliott
- School Counsellors are qualified teachers who have a degree in psychology and post graduate qualifications in school counselling. The aim of the Counsellor is to strengthen schools student welfare provisions and provide counselling and psychological assessment of students with specific needs.



Rebecca Moore



Janet Elliott



# SPHERE - Wellbeing Hub

Formerly known as The Wellbeing Hub, The SPHERE at Mount View High School offers a safe, supportive and respectful environment promoting the emotional development and wellbeing of students. Our Student Support Officer - Michelle Bedford is the face of the SPHERE with ongoing support from our Chaplain - Miriam Miles and external agencies including Youth Off and Anthony Burke.

**S** – Self Compassion: *Knowing Your Value.*

**P** – Potential: *Possibility For Change.*

**H** – Hearing: *I hear you. Listen. Validate.*

**E** – Empathy: *I am aware that I am not the only one.*

**R** – Responsibility: *I choose how I respond.*

**E** – Evolve: *The only way is through. Growth is a “through” process.*



# Support Programs

- GP Clinic
- Integration of students with a range of disabilities.
- Students with specific health care issues.
- School Liaison Police Officer
- Links with external agencies supporting young people eg. Headspace, Samaritans, Reach, Batyr
- Teenage Resilience programs - bike, gardening, Shine for girls, boys maintenance group. These are internal programs organised and supported by MVHS staff.
- Programs are designed and implemented to support all students at MVHS



# Health Care Plans (HCP)

- Health care plans are required for all students that may require an emergency response while at school, eg Anaphylaxis, Diabetes, Epilepsy, Heart Condition.
- Please make an appointment to see our HT Wellbeing – Jodie Scheffler for completion of the appropriate forms to create a Health Care Plan (HCP).
- It is essential that all HCPs remain current and up to date. Any changes to a student's medical condition needs to be communicated to the school immediately.
- All ASCIA plans need to be completed by a GP.

**ascia**  
Australasian Society of Clinical Immunology and Allergy  
www.allergy.org.au

**ACTION PLAN FOR Anaphylaxis**  
For EpiPen® adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s): \_\_\_\_\_

Work Pl: \_\_\_\_\_  
Home Pl: \_\_\_\_\_  
Mobile Pl: \_\_\_\_\_  
Plan prepared by medical or nurse practitioner: \_\_\_\_\_

I hereby authorise medications specified on this plan to be administered according to the plan  
Signed: \_\_\_\_\_  
Date: \_\_\_\_\_  
Action Plan due for review: \_\_\_\_\_

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - flick out sting if visible
- For tick allergy - freeze dry tick and allow to drop off
- Stay with person and call for help
- Locate EpiPen® or EpiPen® Jr adrenaline autoinjector
- Give other medications (if prescribed)
- Phone family/emergency contact

**Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis**

**WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Wheeze or persistent cough
- Difficulty talking and/or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

**ACTION FOR ANAPHYLAXIS**

- 1 Lay person flat - do NOT allow them to stand or walk
  - If unconscious, place in recovery position
  - If breathing is difficult allow them to sit
- 2 Give EpiPen® or EpiPen® Jr adrenaline autoinjector
- 3 Phone ambulance - 000 (AU) or 111 (NZ)
- 4 Phone family/emergency contact
- 5 Further adrenaline doses may be given if no response after 5 minutes
- 6 Transfer person to hospital for at least 4 hours of observation

**If in doubt give adrenaline autoinjector**  
Commence CPR at any time if person is unresponsive and not breathing normally

**ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms**  
Asthma reliever medication prescribed:  Y  N

Instructions are also on the device label

© ASCIA 2016 This plan was developed as a medical document that can only be completed and signed by the patient's medical or nurse practitioner and cannot be altered without their permission

# School Fees

- General contribution fee: \$60
- Art: \$50
- Science: \$15
- Technology Mandatory: \$80

In addition every Year 7 student will be encouraged to attend a peer support camp in Term 1 - cost TBA.

# Additional Information Continued

- School Fees – office will remain open until 15th of December . The office will reopen January 30th.
- Payments are accepted by EFTPOS, Cash & Cheque. Payments can also be made securely through our school website or the School Bytes Parent Portal.
- School statements will be posted to parents within the first few weeks of each term.

Department of Education



## Mount View High School

Delivering excellence, innovation and success.

T: 02 4990 2566 E: mountview-h.school@det.nsw.edu.au

About our school

Supporting our students

Learning at our school

Community

CCGPS

MAKE A PAYMENT | ENROLMENT | NEW

# Student Assistance Scheme

- A limited amount of funding is available to assist parents/caregivers to meet the cost of educating their child.
- A Student Assistance form needs to be completed and returned to the school by Friday 9th February 2024. Especially if assistance is required for school camp.
- Forms are available from Reception. Please contact the school to request copy.

# Immunisations

Vaccine	Year	Number of doses	More information
Diphtheria-Tetanus-Pertussis (dTpa)	Year 7	<b>1 dose:</b>  <b>Term 2, 2024</b>	What are <a href="#">diphtheria</a> , <a href="#">tetanus</a> and <a href="#">pertussis</a> ? Information about <a href="#">dTpa vaccination</a>
Human Papillomavirus (HPV)	Year 7	<b>2 doses:</b>  <b>Term 2, 2024</b>	What is <a href="#">HPV</a> ? Information about <a href="#">HPV vaccination</a> <a href="#">Cancer Council Australia</a> <a href="#">National HPV Vaccination Program Register</a>

# Immunisations



## Will your child be in year 7 or 10 next year?

You can provide consent for your child's routine school vaccinations online in 2023.

At the beginning of the school year, your child's school will share the link to complete the online consent form.



### Year 7

- Diphtheria-Tetanus-Pertussis (dTpa)
- Human Papillomavirus (HPV)

### Year 10

- Meningococcal ACWY

More information on the school vaccination program:  
[health.nsw.gov.au/schoolvaccination](https://health.nsw.gov.au/schoolvaccination)



MOUNT VIEW HIGH SCHOOL  
EST. 1985

# P&C - contributing to MVHS

NEW MEMBERS  
WELCOME

**KEEP  
CALM**

IT'S TIME FOR A

**P&C  
MEETING**

Every second **WEDNESDAY, 6PM TO 7PM**  
IN THE SCHOOL COMMON ROOM



# MOUNT VIEW HIGH SCHOOL

*High Expectations and  
Opportunities For All To Thrive*

